

## **Modulation of Estrogen Signaling in Hepatic and Vascular Tissue**

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# **Modulation of Estrogen Signaling in Hepatic and Vascular tissue**

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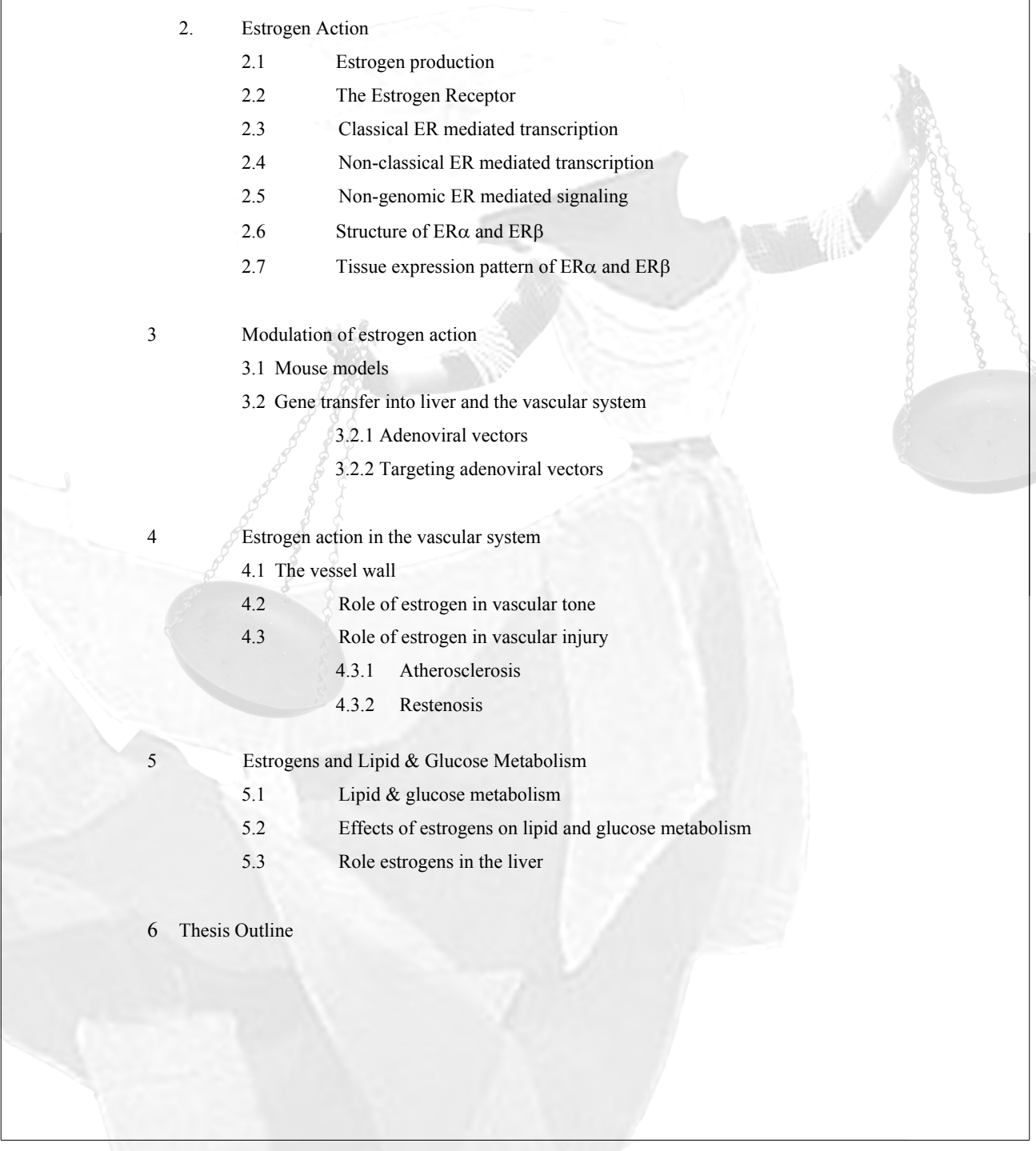
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# 1.

## General Introduction

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## **1. Introduction**

Atherosclerosis, a pathological process characterized by vascular remodeling, is a leading cause of mortality and morbidity in the western world. Interestingly, atherosclerosis occurs rarely in premenopausal women, but rises sharply after the menopausal transition, when ovarian secretion of sex hormones is low [1-3]. This is associated with an increase in risk factors for atherosclerosis, including dyslipidaemia, insulin resistance, central obesity and hypertension in the postmenopausal period. These observations suggest that female sex steroid hormones provide protection against atherosclerosis in premenopausal women. Indeed, numerous studies have shown an atheroprotective role for estrogens. Estrogens can exert beneficial effects directly on the vessel wall, but they have also been shown to induce favorable effects on serum lipid, glucose and insulin levels [4-6]. Unfortunately, estrogens have also been postulated to induce adverse effects like endometrial cancer, breast cancer, and gallstones [7,8]. In addition, results of the Women's Health Initiative (WHI) trial regarding the vascular effects of hormone replacement therapy (HRT) have shown no demonstrable benefit of HRT [9]. Although some have criticized the design of the WHI study [10], it is also clear that an improved understanding of estrogen action in specific target tissues is required.

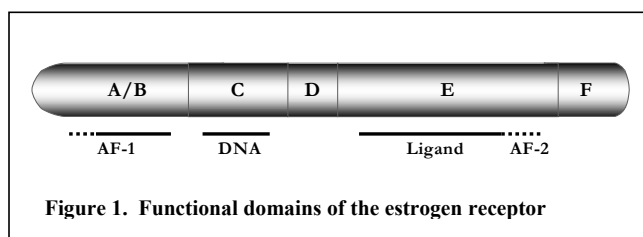
This thesis centers on the mechanisms of estrogen action and the effects on the development of atherosclerosis. We have focused on the liver as central organ in lipid and glucose metabolism and the vessel wall as the actual site where the injury occurs. To gain insight in tissue-specific actions of estrogens, we have spent considerable effort to develop tools for liver and blood vessel specific modulation of the estrogen receptor (ER) signaling cascade. The generation, characterization and application of these tools in vitro and in vivo will be described in the different chapters of this thesis.

## **2. Estrogen action**

### ***2.1 Estrogen production***

17- $\beta$ -Estradiol ( $E_2$ ) is a steroid hormone that is primarily synthesized in the ovary of (premenopausal) women. These hormones function as an endocrine signal by exerting selective effects on distal target tissues. In addition to the female reproductive system, non-reproductive tissues such as the cardiovascular system, the immune system, the central nervous system, bone and brain are target tissues. Thus,

E<sub>2</sub> elicits multiple tissue-specific responses throughout the body, resulting in beneficial but also detrimental responses. In postmenopausal women, systemic E<sub>2</sub> production is ceased and E<sub>2</sub> is no longer able to function as an endocrine factor affecting distal tissues. Nevertheless, both in postmenopausal women and in men, E<sub>2</sub> plays an important physiological role in a number of extragonadal tissues. These tissues, which include adipose tissue, bone, numerous sites in the brain, vascular endothelial and aortic smooth muscle cells, have the capacity to express aromatase. Aromatase cytochrome P450, which is encoded by the *CYP19* gene, catalyzes the biosynthesis of E<sub>2</sub> and thus these tissues are able to produce E<sub>2</sub> themselves. However, E<sub>2</sub> generated via aromatase, acts predominantly at the local tissue level as a paracrine or even intracrine factor instead of an endocrine factor [11,12]. In addition, in contrast to the ovary, these extragonadal tissues do not contain a full complement of steroidogenic enzymes [13] and therefore are dependent on substrate for aromatase activity on circulating C<sub>19</sub> androgenic precursors. Because the levels of circulating androgenic precursors are lower in postmenopausal women as compared to the circulating androgenic precursors in men [14], E<sub>2</sub> action is lower in postmenopausal women and thus could accelerate the postmenopausal gender differences.

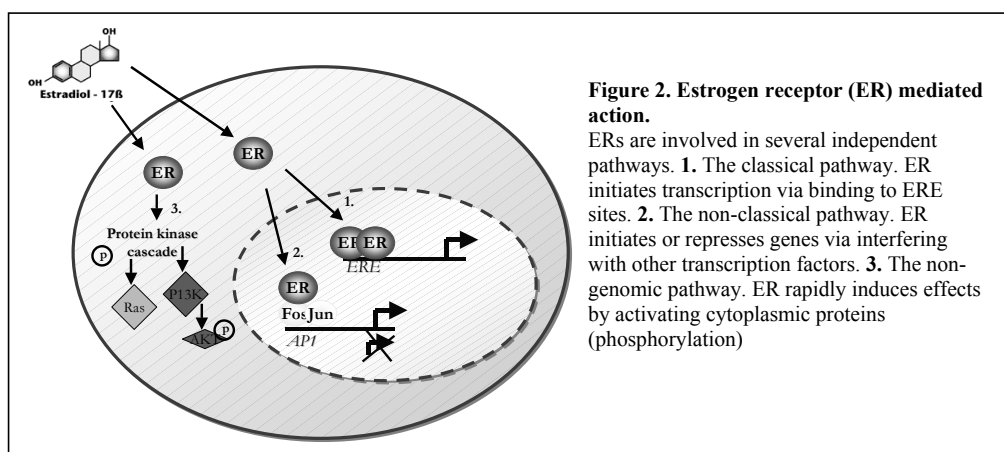


## 2.2 The Estrogen Receptor

Part of the biological effects of E<sub>2</sub> is mediated through ERs. ERs are members of the steroid/thyroid hormone nuclear receptor superfamily that function as ligand-activated transcription factors [15]. These receptor proteins share a common architecture of six distinct domains designated alphabetically, A-F (Fig. 1). These domains are responsible for ligand binding, DNA binding and transcriptional activation [16-18]. In more detail, the amino terminus (A and B domains) contains a transcriptional activation function (AF-1) that does not require ligand for activity. Instead, it is constitutively active when linked to a suitable DNA-binding domain (DBD) [19]. This linked DBD (C domain) consists of two zinc fingers that recognize specific DNA

sequences, referred as estrogen response elements (EREs) [20]. Next to the DBD, there is a flexible hinge region (D domain) and a ligand binding domain (LBD) (E domain). The ligand binding cavity in association with the carboxy terminal region, which contains a ligand-dependent transcriptional activation domain (AF-2) (F-domain) contributes to transcription activity. Upon ligand binding, conformational changes are induced leading to an interaction surface for cofactors such as steroid receptor coactivator-1 [21]. Maximal activation of ER requires an interaction between the two activation domains AF-1 and AF-2, occurring when ligand and coactivator proteins are present [22].

The different ER domains coordinately regulate ER mediated transcription. In the initially described models, ERs reside in the cytoplasm in complex with heat shock protein 90 (HSP90). Upon ligand binding, ERs dissociate from HSP90, form dimers and interact with EREs within the promoter of their target genes to initiate transcription [23]. However, it is now clear that  $E_2$  action is much more complex than previously thought. ERs not solely function as transcription factors, but also serve as co-activators for other transcription factors. In addition, it seems likely that they have a function outside the nucleus to mediate very rapid cellular responses to  $E_2$ . As a consequence,  $E_2$  effects not only depend on the presence of its receptor, but also on the presence and abundance of several interactive proteins that are involved in these different ER pathways. Understanding of these multiple and cross-talking pathways (Fig. 2) in the different  $E_2$  responsive tissues is required for mechanistic insight in the time and tissue-specific effects of  $E_2$ .



**Figure 2. Estrogen receptor (ER) mediated action.**

ERs are involved in several independent pathways. **1.** The classical pathway. ER initiates transcription via binding to ERE sites. **2.** The non-classical pathway. ER initiates or represses genes via interfering with other transcription factors. **3.** The non-genomic pathway. ER rapidly induces effects by activating cytoplasmic proteins (phosphorylation)

### **2.3 Classical ER mediated transcription**

The most well-studied pathway of ER action is as ligand activated nuclear transcription factor at classical ERE sites. In this so-called classical mode of ER action, E<sub>2</sub> binding to cytoplasmic ER hormone induces conformational changes in the receptor, which causes dissociation of heat shock proteins that normally maintain the ER in an inactive but activatable configuration. The activated ERs are translocated to the nucleus, homodimerize and bind as dimers to two ERE half-sites that are found within the regulatory regions of their target genes. The conformational changes induced within the LBD allow the recruitment and interaction with basal transcription factors and co-activator proteins, which co-coordinately induce transcription. The ERE binding site has been discovered as a 13-base pair inverted repeat sequence (GGTCAnnnTGACC). However most of the estrogen responsive genes contain non-consensus elements, which exist as single or multiple full or half sites or they contain composite sites, consisting of EREs flanked by response elements for other transcription factors.

### **2.4 Non-classical ER mediated transcription**

It has become apparent that ERs can also mediate transcription via a mechanism that deviates from the classical mode of action. Around one third of the genes in humans that are regulated by ERs do not contain ERE-like sequences [24]. These genes do contain alternative response elements, like AP-1 [25,26], CRE-like elements [27] and USF sites [28], from which ER can also regulate transcription. In this so-called non-classical genomic pathway, ERs do not bind directly to DNA, but modulate the function of other transcription factors through protein-protein interactions with these transcription factors or their co-activators [29]. In this complex, ER functions as a co-activator that stabilizes the DNA binding of the transcription factor complex and/or that recruits other co-activators. Several genes are known to be regulated by E<sub>2</sub> through this non-classical mode of ER action, including, collagenase [30], insulin like growth factor receptor 1 [31] and cyclin D1[32,33].

### **2.5 Non-genomic ER mediated pathway**

Recently, in addition to the well-known genomic effects, E<sub>2</sub> mediated non-transcriptional mechanism of signal transduction have been identified. In these so-



called non-genomic pathways, the effects are very rapid, arising within seconds to few minutes from the challenge with E<sub>2</sub> and frequently involves activation of cytoplasmic or cell membrane bound protein kinases. The E<sub>2</sub> mediated non-genomic actions that have been reported include the mobilization of intracellular calcium [34], the regulation of cell membrane-ion channels [35] and of G-protein-coupled receptors [36] and activation of tyrosine kinases and mitogen activated (MAP) kinases [37]. Evidence that a distinct subpopulation of cell membrane bound ERs exist was already provided in 1977s by Pietras and Szego [38]. However, since the 90's reports have appeared that documented that ERs which were localized at the plasma membrane [39-41] could indeed exert important E<sub>2</sub> mediated cellular effects [42]. With respect to ligand affinity, receptor protein size, and immunological epitopes, the membrane and nuclear ERs are identical. However, since ERs do not have an intrinsic trans-membrane domain [43], the mechanism underlying membrane localization remained unidentified. Recently, it has been discovered in endothelial cells that a subpopulation of ERs is localized to the membrane via interaction with membrane-associated caveolae. Here, E<sub>2</sub> rapidly induces nitric oxide release via a phosphatidylinositol 3-kinase/Akt/endothelial nitric-oxide synthase (eNOS) pathway [44,45]. It has been demonstrated that palmitoylation of ER is required for this ER:protein interaction with caveolin-1 and subsequently for the receptor localization to and maintenance at the plasma membrane.

## **2.6 Structure of ER $\alpha$ and ER $\beta$**

For a long time, studies to unravel E<sub>2</sub> action have focused only on a single ER (nowadays referred as ER $\alpha$ ), which was cloned and reported in 1986 [46,47]. However in 1996 a second ER, ER $\beta$ , was found [48-51].

Despite the high homology between ER $\alpha$  and ER $\beta$ , there is accumulating evidence that the two receptors function differently leading to distinct biological activities. These differences include, for instance, lower transcriptional activity of E<sub>2</sub>-bound ER $\beta$  on ERE containing promoters [52,53], higher binding affinity of ER $\beta$  for the phytoestrogens coumestrol and genistein [54] and opposite actions on gene transcription, as has been observed in response to E<sub>2</sub> and raloxifene at AP-1 sites [55]. Molecular mechanisms for such transcriptional differences are poorly understood, but studies characterizing the structure and function relationships between the ER

subtypes have provided a molecular basis for at least some of their differential transcriptional activities. The DBD and to a lesser extent the LBD of ER $\alpha$  and ER $\beta$  exhibit a high degree of homology (96% and 58% amino acid identity, respectively) [56]. Likewise, functions associated with these structural domains such as ERE binding, dimerization, but also affinity to the natural estrogen E<sub>2</sub> are very similar for ER $\alpha$  and ER $\beta$  [57-60]. However, as a consequence of reduced homology in the LBD, ligands exhibiting different affinities for ER $\alpha$  and ER $\beta$  have also been reported [61,62]. These ligands induce ER subtype specific changes [63,64] resulting in recruitment of diverse co-activators and co-repressors. For example, affinity of ER $\alpha$  for SRC-3 is much higher than that observed for ER $\beta$  [65]. Thus the LBD is at least partly involved in mediating ER subtype specific actions. The amino-terminal domain, exhibiting the AF-1 region, is poorly conserved between ER $\alpha$  and ER $\beta$  and thus may play a significant additional role in mediating their different transcriptional activation properties. Indeed several studies provided evidence for an important role of the AF-1 region. For instance, amino-terminal deletion of the AF-1 region in ER $\alpha$  led to a loss of transcriptional activity induced via the classical mode of action, whereas amino-terminal deletion in ER $\beta$  resulted in an increased transcriptional activity [66]. Thus, ER $\alpha$  and ER $\beta$  have different transcriptional activation properties that could result at least in part from structurally divergent LBD and amino-terminal domains.

### **2.7 Tissue expression pattern ER $\alpha$ and ER $\beta$**

Since ER $\alpha$  and ER $\beta$  have distinct transcriptional abilities, which could even be opposite to each other, their tissue specific expression pattern is a determinant of the E<sub>2</sub> mediated effects. Both ERs are widely distributed throughout the body. ER $\alpha$  is expressed primarily in the uterus, liver, kidney, and heart, whereas ER $\beta$  is expressed primarily in the ovary, prostate, lung, gastrointestinal tract, bladder and central nervous systems. Tissues, which express both ER $\alpha$  and ER $\beta$ , are the mammary gland, the adrenals, bone, adipose tissue, vascular endothelium and smooth muscle cells and regions of the brain. In these tissues, there is a potential interplay between the two ERs, and thus their balance is important. For certain genes it has been found that ER $\beta$  exhibits an inhibitory activity on ER $\alpha$ -mediated gene expression [67-69]. It remains

to be seen whether this ER $\beta$ -dependent antagonism of ER $\alpha$  responses is restricted to a limited number of genes or that it represent a general mechanism in ER signaling.

### 3. Modulation of estrogen action

#### 3.1 Mouse models

Mice are used as experimental models, because they are small, relatively easy to handle, have a short generation time, and, the strains are genetically defined, which reduces genetic noise. In addition, animal studies allow direct access to tissues for histological and molecular analyses. Thus, although results from mice models cannot always be extrapolated directly to humans, they provide unique mechanistic insight in the actions of E<sub>2</sub> and the role of the ERs.

To explore E<sub>2</sub> signaling, surgical and/or pharmacological manipulations, like ovariectomy (ovx) and systemic administration of estrogenic compounds have been done. Additional insight into the underlying molecular pathway of E<sub>2</sub> action has been obtained from ER knockout and transgenic mouse models. These models include ER $\alpha$  knockout (ER $\alpha^{-/-}$ ), ER $\beta^{-/-}$  and ER $\alpha/\beta^{-/-}$  double knockout mice [70-73] and aromatase deficient mice (ArKO) [74,75]. Of the ER $\alpha^{-/-}$  mice, two separate lines have been generated, which displayed remarkably different phenotypes. The first generated ER $\alpha^{-/-}$  mice line carries a Neo cassette in exon 1, hereafter designated as ER $\alpha_{\text{neo}}^{-/-}$  mice [76]. In these mice, the reproductive function is abolished, but several other effects of estrogen, such as estrogen induced uterine hypertrophy, persist. The persistency of these estrogenic effects is caused by the presence of a chimeric ER $\alpha$  protein of 55 kDa (ER $\alpha$ 55). This chimeric ER $\alpha$  is able to exert transcriptional activity, although reduced when compared with the WT full-length ER $\alpha$ 66 [77-79]. Thus, precaution has to be taken with interpretation of the data obtained using this mouse model. The second mouse line deficient in ER $\alpha$  was generated in 2000 by deletion of exon 2 [80], designated as ER $\alpha_{\Delta 2}^{-/-}$ . These mice displayed a complete and unambiguous inactivation of ER $\alpha$ . Some caution has to be taken with the interpretation of data from this mouse model too, since ER $\alpha_{\Delta 2}^{-/-}$  female mice have approximately 10-fold higher levels of estrogen and also increased testosterone levels as compared to their wt counterparts [81]. In addition, a ER $\beta^{-/-}$  mouse line has been generated [82]. Those appear to have a quite normal phenotype, in which ER $\beta$

deficiency did not affect circulating estrogen and testosterone levels. And although litter size is slightly reduced, they are able to reproduce [83].

Estrogen deficient mice have been generated by disruption of the Cyp19 gene (ArKo mice). Since they lack a functional aromatase enzyme [84], plasma E<sub>2</sub> levels are undetectable. Interestingly, both male and female ArKO mice have elevated plasma levels of testosterone and the luteinizing hormone, which should be taken into account when interpreting data obtained with this model.

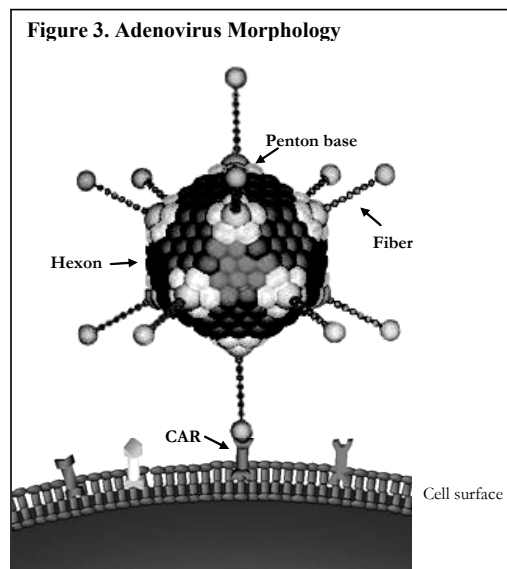
Overall, the knockout mouse models have proven to be useful, providing valuable information about E<sub>2</sub> action and the nuclear receptors involved. However, insight in cell and tissue specific actions of E<sub>2</sub> in relation to vascular disease is relatively sparse.

### ***3.2 Gene transfer into liver and the vascular system***

An effective strategy to modulate gene expression is by means of adenovirus (Ad) mediated gene transfer. Both wild type and constitutive active or dominant negative variants of the estrogen receptor can be delivered using Ad vectors. In general, the liver is the easiest target to accomplish gene transfer in vivo. The main reason for efficient hepatic gene transfer is the presence of a fenestrated endothelium of 100 nm width that covers the hepatic sinusoids. Consequently, macromolecules such as viral particles that are injected in the blood circulation can cross the endothelium and reach hepatocytes effortlessly. In addition, hepatic blood flow represents one-fifth of the cardiac output. In contrast, systemic application of vectors to deliver full-length or mutated ERs to vascular tissue is more difficult. On the one hand, treatment efficacy is decreased because vectors are sequestered by liver. On the other hand, the endothelium is refractory to transduction and forms a tight non fenestrated barrier for the underlying vascular smooth muscle cell (VSMC) layer. Thus, introduction of genes to vascular cells in vivo remains a major challenge for current gene therapy strategies.

#### ***3.2.1 Adenoviral vectors***

Ad vectors are a highly efficient tool for hepatic gene transfer [85,86] and are a commonly used vector for gene delivery to the vascular system. These vectors are generated from human adenovirus serotype 5, which are non-enveloped icosahedral DNA viruses of about 90-nm diameter that can cause infections of the respiratory tracts in humans. The particle is composed of an outer capsid that contains three major components, the hexon, penton base and fiber (Fig 3). The protruding fibers consist of a knob that has a high affinity towards the coxsackie adenovirus receptor (CAR) and thus docks the particle to CAR expressing host cells [87-89]. After this initial binding, the RGD motifs on the penton base interact with  $\alpha_v\beta_3$  or  $\alpha_v\beta_5$  integrins, which leads to clathrin-mediated endocytosis of the virus particle [90-92]. Once endocytosed, the



round of infection and viral replication.

virus escapes the endosome to enter the nucleus. Once the virus has passed its genome to the nucleus, selective transcription and translation are initiated. First, the virus modulates the function of the host cell to facilitate its replication, transcription and translation of the viral genome. Then, the newly synthesized viral components are assembled into new viral particles, which will be released upon cell lysis. These can then initiate a new

To use Ad5 as a delivery device, recombinant Ad vectors have been rendered replication-deficient and less immunogenic by removing the E1 and E3 regions. These regions are essential for the activation of replication of the viral genome and the initiation of a host immune response, respectively. The essential E1 functions are complemented in trans by means of specific cell lines that constitutively express the E1 proteins, such as the 293, 911 and PerC6 cell lines [93,94]. Subsequently, up to 6.5 kb of foreign coding DNA can be introduced into the E1/E3 deleted vector. To transfer the transgene to a particular cell type, the expression pattern of CAR and A5B3 integrins are essential. Although many cell types can be infected with

adenovirus vectors in vitro, for refractory cell types this requires high multiplicities of infection (MOI). High MOI's are associated with cytotoxicity that may interfere with the interpretation of the results.

### **3.2.2 Targeting adenoviral vectors**

Vascular cells express very little, if any CAR and are thus refractory to Ad mediated infection. To improve gene delivery to vascular cells in terms of efficiency (achieve gene transfer to a high percentage of cells with low doses and low immunogenicity) and selectivity (diminish affinity for non-target sites), Ad vectors have been engineered. Two different approaches are used to target transgene expression to alternative non-CAR expressing cells such as endothelial cells (EC) and VSMCs. The first approach modifies the viral capsid through genetic alteration, for example by engineering endothelium-binding peptides into the Ad fiber protein [95,96], or by pseudotyping (exchange of Ad fiber for a fiber from an alternative serotype possessing a more favourable cell binding profile) [97]. The second approach employs bi-valent molecules where one part of the molecule binds to the vector and the other part of the molecule will target the complex to an alternative receptor that is expressed at the surface of the desired target tissue. A commonly used example of a bi-valent molecule is the bispecific antibody [98,99]. In addition to targeting, tissue specific expression can be enhanced by using promoter/enhancer sequences from endothelium- or VSMC-restricted genes [100]. The endothelial specificity of minimal promoters derived from Tie II (angiopoietin receptor), von Willebrand factor, fms-like tyrosine kinase-1, thrombomodulin, E-selectin and ICAM-2 have been demonstrated by transgenic mouse models expressing lacZ driven by these promoters.

## **4. Estrogen action in the vascular system**

### **4.1 The vessel wall**

The vessel wall consists of three well-defined layers: the innermost layer is called the endothelium, the middle layer is called the media, and the outermost layer is known as the adventitia (Fig 4A). Of these three layers, the endothelium is separated from the media by the internal elastic lamina and the media is separated from the adventitia by the external elastic lamina. The endothelium consists of a single contiguous lining of endothelial cells that forms the barrier between the blood

flow and the artery. It has become evident that this endothelium is not a passive barrier. On the contrary, it plays a major role in several processes, including maintaining vascular homeostasis, controlling vascular permeability, inhibiting platelet adhesion and aggregation and limiting activation of the coagulation system. The media consists of VSMC and an extracellular matrix (ECM). The major role of VSMC is to regulate blood pressure and thus blood flow. The outermost layer of the artery, the adventitia, consists of loose matrix of elastin, smooth muscle cells, fibroblasts and collagen.

#### ***4.2 Role of estrogen in vascular tone***

Vascular tone and function seem to differ between men and women, as women have lower blood pressure than age-matched males [101]. Moreover, hypertension occurs with higher frequency in men and postmenopausal women than in premenopausal women. In part this has been related to the presence of endogenous estrogens, as healthy men treated with aromatase inhibitor displayed impaired vascular dilatation [102,103]. Vascular tone is regulated by a complex set of vasodilator and vasoconstrictor factors that adjust the contractile state of VSMC [104,105]. The endothelium is mainly responsible for the synthesis and secretion of these factors, including angiotensin II, endothelin-1 and NO. In humans, the endothelium-dependent vasodilatory effect of E<sub>2</sub> could at least be partly explained by its enhancement of NO production [106]. Moreover, in vitro studies have confirmed that the endothelial mediated NO release is increased by E<sub>2</sub>. This release occurred through both the ER $\alpha$  mediated classical genomic pathway as well as through the rapid non-genomic pathways [107-109]. Recent data have demonstrated that in addition to ER $\alpha$ , ER $\beta$  is involved in the regulation of endothelial NO production. Both the ER $\beta$ - as well as the ER $\alpha$ -selective agonist, DPN and PPT rapidly induced eNOS activity in EC [110].

The contractile response of the underlying VSMC layer can also be modulated in an endothelium-independent manner. By denudation (stripping of the endothelial layer) of the vessel wall, it has been shown that E<sub>2</sub> is capable of reducing vasoconstriction in an endothelium-independent manner [111]. A predominant role for the E<sub>2</sub> mediated vascular dilatation in endothelial-denuded vessels seemed to be played by ER $\beta$ . In mice, ER $\beta$  deficiency led to a nearly two-fold enhancement of

phenylephrine -induced vasoconstriction compared to wt controls. In addition, blood pressure was increased in  $ER\beta^{-/-}$  mice. Inducible NOS (iNOS) appears to be involved in  $ER\beta$  mediated vascular dilatation. In  $E_2$  treated denudated vessels, enhanced expression of iNOS protein was detected [112,113], whereas reduced iNOS protein levels was observed in aorta of  $ER\alpha_{neo}^{-/-}/ER\beta^{-/-}$  mice [114]. The effect of  $ER\beta$  on iNOS expression seems to be induced by VSMCs, as demonstrated by an in vitro iNOS promoter study [115]. Overall,  $E_2$  induced stimulation of endothelium dependent and independent vascular relaxation may contribute to the observed gender differences in vascular tone. Depending on the vascular cell type,  $ER\alpha$  and  $ER\beta$  seem to have opposite effects and/or could exert subtype specific effects.

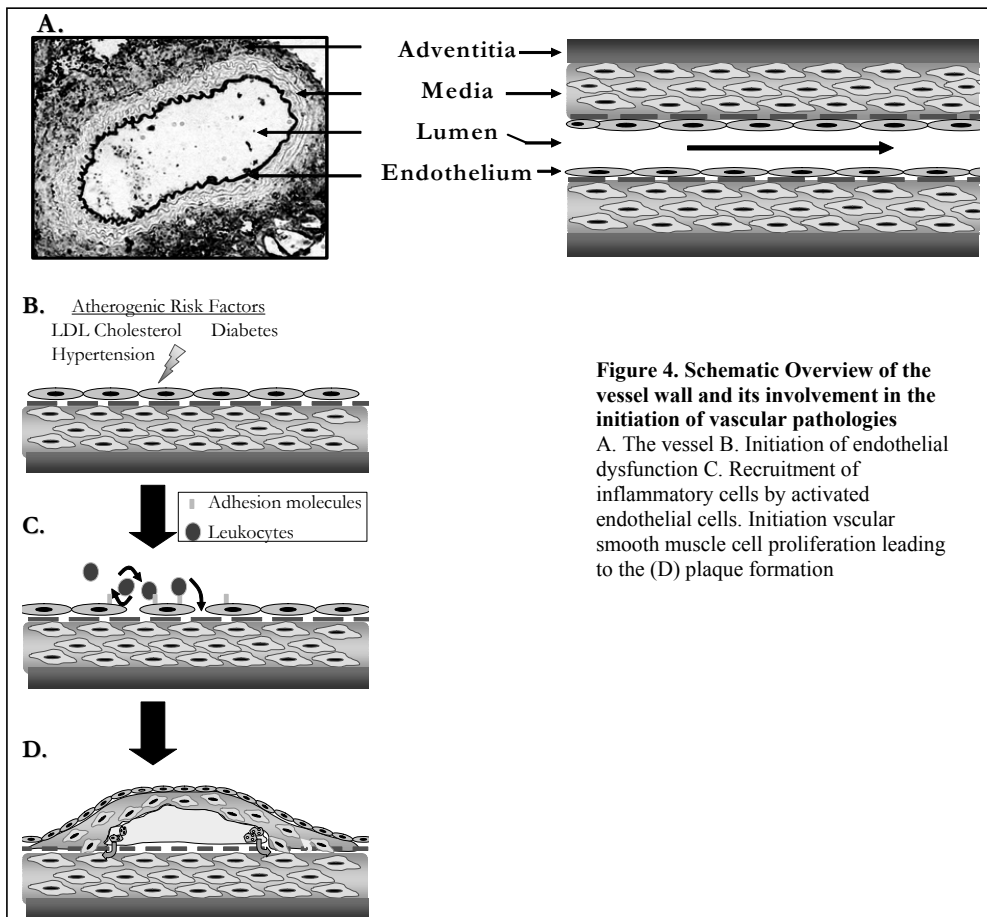
#### **4.3 Role of estrogen in vascular injury**

An intact vascular endothelium is critical to the maintenance of normal arterial tone and provides an anti-inflammatory, anti-coagulatory surface. In the case of injury of the endothelium, caused by a wide range of genetic and environmental factors like elevated levels of LDL cholesterol, obesity, diabetes mellitus, cigarette smoking, and exposure to infectious agents [116], EC-activation and VSMCs proliferation are initiated (Fig 4B). These processes are thought to be the precursor of vascular pathologies, including atherosclerosis and restenosis [117,118].

In mouse models, vascular injury can be obtained by denudation of the carotid artery. In this model  $E_2$  has been demonstrated to inhibit VSMC proliferation [119,120]. To clarify the role of ERs in the protective mechanism of  $E_2$  after vascular injury, both  $ER\alpha^{-/-}$  and  $ER\beta^{-/-}$  mice have been used. In wt as well as in  $ER\alpha_{neo}^{-/-}$  and  $ER\beta^{-/-}$  mice,  $E_2$  still attenuates injury induced VSMC proliferation [121,122]. In contrast, in the follow-up study were  $ER\alpha_{\Delta 2}^{-/-}$  mice have been used,  $E_2$  was no longer protective [123]. Thus,  $ER\alpha$  is involved in  $E_2$  mediated inhibition of VSMC proliferation after vascular injury and the chimeric  $ER\alpha$  present in the aorta of  $ER\alpha_{neo}^{-/-}$  mice [124] is sufficient to confer complete protection by  $E_2$ . Remarkably, in the absence of  $E_2$ ,  $ER\alpha_{\Delta 2}^{-/-}$  mice displayed significantly smaller vascular injury responses as compared to wt and  $ER\beta^{-/-}$  mice [107, 108]. This signifies either a potential harmful role for  $E_2$ -independent  $ER\alpha$  mediated activity in the vascular injury response, or in the absence of  $E_2$ ,  $ER\beta$  has a beneficial role, which in wt mice is overshadowed by  $ER\alpha$ . Rapid restoration of endothelial integrity and reduction of



endothelial activation has a favorable impact on VSMC proliferation [125,126] and thus potentially could reduce the vascular injury response. The  $E_2$  induced attenuation of the response to injury might be due to enhanced re-endothelialization of the damaged arterial segment. Indeed, by use of wt,  $ER\beta^{-/-}$  and  $ER\alpha_{\Delta 2}^{-/-}$  mice models it has been demonstrated that  $E_2$  accelerates endothelial re-growth via  $ER\alpha$  [127]. In general, the ability of the endothelium to renew depends on the migration of surrounding mature EC, but also on the attraction and adhesion of circulating endothelial progenitor cells (EPCs) to the injured region, which then differentiate into endothelial-like cells.  $E_2$  has been shown to increase the number of EPCs in the



**Figure 4. Schematic Overview of the vessel wall and its involvement in the initiation of vascular pathologies**  
 A. The vessel B. Initiation of endothelial dysfunction C. Recruitment of inflammatory cells by activated endothelial cells. Initiation vascular smooth muscle cell proliferation leading to the (D) plaque formation

circulation but also at the site of vascular lesion. As a consequence, the vascular injury response has been reduced [128]. Thus, the protective vascular effects of E<sub>2</sub> are at least partly due to effects on circulating EPCs. Accordingly, the available mouse models of estrogen deficiency provide evidence that E<sub>2</sub> mediated activation of ER $\alpha$  reduces the vascular injury response. However, whether this effect fully accounts on the enhanced attraction and adhesion of circulating EPCs or whether there is also an effect locally at the surrounding mature ECs remains to be addressed.

#### **4.3.1 Atherosclerosis**

Vascular injury is an important initial step in the development of atherosclerosis, a progressive disease in which fat and cholesterol are deposited along artery walls (Fig. 4C). In short, due to vascular injury, permeability and expression of endothelial adhesion molecules is enhanced. Consequently, circulating monocytes and lymphocytes interact with the vessel wall. These inflammatory cells secrete cytokines and chemokines (chemoattractive cytokines), which initiate a whole spectrum of reactions leading to vascular smooth muscle cell hyperplasia, intimal migration and further accumulation of lipids. If the damaging insult persists, the inflammatory process may become chronic, the fibro proliferative response persists and lipids continue to accumulate within the vessel wall. Eventually, the enlarged fatty lesion may restrict blood flow through the blood vessel, increasing the risk of heart attack and stroke.

To study the role of E<sub>2</sub> in the pathogenesis of atherosclerosis, atherosclerosis-prone mouse models, including apolipoprotein E (ApoE) knockout and low-density lipoprotein (LDL) receptor (Ldlr) knockout mice have been used. In ovariectomized (ovx) ApoE<sup>-/-</sup> female mice, systemic administration of E<sub>2</sub> resulted in a consistent and dramatic inhibition of lesion initiation and progression [129-131]. In addition to its inhibitory effect in females, estrogen appears to be equally efficacious in males. For example, Nathan and coworkers [132] have shown that orchidectomy increased lesion size in Ldlr<sup>-/-</sup> males, which was reversed by exogenous administration of either E<sub>2</sub> or testosterone. Co-administration of an aromatase inhibitor, on the other hand, removed the atheroprotective effect of exogenous testosterone, suggesting that local conversion of testosterone to E<sub>2</sub> in vascular cells attenuates atherosclerosis in male mice. In addition, in the aorta of streptozotocin-induced hyperglycemic ApoE<sup>-/-</sup> males, E<sub>2</sub>

reduced lesion size and prevented calcified cartilaginous metaplasia [133]. The observed  $E_2$  mediated inhibition of lesion size was in some studies associated with a reduction in total plasma cholesterol levels, [134-136], but not in all [137,138]. Thus,  $E_2$  possesses cardiovascular protective actions beyond an effect on plasma lipids, most likely via direct effects on the vessel wall.

The atheroprotective action of  $E_2$  could be established through  $ER\alpha$  and  $ER\beta$ , as both ERs are present in VSMC and EC. Absolute expression levels of ERs in diverse vascular beds and between the two sexes have not been characterized yet. But, the overall expression level in vascular cells is low. Moreover, ERs are absent from various vascular cells kept in culture, which complicates the analysis of the role of ERs in the vasculature. Thus far, to investigate the relative contribution of each receptor in the atheroprotective role of  $E_2$ ,  $ER\alpha^{-/-}$  and  $ER\beta^{-/-}$  mice crossbred with  $ApoE^{-/-}$  mice have been used. The inhibitory effect of  $E_2$  on atherosclerotic lesion progression obtained in  $ApoE^{-/-}$  females was almost completely abrogated in  $ER\alpha_{neo}^{-/-} ApoE^{-/-}$  mice [139]. In addition, the plasma lipid-lowering effect of  $E_2$  was eliminated. However, fibrous caps and other advanced lesion characteristics were reduced in  $E_2$  treated  $ER\alpha_{neo}^{-/-} ApoE^{-/-}$  as compared to control  $ER\alpha_{neo}^{-/-} ApoE^{-/-}$  mice [140]. Probably, this residual protective effect is mediated by the presence of the chimeric  $ER\alpha$  protein. Conversely, it has been found that in  $ER\beta^{-/-} ApoE^{-/-}$  mice,  $E_2$  treatment inhibited atherosclerotic lesion progression equally as compared to  $ApoE^{-/-}$  females. Thus  $E_2$  is fully atheroprotective in the absence of  $ER\beta$  (reviewed in [141], manuscript data in preparation), demonstrating that at least at early stages of plaque formation, the anti-atherogenic effect of  $E_2$  is primarily mediated through  $ER\alpha$  and independent of  $ER\beta$ .

#### 4.3.2 Restenosis

Occlusion of the artery, as occurs in atherosclerotic vessels, can be mechanically treated. The most commonly used therapy of atherosclerotic complications consists of percutaneous transluminal coronary angioplasty (PTCA) followed by endovascular stent implantation [142]. This procedure depends on a catheter containing a deflated balloon. Once the catheter is passed into the narrowed part of the artery, the balloon is inflated allowing more blood flow. The immediate results are good, but as a consequence of constrictive remodeling and formation of a

neointima rich in proliferating SMC and ECM, restenosis occurs within a few months in 30–50% of treated patients. An implanted stent, a spring-like device designed to push open the artery, can prevent constrictive remodeling. However, neointimal proliferation still occurs and is responsible for restenosis in 20–30% of the stent-treated patients. [143,144]. Currently, to prevent intrastent restenosis, stents have been coated with the anti-mitotic drug, Rapamycine or Taxol, which seems very efficient in preventing neointimal hyperplasia. However, these drugs also inhibit the re-endothelialization process, as was demonstrated in large animal models [145].

There is currently considerable attention for drugs that favor re-endothelialization, including drugs that act on the vascular endothelial growth factor (VEGF) and fibroblast growth factor (FGF)-1 or -2. However, these drugs have failed due to pleiotropic and deleterious effects. Within this context  $E_2$  has also been considered. The vascular injury models have already demonstrated its anti-mitotic and endothelial re-growth properties [146,147]. In addition, pig models have been used, which displayed improved endothelial function, enhanced re-endothelialization and decreased neointima formation after intra-muscular injections of  $E_2$  during stenting [148], but also after local delivery of  $E_2$  during percutaneous transluminal coronary angioplasty and stenting [149-151]. In humans, a pilot study with  $E_2$ -eluting stents has been performed, which did not demonstrate deleterious effects [152]. A randomized follow-up study is required to fully evaluate the potential benefit of  $E_2$ -coated stents. At the moment, the underlying mechanism and the subsequent involvement of  $ER\alpha$  and  $ER\beta$  are unknown and receptor-specific ligands may have differential effects.

## **5. Estrogen and Lipid & Glucose Metabolism**

### ***5.1 Lipid & glucose metabolism***

Hyperlipidemia and insulin resistance are major risk factors for the development of cardiovascular disease. The body has developed a sophisticated lipoprotein and glucose transport system to meet the diverse demands from different tissues under different conditions. These two systems are heavily interconnected and excess energy intake or genetic defects can deregulate lipid and glucose metabolism, leading to hyperlipidemia and insulin resistance and increased risk for cardiovascular disease. Insulin resistance is characterized by a diminished biological effect of insulin on glucose and free fatty acid (FFA) uptake by skeletal

muscle and adipose tissue, respectively and the suppression of glucose output by the liver (via decreased glyconeogenesis and glycogenolysis).

The liver forms the central site of lipid and glucose metabolism and therefore, plays an essential role in the maintenance of whole body energy homeostasis. It removes remnant lipoproteins from, and delivers newly synthesized lipoproteins to the bloodstream. To maintain the fairly steady concentration of glucose in the blood, the liver takes up and releases glucose into the bloodstream. Furthermore, it expresses a well-orchestrated network of genes that maintain the intra-hepatic cholesterol and glucose homeostasis. It is the main organ involved in de novo FA synthesis. Newly synthesized FA can be converted into triglycerides (TG) to be stored or secreted as VLDL-TG. FA can also be used for energy production via  $\beta$ -oxidation. Glucose can be produced directly through gluconeogenesis from non-carbohydrate sources like amino acids, glycerol and lactate. The liver is also able to produce glucose through phosphorylation of glycogen, the storage form of glucose. This process is called glycogenolysis. On the other hand, when blood glucose levels are high, the liver will function as reservoir to take up and convert the excess of glucose into glycogen for future needs.

### ***5.2 Effects of estrogen on lipid and glucose metabolism***

Estrogens seem to be implicated in whole body energy homeostasis. Both gender and menopausal status influence lipid and glucose metabolism [153-155]. For example, menopause is associated with lipid abnormalities. Moreover, menopause is also associated with fat accumulation in the abdominal regions, which again is associated with increased plasma FFA and decreased adiponectin levels, both important components of the insulin-resistance syndrome [156,157]. The importance of estrogens has been revealed by individuals that carry mutations in the gene encoding aromatase. They develop obesity, insulin resistance, hypercholesterolemia, and hypertriglyceridemia [158-162]. Models of estrogen deficiency have been used to obtain more insight. ArKO mice age-progressively develop hypercholesterolemia, hyperleptinemia, and become obese. By 1 yr of age, ArKO males also exhibit elevated plasma triglyceride levels and develop hepatic steatosis [163]. MRI data of ArKO mice reveal that females have three times and males have twice as much adipose tissue as compared to wt mice. ER deficient models have highlighted the importance

of ER $\alpha$  and ER $\beta$  in lipid and glucose metabolism. Both ER $\alpha^{-/-}$  and ER $\alpha$ /ER $\beta^{-/-}$  mice develop a lipid phenotype similar to the ArKOs, whereas no lipid phenotype is described in ER $\beta^{-/-}$  mice [164,165]. ER $\alpha$  deficiency also results in insulin resistance, glucose intolerance, and adipose hyperplasia and hypertrophy in both sexes, as studied in ER $\alpha_{\text{neo}}^{-/-}$  [166]. This seems to be comparable with the human situation. One adult male with ER $\alpha$  deficiency has been described [167] and the clinical features of this patient include glucose intolerance, hyperinsulinemia, and lipid abnormalities [168,169]. Interestingly, a role of ER $\beta$  was indicated by estrogen depletion (ovx) and exogenous E<sub>2</sub> treatment of ER $\alpha_{\text{neo}}^{-/-}$  mice. These experiments demonstrated that removing of the E<sub>2</sub>/ER $\beta$  signaling cascade by ovx resulted in reduced body and fat-pad weights and adipose size, which could be reversed by E<sub>2</sub> treatment. This indicates that ER $\beta$  mediates effects on adipose tissue that are opposite to those of ER $\alpha$  [170]. In addition, estrogen depletion of ER $\alpha_{\text{neo}}^{-/-}$  mice improved glucose tolerance and insulin sensitivity, suggesting a harmful role for ER $\beta$  in glucose metabolism. Thus, a clear physiological role in the regulation of lipoprotein metabolism in mice has been ascribed to ER $\alpha$ , whereas both ER $\alpha$  and ER $\beta$  influence glucose metabolism. However, it should be mentioned that ER $\alpha$  most likely plays the most dominant role in glucose metabolism, since thus far the role of ER $\beta$  is only apparent under ER $\alpha$  deficient conditions.

### **5.3 Role of estrogen in the liver**

In the liver, estrogens can enhance liver regeneration and suppress liver fibrosis [171,172]. However, the involvement of estrogens in the hepatic lipid and glucose signaling cascade is less clear. Relatively few reports have appeared in the literature, focusing on hepatic lipid and glucose regulated genes. Of the two ERs only ER $\alpha$  is expressed in liver [173-175], which is in accordance with the fact that ER $\alpha$  seems to play a more important role in lipid metabolism than ER $\beta$  [176,177]. The involvement of estrogens and ER $\alpha$  in the regulation of intra-hepatic lipid levels has been demonstrated in ArKO, ER $\alpha_{\text{neo}}^{-/-}$  and ER $\alpha_{\Delta 2}^{-/-}$  mice. In all these models analysis of their hepatic lipid content revealed a 3- to 5-fold increase in the TG level [178,179]. In addition, 6 weeks of E<sub>2</sub> treatment in ArKO males effectively blocked the development of hepatic steatosis. Molecular characterization of ArKO mice revealed

that the intra-hepatic signaling pathway was disturbed towards a situation of both enhanced input (enzymes involved in fatty acid synthesis were increased) as well as reduced output (enzymes involved  $\beta$ -oxidation were decreased). These data demonstrate that estrogens do seem to play an important role in hepatic lipid and carbohydrate metabolism, however because the hepatic lipid phenotype in the ArKO and ER $\alpha^{-/-}$  mice is still sex dependent, it seems likely that estrogens are not the sole determinant of the gender-related differences.

A small number of studies have gained more insights in the (direct) effect of estrogens on hepatic genes regulating glucose and lipid homeostasis. The orphan short heterodimer partner (SHP) appears to be induced by chronic [180], but also instant administration of estrogen [181] in liver of wt mice. However, induction of SHP did not inhibit expression of the known SHP target genes cholesterol 7 $\alpha$ -hydroxylase (CYP7A1) or sterol 12 $\alpha$ -hydroxylase (CYP8B1) and thus the biological implication of estrogen induced expression of hepatic SHP remains to be determined. SR-BI and SR-BII are both HDL receptors involved in the internalization of HDL cholesterol esters, with SR-BII being approximately 4-fold less efficient than SR-BI. Rat studies have found E<sub>2</sub> mediated regulation of hepatic SR-BI and SRBII expression levels [182,183]. However, the underlying mechanism and its impact on HDL metabolism is unclear. Hepatic lipase (HL) participates in the uptake of HDL particles by hepatocytes. E<sub>2</sub> has been shown to increase HL mRNA as well as HL activity with the concomitant lowering of plasma levels of HDL [184]. Apo A-I is the major protein constituent of HDL and has been attributed to its cardioprotective effect [185,186]. Estrogens have been shown to induce Apo A-I promoter activity and gene expression [187-189]. In summary, E<sub>2</sub> clearly affects lipid and glucose metabolism. Although some studies have reported hepatic lipid target genes, the role of liver is not thoroughly known.

## **6. Thesis Outline**

In this thesis we have addressed the role of estrogen signaling in liver and vessel wall with emphasis on the link with vascular disease. To study E<sub>2</sub> signaling in selected tissues, we set out to develop tools to modulate the E<sub>2</sub> signaling cascade in a tissue-specific manner. In chapters 2-4, we have focused on the liver and addressed the physiology of estrogen signaling in the development of metabolic disorders. In

**chapter 2**, we have generated short interfering RNA constructs to down-regulate mouse ER $\alpha$  mRNA levels. By producing Ad vectors expressing shRNA against mER $\alpha$  (Ad.shER $\alpha$ ), we generated a model to study the role of hepatic ER signaling. Both hepatic ER $\alpha$  RNA levels, as well as hepatic ER $\alpha$  activity were monitored in time and found to be significantly decreased. The Ad.shER $\alpha$  is further explored in **chapter 3**, in which the effect of hepatic ER $\alpha$  repression on lipid metabolism has been analyzed. Ad.shER $\alpha$  was intravenously injected in APOE\*3-Leiden mice, a mouse model for hyperlipidemia. After several days, when hepatic ER $\alpha$  RNA and protein levels were significantly down-regulated, hepatic VLDL-TG production, lipid levels, and mRNA levels of relevant lipid-related genes were analyzed. Surprisingly, we found that the hepatic ER $\alpha$  levels are not a limiting factor in lipid metabolism. In **chapter 4**, we have studied the acute effect of E<sub>2</sub> on insulin sensitivity. Although E<sub>2</sub> was applied systemically, we found by using a sophisticated in vivo imaging setup that exclusive and maximal activation of hepatic ER was achieved six hours after E<sub>2</sub> administration. Taken into account that the effects were examined after this short period of time, this study provides evidence for a role for hepatic ER $\alpha$  in maintaining glucose homeostasis.

In chapters 5-8 of this thesis, we set out to develop models to modulate estrogen signaling in the vessel wall. In **chapter 5**, Ad vectors have been targeted to enhance gene transfer to transformed as well as to primary vascular cells. The targeting approach is based on a bi-functional linker construct, which contains the extra cellular domain of the Ad receptor linked to a cRGD peptide. This resulted in a targeting construct that binds to the Ad vector at one side and to  $\alpha_v\beta_{3/5}$  integrins at the other site. Both primary as well as transformed vascular cells were infected with a high efficiency using this construct. In a subsequent study, we set out to target Ad vectors to the carotid artery of mice in vivo. **Chapter 6** describes the work that has been performed to obtain vascular gene transfer in vivo. Although de-targeting of the liver was achieved successfully, targeting using two independent ligands failed to redirect tropism of the Ad vectors. Experiments indicate that stability of Ad in the circulation may be an important limitation. In **chapter 7**, the effect of E<sub>2</sub> on the expression of adhesion molecules in EC in presence of normal and reduced ER $\alpha$  levels has been analyzed. In this study, we have generated shER $\alpha$  expressing lentiviral vectors that result in persistent reduction of ER $\alpha$  levels. These data



demonstrate that E<sub>2</sub> reduces the expression of adhesion factors, suggesting an anti-inflammatory role for E<sub>2</sub>. In this response, ER $\alpha$  is required but not a rate limiting factor. **In chapter 8**, we evaluated the specific role of ER $\alpha$  and ER $\beta$  in the vascular wall in vivo. A non-constrictive drug-eluting collar was placed around the femoral artery of mice, which simultaneously induces intimal proliferation and releases either placebo, ER $\alpha$  or ER $\beta$  specific agonists. These data demonstrated that in addition to ER $\alpha$ , ER $\beta$  is able to inhibit neointima formation. In the last chapter, **chapter 9**, the findings presented in this thesis and possibilities for future research are discussed.

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# 2.

## **Efficient *in vivo* knock-down of estrogen receptor alpha: application of recombinant adenovirus vectors for delivery of short hairpin RNA**

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## **Abstract**

**Background:** Adenovirus (Ad) mediated gene transfer is a well-established tool to transiently express constructs in livers of mice *in vivo*. In the present study, we determined the specificity and efficiency of Ad vectors expressing short hairpin (sh) RNA constructs to knock-down the estrogen receptor  $\alpha$  (ER $\alpha$ ). **Results:** Two different shRNA constructs derived from the murine ER $\alpha$  coding sequence were designed (shER $\alpha$ ). *In vitro*, transfection of three mouse cell lines with pSUPER-shER $\alpha$  constructs resulted in up to 80% reduction of endogenous ER $\alpha$  activity. A single mismatch in the target sequence eliminated the reduction of ER $\alpha$  activity, demonstrating the specificity of shER $\alpha$ . The subsequently generated Ad.shER $\alpha$  vectors were equally effective *in vitro*. *In vivo*, intravenous administration of Ad.shER $\alpha$  resulted in 70% reduced hepatic mouse ER $\alpha$  mRNA levels. Co-injection of Ad.shER $\alpha$  with an Ad vector containing a luciferase (luc) gene driven by an estrogen responsive element (ERE) containing promoter resulted in a significant (90% on day five) down-regulation of hepatic luciferase activity, as determined by non-invasive optical imaging. Down-regulation was sustained up to day seven post-injection. **Conclusion:** Ad mediated transfer of shER $\alpha$  expression constructs results in efficient and specific knockdown of endogenous ER $\alpha$  transcription both *in vitro* and *in vivo*.

## **Introduction**

Estrogen exerts various biological effects in numerous organs throughout the body and has been implicated in the pathophysiology of a number of diseases including breast cancer, osteoporosis and cardiovascular disorders. Most of the estrogenic effects are mediated via the two known estrogen receptors, ER $\alpha$  and ER $\beta$ . These estrogen receptors are ligand-dependent transcription factors that can modulate gene transcription directly but also indirectly. Thus far, there is a relative paucity in the description of the role of estrogen and estrogen receptors in specific organs. Most studies have been performed using non-tissue specific manipulation of ER signaling such as complete knockouts either via deletion of the estrogen receptor or via deletion of estrogen production by ovariectomy. The availability of tools to specifically address the role of ER signaling in individual tissues would thus fill a void.

Short synthetic duplexes of 21 nucleotides long RNA molecules can specifically inhibit gene expression in mammalian cells [1]. Because of their efficacy and specificity, siRNA molecules provide a powerful tool to dissect gene function. To expand the applicability of the siRNA approach, Brummelkamp and co-workers [2] have introduced

vector-based siRNA expression systems. By directing the synthesis of shRNA via the polymerase-III H1 RNA gene promoter, effective siRNA molecules are formed intracellular after transfection of shRNA expression constructs. To further expand the applicability of the siRNA approach, recombinant retro- and adenoviral based vectors have been designed [3,4]. Of these, adenoviral vectors offer the advantage of highly efficient infection of a broad range of cells, independent of active cell division. Moreover, high titers can be obtained and intravenous injection results in efficient transduction of the liver.

The present study was designed to generate tools to address the role of ER $\alpha$  in a tissue- and time- specific manner. To this end, we have developed recombinant Ad vectors encoding shRNA's directed against mouse ER $\alpha$  (Ad.shER $\alpha$ ). Introduction of shER $\alpha$ , either by transfection or by Ad mediated gene transfer into different murine cell lines, led to efficient sequence specific repression of ER mediated transcription. Furthermore, intravenously administration of Ad.shER $\alpha$  resulted in efficient reduction of hepatic ER $\alpha$  mRNA levels ( $P < 0.005$ ) and ER $\alpha$  functionality.

## Results

### **Efficient and specific knock-down of endogenous mER $\alpha$ *in vitro*: Transfection with pSUPER-shER $\alpha$ constructs**

Three pSUPER-derived vectors [2] designed to drive expression shER $\alpha$  sequences were constructed. Two vectors contained sh sequences derived from the boundary of the DNA binding domain and the hinge region (shER $\alpha$ \_1103), or from the ligand binding domain (shER $\alpha$ \_1395) of mER $\alpha$ , respectively. A third expression vector contained both the shER $\alpha$ \_1103 and shER $\alpha$ \_1395 expression cassettes in series (shER $\alpha$ \_tandem).

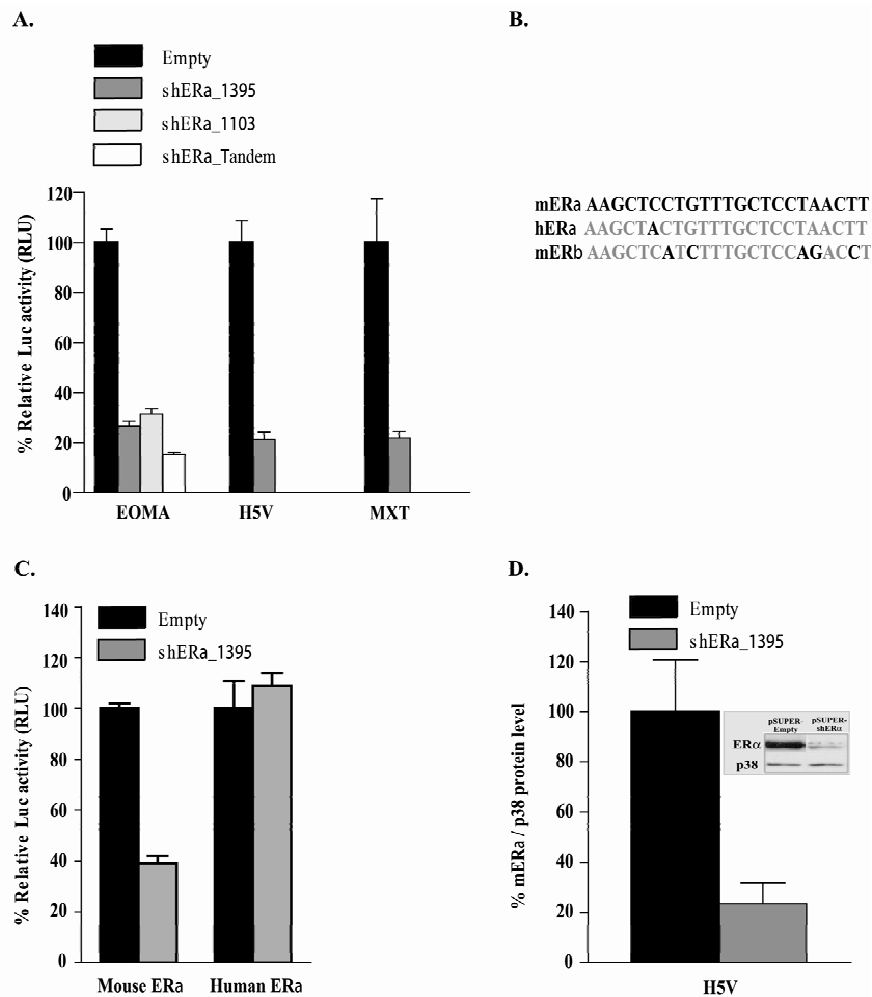
The efficiency of the shER $\alpha$  constructs for reducing endogenous ER $\alpha$  activity *in vitro* was determined using a luciferase reporter assay. For this purpose, the pSUPER-shER $\alpha$ \_1395, pSUPER-shER $\alpha$ \_1103, or pSUPER-shER $\alpha$ \_tandem were transfected together with a reporter plasmid carrying a trimer of ERE plus TATA box upstream of luciferase (pERE-Luc) into endothelial cell lines (EOMA and H5V) and in mouse breast cancer cells (MXT). As shown in Figure 1A, upon transfection with shER $\alpha$ \_1395, relative luciferase activity in lysates of all three cell lines was reduced by 70-80%. A similar result was obtained with shER $\alpha$ \_1103 in EOMA's. In addition, the shER $\alpha$ \_tandem expression construct proved to

be more efficient than either of single shER $\alpha$  constructs alone in the EOMA cells, adding some 15% to the 70% reduction observed with shER $\alpha$ \_1395 (Fig. 1A).

To evaluate the specificity of the shER $\alpha$  construct, shER $\alpha$ \_1395 was introduced into EOMA cells over-expressing either mouse ER $\alpha$  or human ER $\alpha$ . The ER $\alpha$ \_1395 target sequence contains only a single mismatch with the human ER $\alpha$  (Fig. 1B). Significant suppression of ER $\alpha$  mediated transcription was only observed in lysates of cells that were transfected with mouse ER $\alpha$  but not with human ER $\alpha$  (Fig. 1C). Thus, the observed effects of shER $\alpha$ \_1395 are specific for mouse ER $\alpha$ . Moreover, changing a single nucleotide in shER $\alpha$ \_1395 completely abolished the silencing effect (data not shown). By western blotting, the effect of shER $\alpha$  on ER $\alpha$  protein expression was studied (Fig. 1D). In the presence of shER $\alpha$ \_1395, ER $\alpha$  protein levels were reduced to 33% as compared to control transfected cells. This reduction correlated well with our findings in the luciferase reporter assay. Thus, the observed inhibition of luciferase activity upon treatment with shER $\alpha$ \_1395 or shER $\alpha$ \_1103 is caused by reduced accumulation of mER $\alpha$  protein. All together, the shER $\alpha$ \_1395 and shER $\alpha$ \_1103 expression vectors are effective and specific in repression of murine ER $\alpha$  expression.

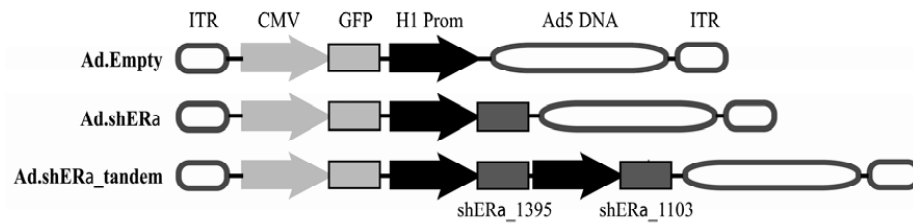
#### **Knock-down of hepatic ER $\alpha$ expression *in vivo*: using Ad.shER $\alpha$ vectors**

To repress ER $\alpha$  activity *in vivo*, Ad vectors expressing either shER $\alpha$ \_1395 (Ad.shER $\alpha$ \_1395), shER $\alpha$ \_1103 (Ad.shER $\alpha$ \_1103) or both (Ad.shER $\alpha$ \_tandem) were generated (Fig. 2A). The H1 RNA promoter plus shER $\alpha$  expression cassettes were sub-cloned from the corresponding pSUPER into pAdTrack [5], which is engineered to co-express GFP enabling the tracking of infected cells. In addition, we constructed a control AdTrack plasmid, carrying only the H1 RNA promoter, which allowed for the generation of Ad.Empty. Prior to the evaluation of recombinant Ad vectors *in vivo*, we tested the functionality of the vectors *in vitro*. EOMA and MXT cells were transfected with pERE-luc, and subsequently infected with Ad.Empty or the Ad.shER $\alpha$  vectors. Fluorescence analysis indicated a near 100% infection percentage. The luciferase experiments (Fig. 2B) were comparable to those obtained with transfection of the pSUPER constructs (Fig. 1A): both Ad.shER $\alpha$  vectors repressed luciferase reporter activity up to 90%. Thus, Ad.shER $\alpha$  vectors were found to be fully functional with respect to repression of mER $\alpha$  activity.

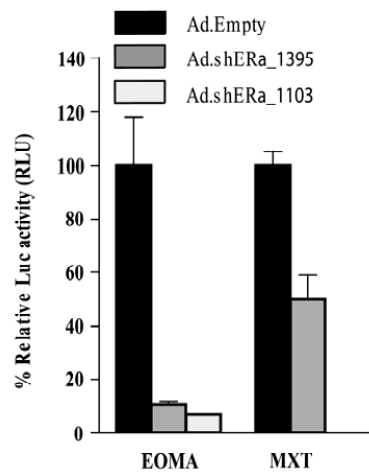


**Figure 1. Affectivity and specificity of pSUPER mediated expression of shERα in mouse cell lines** (A+C) The indicated mouse cell lines were co-transfected with, ERE-Luc, CMV-LacZ, and pSUPER-empty, pSUPER-shERα\_1395, pSUPER-shERα\_1103, or pSUPER-shERα\_tandem. Subsequently, the cells were treated 24 hours with  $10^{-9}$  M 17-β-estradiol. Luciferase activity was measured 48 hours after transfection and after correction for LacZ expression, represented as the mean ( $n=3$ )  $\pm$  SD relative to the transfection with pSUPER-empty. (A) Endogenous mouse ERα mediated transcription in EOMA, H5V and MXT cells after introducing pSUPER +/- shERα. (B) The 19-nt target-recognition sequence of ERα\_1395 contains one mismatch with human ERα and five mismatches with the mouse ERβ sequence. (C) ERα mediated transcription in EOMA cells after over expression of either mouse ERα- or human ERα-expression vectors in presence of pSUPER empty or pSUPER shERα\_1395 (D) Western blot analysis of H5V cells co-transfected with pCMV-mERα and pSUPER-empty or pSUPER-shERα\_1395. The lysates were analysed by immunoblotting (insert-photo) with anti-mouse ERα and anti-p38. The intensity of the bands was quantified and normalized to cells transfected with pSUPER-empty. The relative ERα protein levels are presented (bar-diagram) as mean ( $n=3$ )  $\pm$  SD.

A.



B.

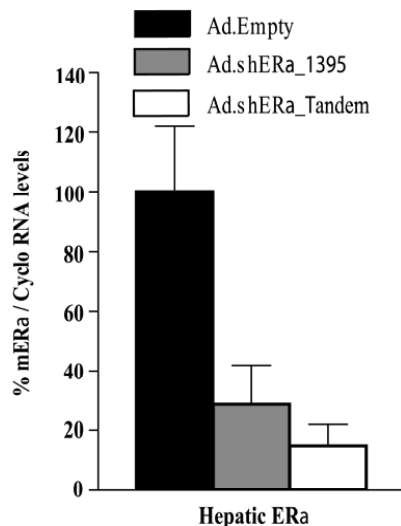


**Figure 2. ER-mediated luciferase activity after Ad-mediated transfer of shERα *in vitro***

(A) Schematic representation of the recombinant Ad vectors, carrying GFP and shERα expression cassettes that were used in this study. (B) EOMA and MXT cells were co-transfected with pERE-Luc and pCMV-LacZ and then infected either with Ad.Empty, Ad.shERα\_1395, or Ad.shERα\_1103.  $10^{-9}$  M Estrogen was administered for 24 hours. Luciferase activity was measured 48 hours after infection. Data represented as mean  $\pm$  SD relative to infection with Ad.Empty.

We then proceeded with the application of our vectors *in vivo*. The Ad vectors (Ad.Empty, Ad.shERα\_1395, or Ad.shERα\_tandem) were injected in the tail vein of C57Bl/6 mice. This allowed examination of inhibition by shERα of endogenous hepatic mERα. Four days post-injection, animals were sacrificed, and the livers were studied for GFP expression and ERα mRNA level. Similar GFP expression patterns were observed in all groups, indicating equally efficient transduction (data not shown). ERα mRNA levels were studied by

real time PCR analysis (Fig. 3). Administration of Ad.shER $\alpha$ \_1395 reduced ER $\alpha$  mRNA levels 70%, whereas hepatic expression of shER $\alpha$ \_tandem resulted in an 85% reduction.



**Figure 3. Hepatic ER $\alpha$  mRNA levels after Ad-mediated transfer of shER $\alpha$  *in vivo*.**

Male C57Bl/6 mice (n=5) were injected with  $4 \times 10^9$  pfu Ad.Empty, Ad.shER $\alpha$ \_1395 or Ad.shER $\alpha$ \_tandem. Livers were harvested four days after Ad. administration and subjected to tagman analysis. The cyclophilin gene was used as internal standard. Data represented as mean  $\pm$  SD.

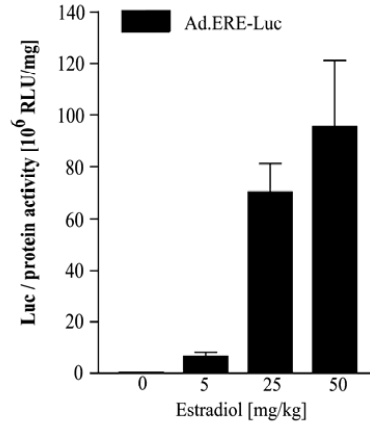
Subsequently, we sought to examine the extent of shER $\alpha$ -mediated repression of hepatic mER $\alpha$  transcription activity. For this purpose, we constructed an Ad vector carrying the estrogen responsive luciferase reporter gene (Ad.ERE-Luc). First the estrogen-responsiveness of this vector was determined *in vivo* (Fig. 4A). Five days post-injection of  $8 \times 10^8$  pfu Ad.ERE-Luc, the mice were injected s.c with increasing concentrations of estrogen, ranging from 0 to 50  $\mu$ g/kg. As shown in Fig 4A, six hours post-injection, estrogen induced hepatic luciferase activity in a dose-dependent manner. Maximal stimulation was reached after applying 25  $\mu$ g/kg estrogen. Then, we determined to what extent Ad.shER $\alpha$  down-regulates the transcriptional activity of hepatic ER $\alpha$ . Ad.shER $\alpha$  together with Ad.ERE-Luc reporter vector was administrated intravenously to C57Bl/6 mice. Luciferase

expression was detected by a CCD camera in living mice. Without estrogen treatment, all mice exhibited the same basal expression of the reporter construct (data not shown). Administration of 5  $\mu$ g/kg estrogen, three and seven days after transduction with Ad.shER $\alpha$ \_1103, resulted in a significant repression of hepatic ER $\alpha$ -mediated luciferase activity (Fig. 4B). These data were confirmed by measuring luciferase activity in liver extracts of mice that received estrogen (5  $\mu$ g/kg, sc) five days post-injection with Ad.ERE-Luc plus Ad.Empty or Ad.shER $\alpha$ \_1103 (Fig. 4C).

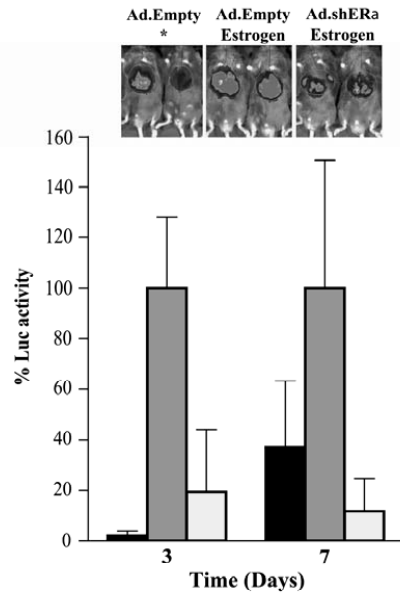
We conclude that Ad-mediated introduction of shER $\alpha$  *in vivo* results in an almost complete repression of hepatic mER $\alpha$  mRNA levels, as well as mER $\alpha$ -mediated transcription activity.



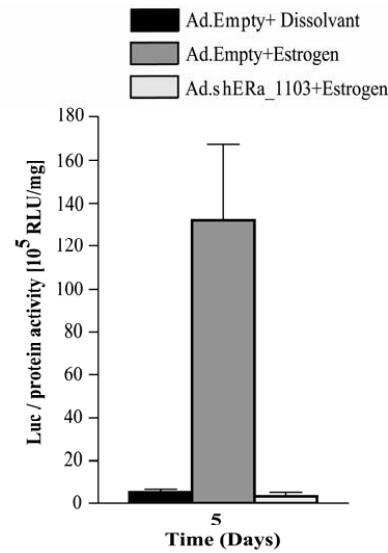
A.



B.



C.



<sup>8</sup> pfu Ad.LacZ, were injected with  $8 \times 10^8$  pfu Ad.ERELuc. Five days later, the recipients were treated for 6 hours with increasing amounts of estrogen (0-50  $\mu\text{g/kg}$ , s.c). Then, the mice were sacrificed, and the livers were processed for luciferase assays. Luciferase activity is expressed as relative luciferase units (RLU) per mg total liver protein. (B) Male C57Bl/6 mice ( $n=5$ ) were injected with Ad.ERE-Luc ( $5 \times 10^8$  pfu) plus Ad.Empty or Ad.shERα\_1103 ( $3 \times 10^9$  pfu). Three or seven days post-infection, the mice were injected with 5  $\mu\text{g/kg}$  estrogen. The (inset) photo shows the result of optical imaging of the bioluminescence at day three, the bar-diagram is a quantitative representation of hepatic luciferase activity at day three or day seven. (C) Male C57Bl/6 mice ( $n=5$ ) were co-injected with Ad.ERELuc ( $5 \times 10^8$  pfu) + Ad.Empty or Ad.shERα\_1103 ( $3 \times 10^9$  pfu). Five days later, the mice received 0 or 5  $\mu\text{g/kg}$  estrogen. After 6 hours, the animals were sacrificed, and hepatic luciferase activity was determined. Luciferase activity is expressed as relative luciferase units (RLU) per mg total liver protein. Data represented as mean  $\pm$  SD.

## Discussion

In this paper, we demonstrate that efficient silencing of mouse ER $\alpha$  can be achieved *in vitro* as well as *in vivo* by use of Ad-mediated transfer of shRNA molecules that target the ER $\alpha$  mRNA. Two independent shER $\alpha$  plasmid and Ad vector expression constructs were generated and shown to be effective in repressing endogenous ER $\alpha$  activity up to 80% in several different cell lines and *in vivo* (Fig. 1A, 2B and 3). In addition, a construct was made expressing both shER $\alpha$  sequences simultaneously. *In vitro* as well as *in vivo*, this construct was shown to be more effective (Fig. 1A and 3) than either of the two shER $\alpha$  constructs alone. Non-invasive optical imaging of living mice, allowed us to quantify shER $\alpha$  activity *in vivo*. Significant reduction of mouse ER $\alpha$  transcription levels were observed up to seven days post-transduction (Fig. 4B).

Thus far, bystander effects caused by shRNA constructs targeted to an unrelated gene have not been reported, and the specificity of the shER $\alpha$ \_1395 construct was verified by the observation that human ER $\alpha$ , which has a single mismatch with the murine ER $\alpha$  target sequence, is not down-regulated (Fig. 1C). The number of mismatches with the murine ER $\beta$  sequence totals five, making it unlikely that the shER $\alpha$ \_1395 construct would affect expression of ER $\beta$ . Similarly, the shER $\alpha$ \_1103 construct has three mismatches with the human ER $\alpha$  and nine mismatches with murine ER $\beta$ , making it unlikely that the shER $\alpha$ \_1103 construct would interfere with either of them. A single mismatch in the shER $\alpha$ \_1395 sequence did render the construct ineffective in down-regulating murine ER $\alpha$  (data not shown). Thus, the two independent shER $\alpha$  constructs described here are exquisitely suited to demonstrate that a specific effect is mediated by down-regulation of ER $\alpha$  expression and not by down-regulation of a related sequence.

A key challenge in the application of an shRNA based approach is efficient delivery of the shRNA constructs to target cells *in vitro* and *in vivo*. For application of shRNA *in vivo*, the sh oligopair, driven by H1 RNA polymerase [2] or U6 promoter [6], can be cloned in viral vectors. Here, the Ad vector was chosen as delivery vector, because of the relative ease of generation and amplification. Moreover, the natural tropism of Ad vectors for the liver enables the rapid analysis of the hepatic knock-down phenotype. Since Ad vectors predominantly infect the parenchymal cells [7,8], it is important to note that most abundant hepatic ER $\alpha$  expression was detected in parenchymal cells while ER $\alpha$  expression was barely detected in hepatic endothelial cells or kupffer cells (data not shown). This supported the rationale for application of shER $\alpha$  Ad vectors *in vivo*. Another interesting observation was

that upon administration of  $4 \times 10^9$  pfu Ad.shER $\alpha$ , an 85% reduction of ER $\alpha$  mRNA levels was obtained (Fig. 5), whereas co-injection of  $3 \times 10^9$  pfu Ad.shER $\alpha$ \_1103 with  $5 \times 10^8$  pfu Ad.ERE-Luc resulted in an almost complete absence of luciferase activity (Fig. 4C). The ratio of Ad.ERE-Luc *versus* Ad.shER $\alpha$ \_1103 (1:6) should ensure that all cells that were transduced by Ad.ERE-Luc also received Ad.shER $\alpha$ \_1103. Thus, the remainder of ER $\alpha$  expression determined by real-time PCR likely reflects ER $\alpha$  expression in non-parenchymal and non-infected cells.

Thus far, relative few reports describe the application of Ad vectors as delivery system for RNAi *in vitro* [9-12]. Similarly, relative few studies on effective RNA interference *in vivo* using Ad mediated gene transfer have been reported [13-15]. One potential explanation for this relative paucity in the application of Ad mediated gene transfer for shRNA expression constructs could lie in the recent observations of Lu and Cullen [16], that VA1 non-coding RNA, expressed by wild type adenovirus is a potent inhibitor of RNA interference. However, replication-incompetent adenovirus vectors such as the vectors used in our study have been reported to express low levels of VA1. Moreover, in our hands the effect of the pSUPER shRNA construct shER $\alpha$ \_1935 on reduction of ER $\alpha$  activity *in vitro* was not affected by super-infection with the Ad.empty vector (data not shown). Thus, the Ad vectors applied in this study seem to have no or a minor inhibitory effect on the RNAi response *in vitro* and *in vivo*. Whether this effect is also insert specific and/or depends on the particular target gene remains to be investigated.

The strongest evidence for efficient reduction of endogenous hepatic ER $\alpha$  RNA levels *in vivo* was obtained by co-injection of Ad.ERE-luc and advanced non-invasive *in vivo* optical imaging. Administration of Ad.ERE-luc led to readily detectable levels of luciferase activity from day 3 up to day 7 and disappeared at day 10 (data not shown). In agreement with this, the Ad.shER $\alpha$  mediated knock-down effect was present at day three, five, and seven post-injection (Fig 4B). This represents a 4 to 5-day window of expression to determine the phenotypic effects of hepatic shRNA-mediated reduction of mRNA levels.

## **Conclusion**

We have shown significant repression of hepatic ER $\alpha$  activity in mice utilizing Ad.shER $\alpha$  vectors. In addition, using advanced non-invasive optical imaging technology, the dynamics of the knock-down effect *in vivo* have been demonstrated. Thus, our data confirm that application of shRNA represents a powerful tool for targeted gene silencing. We conclude

that Ad-mediated delivery of shER $\alpha$  constructs represents an elegant tool to gain more insight in the role of the hepatic ER $\alpha$ .

## Methods

### Plasmids

Two oligonucleotide pairs (mER $\alpha$ \_1395: 5'-gatccccgctcctgtttgctcctaactcaag agagttaggagcaaacaggagcttttggaaa-3' and 5'-agctttccaaaaagctcctgtttgctccta ctctctgaagttaggagcaaacaggagcggg-3', mER $\alpha$ \_1103: 5'-gatccccgaatagccctgc **cttgcc** ttaagagaggacaaggcagggtattc ttttggaaa-3' and 5'-agc tttccaaaaaga atagccctgcctgtctctcttgaaggacaaggcagggtattcggg) were ordered (Eurogentec, United kingdom). The bold nucleotides correspond to nucleotides 1395-1418 and 1103-1120 of the mRNA mER $\alpha$  sequence (GenBank accession number NM\_007956). The underlined nucleotides represent a *Bgl*III and a *Hind*III site. These oligo's were annealed and ligated between the *Bgl*III and *Hind*III sites of pSUPER-H1prom [2]. The pSUPER-shER $\alpha$  sequences were verified by restriction and sequence analysis (ABI 3700, LGTC, Leiden).

The H1prom plus or minus shER $\alpha$  were cloned from the pSUPER into the promoter less pAdTrack vector [5] by use of *Xba*I and *Xho*I restriction sites. The Ad.shER $\alpha$ \_tandem construct was generated by ligation of H1prom-shER $\alpha$ \_1103 between the *Not*I and *Kpn*I sites of pTrack-H1prom-shER $\alpha$ \_1395.

The (ERE)<sub>3</sub>TATA-Luc was cloned from pG1<sub>3</sub>-basic as a *Cla*I-blunt/ *Kpn*I fragment in *Eco*RV- and *Kpn*I- digested promoter less Shuttle vector (pShuttle) (He et al. 2509-14). The functionality of this construct was verified by transfection. hER $\alpha$  was cloned from pCMV5 (pCMV5-hER $\alpha$ ) [17] as a *Bam*HI fragment in the *Bgl*III digested pShuttle-CMV vector. The pcDNA3.1-mER $\alpha$  expression vector was provided by Larry Jameson [18] and subcloned as a *Eco*RI-blunt fragment in the *Eco*RV digested pShuttle-CMV vector.

### Cell Culture

The MXT<sup>+</sup> (murine breast cancer) cell line was generously provided by Dr. Bernards. H5V (a murine endothelial cell line derived from heart), EOMA (murine hemangioma-derived micro vascular cell line) and MXT cells were maintained in Dulbecco's modified Eagle's medium (DMEM) (Gibco BRL) supplemented with 10% fetal calf serum, 100 units/ml Penicillin, 100  $\mu$ g/ml Streptomycin and glutamax (Invitrogen) (Complete DMEM). PERC6 cells [19] were maintained in complete DMEM supplemented with 10mM MgCl<sup>2+</sup>.

For large-scale production of recombinant Ad in PERC6 cells (Crucell, Leiden, the Netherlands), complete DMEM with 2% horse serum (Gibco) was used.

#### ***Luciferase reporter assays***

Transient transfections were performed in triplicate in 12-wells plates ( $1.10^5$  cells per well) using Lipofectamine (Invitrogen). The effect of shER $\alpha$  on ER $\alpha$  mediated transcription regulation was determined by co-transfecting the cells with 100ng of reporter construct (ERE)<sub>3</sub>TATA-LUC and 500 ng expression vector pSUPER-shER $\alpha$  or an empty pSUPER control vector together with 100 ng pCMV-LacZ. After 24 hours, the cells were stimulated with complete DMEM containing  $10^{-9}$ M Estrogen for an additional 24 hours. The cells were lysed with reporter lyses buffer (Promega) and after centrifugation of 2 min, supernatant was used for determining  $\beta$ -galactosidase normalized luciferase activity by adding 100  $\mu$ l luciferyl-CoA (Promega) to 20  $\mu$ l of cell extract in a monolight luminometer (BD Biosciences).  $\beta$ -galactosidase was measured in a 96-well microtiter plate using the  $\beta$ -Galactosidase Enzyme Assay System in reporter lyses buffer (Promega). Absorbance at 450 nm was determined in a microplate reader. Luciferase activities were normalized for transfection efficiency with the  $\beta$ -galactosidase activity and expressed as a percentage relative to expression levels induced by endogenous estrogen receptor (ER). Expression of endogenous ER $\alpha$  in those cells was verified by real time PCR.

#### ***Western blot analysis***

Immunoblotting procedures were as described previously [20]. H5V cells seeded in triplicate in 12-wells plate were co-transfected with 20 ng pCMV-mER $\alpha$  and 500ng expression vector pSUPER-shER $\alpha$  or an empty pSUPER control vector as described above. 28 hours post-transfection, the cells were lysed in 200  $\mu$ l of RIPA buffer (1% NP40, 0.5% DOC, 0.1% SDS, 50mM Tris pH 8.0, 150mM NaCl, 2.5mM EDTA) containing protease inhibitor (40ul/ml, Roche). Extracts were cleared by centrifugation (4°C, 14 000 g, 5 min), and protein content was determined using the BCA kit (Pierce). Protein samples were denaturated (5 min, 90°C) and separated on SDS/PAGE by use of 8% gradient gels and were transferred to polyvinylidene difluoride (PVDF) membranes (Millipore, Germany). Blots were stained with Ponceau S before blocking to verify equal loading and appropriate protein transfer. Membranes were blocked for 90 min in PBS, pH 7.4, containing 0.05% Tween 20 and 10% milk powder. Thereafter, membranes were incubated for 16 h at 4°C with ab MC20, 1:1000 (mER $\alpha$  rabbit polyclonal antibody, Santa Cruz Biotechnology, CA). After extensive washing with blocking buffer without milk powder or BSA, membranes were

incubated for 2 h with horseradish peroxidase-conjugated goat anti-rabbit IgG, 1:5000 (Promega). Membranes were again extensively washed and bound peroxidase conjugates were visualized by enhanced chemiluminescence (ECL, Amersham) on a LumiImager workstation. Additionally, filters were stripped by a 30 min incubation in 100 mM  $\beta$ -mercaptoethanol, 2% SDS, 62.5 mM Tris-HCl pH 6.8 at 50°C, to proceed with the whole procedure as described above. However, now membranes were incubated for 16 h at 4°C with p-38 ab, 1:1000 (N-20, cs-728, rabbit polyclonal antibody, Santa Cruz Biotechnology, CA). Immunoblots were quantified using LUMIANALYST software on a LumiImager (Boehringer-Mannheim).

#### **Adenoviral vectors**

Recombinant adenoviral plasmids were generated by homologous recombination of pAdtrack or pShuttle vectors with pAdEasy1 in BJ5183 cells as described previously [5]. Correct clones were propagated in DH5 $\alpha$  cells (Life Technologies). For the generation of the Ad.shER $\alpha$  vectors, Ad.Empty and Ad.ERE-Luc, PERC6 cells were transfected with 4  $\mu$ g Pac-I-linearized adenoviral construct using LipofectAMINE PLUS (Life Technologies). After 16 hours transfection medium was replaced by growth medium. Transfected cells were harvested at day seven post-transfection and after three freeze-thaw cycles the lysate was used for large-scale production of Ad vectors in PERC6 cells. Virus was purified by double CsCl centrifugation and subsequently dialysed as described previously [21]. Final yields as assessed by plaque assays on 911 cells were approximately  $2 \times 10^{10}$  plaque forming units (pfu)/ml. The control virus (Ad.Empty) carries the green fluorescent protein (GFP) under control of cytomegalovirus promoter (CMV) and contained the H1prom. Ad.shER $\alpha$ \_1395 and Ad.shER $\alpha$ \_1103 carry GFP under control of CMV and shER $\alpha$ \_1395 or shER $\alpha$ \_1103 under control of H1prom. Ad. shER $\alpha$ \_tandem carries both shER $\alpha$ \_1395 and shER $\alpha$ \_1103 under control of their own H1prom. Ad.ERE-Luc does not contain CMV-GFP and its functionality was verified *in vitro* and *in vivo*.

#### **Infection cells**

24 hours before transfection,  $1.10^5$  cells per well were seeded into 12 wells-plate. Cells were transiently transfected by use of lipofectamine with a total of 450ng of DNA per well (150ng of reporter plasmid (ERE)<sub>3</sub>TATA-LUC and 300ng pCMV-LacZ). After 4 hours cells were infected with either Ad.shER $\alpha$  or control Ad.Empty (MOI 5.000). Additionally, they received  $10^{-9}$ M estrogen for 24 hours. Cells were lysed in 300  $\mu$ l reporter lyses buffer.  $\beta$ -galactosidase and luciferase activity was determined as described above.

### ***Animals and Ad Injection***

The Ethics Committee for Animal Experiments of the Leiden University approved all animal work and the experimental protocols complied with the national guidelines for use of experimental animals. Male C57Bl/6Jlco (Charles river, The Netherlands) were given a standard m diet Chow (Hope Farms, Woerden, NL) and housed under standard conditions in conventional cages with free access to water and food.

Recombinant Ad, with a maximum of  $4 \times 10^9$  pfu in 200  $\mu$ l of PBS, were administered by injection into the tail vein of mice at the age of 14 weeks. Within five days post-infusion, mice were sacrificed; liver pieces were removed and immediately deep-frozen in liquid nitrogen and stored at -80°C.

### ***Pharmacological treatment.***

The experiment was carried out in 12-wks old C57BL/6 male mice. To prevent sequestration of low doses of Ad.ERE-Luc by liver Kupffer cells, mice were pre-injected with Ad.LacZ ( $5 \times 10^8$  pfu) 4 hours before administration of  $8 \times 10^8$  pfu Ad.ERE-Luc. 17 $\beta$ -estradiol (Sigma, E8875) was dissolved in sesame oil (Sigma). In the dose-response experiment, five days post-injection of Ad.ERE-Luc, 0, 5, 25 and 50  $\mu$ g/kg 17 $\beta$ -estradiol was injected for 6 hours. Then liver pieces were rapidly dissected and immediately deep-frozen in liquid nitrogen and stored at -80°C for further analysis.

### ***Bioluminescent reporter imaging.***

The experiment was carried out in 12 wks old C57BL/6 male mice co-injected with Ad.ERELuc ( $5 \times 10^8$  pfu) plus either Ad.Empty or Ad.shER $\alpha$  ( $3 \times 10^9$  pfu). Bioluminescent signals (BLS) were performed at time 0 and at several days after 6 and 24 hours s.c injections of 5  $\mu$ g/kg 17  $\beta$ -estradiol with the Xenogen IVIS imaging system (IVIS 100). The living mice were intraperitoneal (ip) injected with the luciferase substrate, luciferin, at a dose of 150 mg/kg body weight approximately 5 minutes before imaging. The mice were anaesthetized with isoflurane/oxygen and placed on the imaging stage. Total photon emission of each animal was acquired for 1 minute. Captured images were then quantified by using the Living Image software (Xenogen Corp, Alameda, CA) and the IGOR software (WaveMetrics Corp, Lake Oswego, OR). BLS from the region of interest (ROI) was expressed using the pseudo colour scale (Red most intense and Blue least intense luminescence) and the data were presented as the cumulative photon counts collected within each ROI. Because layers of tissue may limit photon emission from inner organs, the experiment was repeated. Of these mice the livers were rapidly dissected at day 5, 6 hours after 17 $\beta$ -estradiol administration, verifying the

results from the bioluminescent reporter imaging by determining the luciferase activity in liver lysates

***Luciferase enzymatic assay.***

The liver extracts were prepared by homogenisation with the minibead beater in reporter lyses buffer (Promega), two cycles of freeze-thawing and 2 min. of centrifugation at maximum speed. Supernatants were used for determining protein-normalized luciferase activity by adding 100 µl luciferyl-CoA (Promega) to 20 µl of liver extract in a monolight luminometer (BD Biosciences). Protein content was measured in a 96-well microtiter plate using the BCA protein assay kit (Pierce). Absorbance at 562 nm was determined in a microplate reader.

***Real time quantitative PCR analysis***

Total RNA was extracted from liver using TRIzol reagent (Life technologies). Purified RNA was treated with RQ1 RNase-free DNase (Promega, 1 units/ 2 µg of total RNA) and reverse transcribed with SuperScript II Reverse Transcriptase (Invitrogen) according to the manufacturer's protocol. Quantitative gene expression analysis was performed on an ABI prism7700 Sequence Detection System (Applied Biosystems) using SYBR Green as described earlier [22]. PCR primer sets (Cyclophilin, Fw: AAAAGGAAGACGACGGAGCC Rev: TCGGAGCGCAATATGAAGGT and mERα, Fw: CTAGCAGATAGGGAGCTGGTTCA, Rev: GGAGATTCAAGTCCCCAAAGC) were designed via Primer Express 1.7 software with the manufacturer's default settings (Applied Biosystems) and were validated for amplification efficiency. The absence of genomic DNA contamination in the RNA preparations was confirmed in a separate PCR reaction on total RNA samples that were not reverse transcribed. Cyclophilin was used as a control.

**Data Analysis**—The significance of differences in relative gene expression numbers  $C_t$  ( $C_{t(\text{Cyclo})} - C_{t(\text{target gene})}$ ) measured by real time quantitative PCR was calculated using a two-tailed Student's *t* test. Probability values less than 0.05 were considered significant.

**Authors' contribution**

Y.K carried out the studies described in this paper and drafted the manuscript. F.F participated in the concept of designing shERα. I.Q and C.L. contributed to the imaging experiments shown in Fig 4B. K.WvD participated in the design and coordination of this study and provided expert input for writing the manuscript. All authors read and approved the final manuscript.



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# 3.

## **Repression of Hepatic Estrogen Receptor Alpha Does Affect Expression of Lipid-Related Gene but Does Not Affect Lipid Metabolism in Female APOE\*3 Leiden Mice.**

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## **Abstract**

Estrogens have been shown to modulate the lipoprotein profile. However, the role of the hepatic estrogen receptor  $\alpha$  (ER $\alpha$ ) in this process is unclear. In the present study, we have addressed the role of hepatic ER $\alpha$  signalling in lipid metabolism of APOE\*3 Leiden transgenic mice fed a high fat diet. Hepatic ER $\alpha$  was down regulated using adenovirus-mediated transfer of a short hairpin (sh) RNA directed against the ER $\alpha$  (Ad.shER $\alpha$ ). Despite significant down-regulation of hepatic ER $\alpha$  RNA and protein levels (60%), plasma cholesterol, triglyceride and glucose levels were not changed. In addition, no effects on the VLDL-TG secretion rate and intra-hepatic lipid levels were observed. In contrast, expression of the Cyp7a and PPAR $\alpha$  genes was up regulated 2- and 2.5-fold, respectively, and the SHP gene was down regulated 2-fold. Apparently, the changes in the expression of these lipid related genes is compensated for by alternative transcriptional or post-transcriptional mechanisms and does not affect plasma lipid levels. In conclusion, repression of hepatic ER $\alpha$  gene expression does affect genes involved in lipid metabolism, but does not have an obvious impact on lipid parameters.

## **Introduction**

Epidemiological studies have shown that the menopausal transition is associated with changes in circulating lipid levels, including elevated plasma levels of total cholesterol, low-density lipoprotein cholesterol (LDL-C), and reduced levels of high-density lipoprotein cholesterol (HDL-C). Since estrogen treatment has been reported to influence these lipid levels in the opposite manner [1-4], estrogen has been postulated to be beneficial in cholesterol homeostasis.

The estrogenic effects are predominantly mediated via activation of either of two estrogen receptors (ERs), ER $\alpha$  and ER $\beta$ . These ligand-dependent transcription factors modulate gene transcription but can also interfere with intracellular signaling pathways [5-7]. To date, mouse models of estrogen deficiency, such as aromatase knockout (ArKO) and ER $\alpha$  and ER $\beta$  knockout mice have been used to gain insight into the role of estrogens in lipid metabolism. ArKO mice, ER $\alpha$  - and double ER $\alpha$ / $\beta$  knockout mice all develop hypercholesterolemia [8-10], whereas no lipid phenotype was described in ER $\beta$  knockout mice [10]. These results demonstrate a role for estrogen in lipid homeostasis, and indicate that ER $\alpha$  is involved.

The liver plays a central regulating role in lipid metabolism. To gain insight into the role of hepatic ER $\alpha$  in lipid homeostasis, Ad vectors encoding shRNA's directed against mouse ER $\alpha$  (Ad.shER $\alpha$ ) [11] were administered to hyperlipidemic APOE\*3-Leiden female mice. Hepatic ER $\alpha$  mRNA and protein levels were repressed by 60%, and were associated with changes in the expression level of genes involved in lipid metabolism. However, plasma lipid parameters were not affected upon Ad.shER $\alpha$  administration. These results indicate that the hepatic ER $\alpha$  level does not play a rate limiting role in lipid metabolism.

## Results

### Basal body weight and plasma parameters

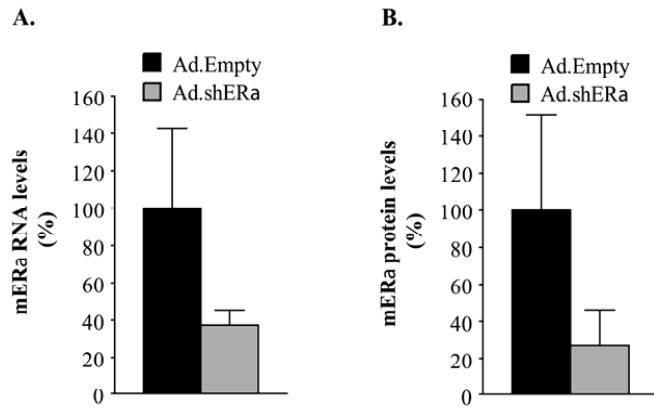
To induce hyperlipidemia, two groups of female APOE\*3-Leiden mice were fed a high fat cholesterol enriched diet (diet W) for eight weeks. After this period, mice in both groups had an average bodyweight of 21 gram, serum glucose levels of 6 mM and triglyceride (TG) level of 1.9 mM. In addition, both groups of mice exhibited hypercholesterolemia (13.4 and 13.8 mM) (table 1).

Table 1. Bodyweight and glucose levels in 4 hrs-fasted ApoE\*3-Leiden female mice fed a high fat diet, before and after Ad-mediated gene transfer of shER $\alpha$

	Day 0		Day 5	
	Ad.Empty	Ad.shER $\alpha$	Ad.Empty	Ad.shER $\alpha$
<b>Bodyweight (gr)</b>	20.9 $\pm$ 1.4	21.2 $\pm$ 1.2	20.1 $\pm$ 1.2	20.2 $\pm$ 1.3
<b>Glucose (mmol/l)</b>	6.1 $\pm$ 1.0	5.8 $\pm$ 1.1	6.5 $\pm$ 0.7	6.6 $\pm$ 0.8
<b>Cholesterol</b>	13.4 $\pm$ 4.4	13.8 $\pm$ 3.3	8.6 $\pm$ 0.9	8.6 $\pm$ 1.4
<b>Triglycerides</b>	1.9 $\pm$ 0.9	1.9 $\pm$ 0.5	3.2 $\pm$ 0.5	3.1 $\pm$ 0.6

### Hepatic ER $\alpha$ levels in ApoE\*3-Leiden mice after Ad.shER $\alpha$ treatment

To down-regulate the hepatic ER $\alpha$ , the hyperlipidemic female APOE\*3-Leiden mice were injected either with Ad.Empty or with Ad.shER $\alpha$ . Five days after Ad.shER $\alpha$  treatment ( $1.5 \cdot 10^9$  pfu), the hepatic ER $\alpha$  RNA and protein levels were repressed by 60% as compared to Ad.Empty treated mice ( $P < 0.05$ ,  $P < 0.001$ , respectively; Figure 1A and 1B).



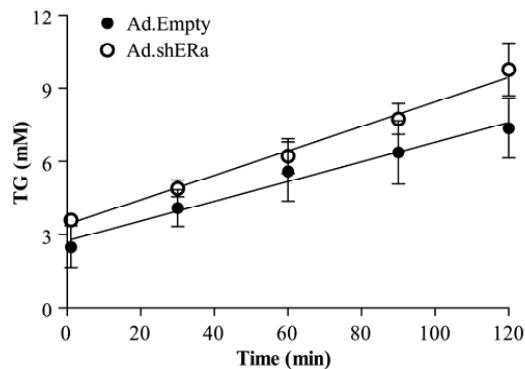
**Figure 1. Hepatic ER $\alpha$  levels after Ad mediated transfer of shER $\alpha$  *in vivo***  
 Female APOE\*3-Leiden mice were injected with  $1.5 \cdot 10^9$  pfu Ad.Empty or Ad.shER $\alpha$  (n=5). Livers were harvested five days after Ad. administration and subjected to taqman (A) and western (B) analysis. Respectively, HPRT and p38 were used as internal standard. Data represent as mean  $\pm$  SD

#### Body weight and plasma parameters in Ad.shER $\alpha$ treated mice

At day five after Ad administration, cholesterol and TG levels were modulated to the same extent in both Ad.Empty and Ad.shER $\alpha$  treated mice (Table 2). Thus, down-regulation of hepatic ER $\alpha$  did not affect serum lipid nor glucose levels.

#### Hepatic VLDL-TG production

After down regulation of hepatic ER $\alpha$  in APOE\*3-Leiden mice, the VLDL-TG production rate was determined by injection of Triton WR1339. Triton WR1339 blocks VLDL-TG lipolysis and VLDL remnant clearance and the increase in plasma TG is a measure for VLDL-TG production. Reduced hepatic ER $\alpha$  levels did not affect the VLDL-TG production rate (Figure 2).

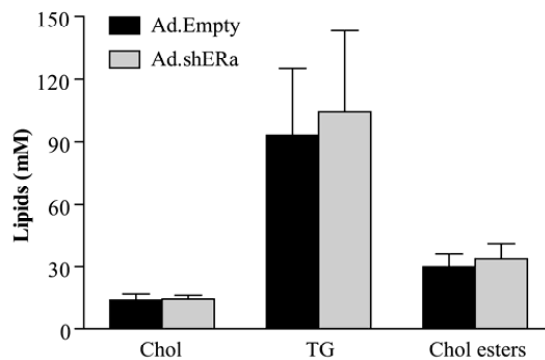


**Figure 2. Hepatic VLDL-TG production after Ad mediated transfer of shERα *in vivo***

Female APOE\*3-Leiden mice were injected with  $1.5 \cdot 10^9$  pfu Ad.Empty or Ad.shERα (n=4). VLDL-TG production was measured 5 days post-injection. Fasted serum TG level was determined between 0 and 120 min after Triton WR 1339 injection. Values are represented as mean  $\pm$  SD.

### Hepatic Lipid content

In addition, hepatic TG and Chol content were analyzed. As depicted in Figure 3, the hepatic lipid content of the Ad.shERα treated APOE\*3-Leiden mice did not differ from the Ad.Empty treated group (Chol;  $14.4 \pm 1.7$  versus  $13.8 \pm 2.9$ , for TG;  $104.5 \pm 38.7$  versus  $93.1 \pm 31.9$ , for Chol esters;  $33.8 \pm 7.6$  versus  $29.9 \pm 6.2$  mM, respectively).



**Figure 3. Hepatic lipid content after Ad mediated transfer of shERα *in vivo***

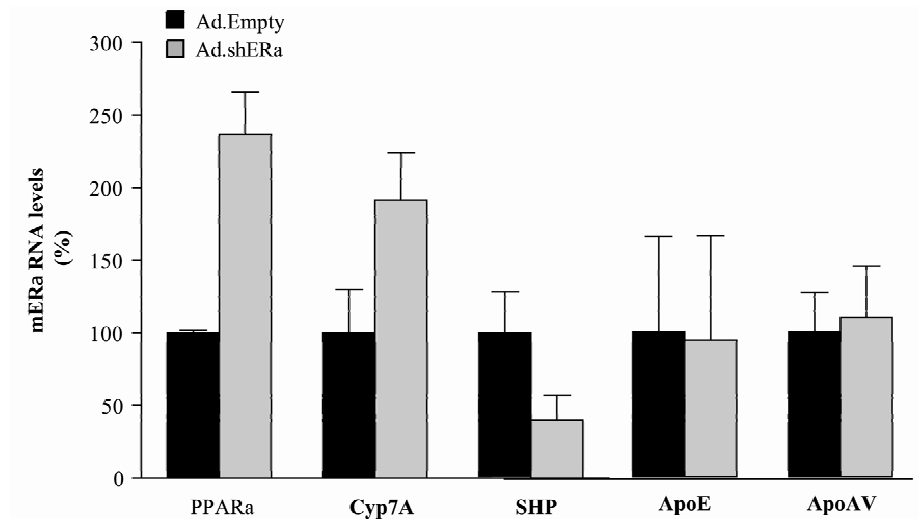
Hepatic TG and cholesterol content was analyzed in APOE\*3-Leiden female mice five days after Ad.Empty and Ad.shERα administration. Values represent the mean  $\pm$  SD of 11 mice.

### Hepatic mRNA expression levels

To further investigate the effect of short-term repression of ERα in liver, hepatic expression of genes involved in lipogenesis were assessed by real-time PCR. Short-term repression of hepatic ERα led to a significant enhancement of peroxisome proliferator-activated receptor



(PPAR) $\alpha$  and Cyp7 $\alpha$  and a significant repression of short heterodimer partner SHP (Fig 4). Transcription levels of apolipoprotein E (ApoE) and ApoAV were unchanged (Fig 4).



**Figure 4. Hepatic gene expression after Ad mediated transfer of shER $\alpha$  *in vivo***

Gene expression was analyzed by real time PCR in APOE\*3-Leiden female mice five days after Ad.Empty and Ad.shER $\alpha$  administration. The HPRT gene was used as internal standard. Values represent the mean $\pm$ SD (n=5) relative to the percentage of expression in Ad.Empty treated mice. \*, statistically significant difference of  $P < 0.05$  compared with Ad.Empty treated mice.

## Discussion

The present study evaluates the direct role of hepatic ER $\alpha$  in lipid homeostasis. To this end, hepatic ER $\alpha$  was down-regulated in hyperlipidemic APOE\*3-Leiden female mice using Ad mediated transfer of a shRNA construct targeted against the ER $\alpha$ . This resulted in a 60% reduction in hepatic ER $\alpha$  RNA and protein levels and significant changes in PPAR $\alpha$ , Cyp7 $\alpha$  and SHP gene transcription. However, hepatic lipid levels and serum lipid and glucose levels were not affected by ER $\alpha$  down-regulation. Apparently, the hepatic ER $\alpha$  is involved in regulating hepatic gene transcription, but ER $\alpha$  level does not play a rate limiting role in determining serum lipid or glucose levels in hyperlipidemic APOE\*3Leiden mice.

The application of vector-based systems expressing small hairpin RNA (shRNA) to dissect gene function is now well established in mammalian cells *in vitro*. *In vivo* application requires highly efficient delivery of the shRNA expression construct and for this, in the current paper Ad vectors are used. These have been shown to efficiently knock-down ER $\alpha$  in

liver in vivo, resulting in highly efficient reduction of ER $\alpha$  transcriptional activity [11]. Ad vectors predominantly transduce hepatic parenchymal cells, which also most abundantly express ER $\alpha$  (data not shown) [12,13]. We were able to repress hepatic ER $\alpha$  RNA and protein levels to an extent of 60% with a moderate viral dose ( $1.5 \cdot 10^9$  pfu/mice). At higher viral dosages, the reduction in gene expression was not further increased and hepatotoxicity did occur (data not shown).

We previously demonstrated that the shER $\alpha$  construct used here is specific for the murine ER $\alpha$  [11]. Since the ER $\beta$  is expressed at very low levels in parenchymal cells, and our shRNA construct harbours nine mismatches with the murine ER $\beta$ , it seems unlikely that off target effects explain the effect of shER $\alpha$  expression on hepatic gene expression. However, we cannot exclude that some of the effects on gene expression are mediated by the so called a-specific interferon response to double stranded RNA. However, it is likely that the Ad transduction per se induces a much more dramatic cellular stress response as compared to the dsRNA. This ad specific effect was controlled for in the comparison with the ad empty treated groups.

The reduction in ER $\alpha$  level is associated with significant changes in the expression of genes involved in lipid metabolism. The Cyp7 $\alpha$  gene encodes the enzyme controlling the first and rate-limiting step in cholesterol degradation to bile acids. Upregulation of the Cyp7 $\alpha$  gene is in line with the observed down regulation of SHP, as SHP negatively regulates expression of Cyp7 $\alpha$ . Interestingly, SHP appears to be induced by estrogen in liver of wt mice [14,15], and a decrease of estrogen signaling would thus be in line with SHP downregulation. Agonists of the transcription factor PPAR $\alpha$  prevent lipid accumulation in liver by stimulating fatty acid  $\beta$ -oxidation in liver [16,17] a process which is also found to be induced by estrogens [18]. The upregulation of PPAR $\alpha$  in response to a reduction in ER $\alpha$  could therefore be a compensatory effect. Since we did not find a lipid phenotype associated with these gene expression changes, it seems likely that the gene expression changes themselves or post-transcriptional regulatory events counterbalance each other. Apparently, the liver can compensate for changes in estrogen signaling in such a manner as to maintain normal plasma and liver lipid levels.

The role of ER $\alpha$  in lipid metabolism has been addressed using whole-body knockout mouse models lacking ER $\alpha$ . These ER $\alpha$  knockout mouse models as well as the aromatase knock out mouse model, which lacks the final step in estrogen synthesis, display a lipid phenotype that is apparent upon aging [10,19,20]. The phenotype associated with any

knockout mouse model needs to be considered with the provision that compensatory changes that counteract some of the knockout effects may have occurred. The delayed lipid phenotype of the ER $\alpha$  knockout and ARKO mouse models could be explained by a failure of this compensation in time. By reducing the hepatic ER $\alpha$  mediated signalling cascade during adulthood and assessing the parameters relatively soon thereafter, our data indicate that the lack of a lipid phenotype of ER $\alpha$  knock outs is not due to compensatory changes. In stead, we conclude that hepatic ER $\alpha$  level is not rate-limiting in its role to maintain whole body lipid metabolism.

If the liver is not directly mediating the effects of estrogen on lipid metabolism, what could be the cause of the lipid changes seen after prolonged absence of the ER $\alpha$  or estrogen? Although we have not addressed this, it seems likely that secondary effects of estrogen signaling on other tissues that are involved in regulating lipid metabolism, such as brain, muscle and adipose tissue, play an important role in the development towards a change in lipid profile upon aging. In this respect, changes in for example adipose tissue distribution and size, as have been attributed to estrogen, would only have an effect on lipid metabolism beyond a certain level of change and thus time.

In conclusion, we find that short-term repression of hepatic ER $\alpha$  gene and protein expression does not have an overt impact on plasma and liver lipid levels. Apparently, the changes induced via the hepatic ER $\alpha$  are effectively compensated for or play a relatively minor role in maintaining cholesterol and triglyceride homeostasis.

## **Methods**

### ***Plasmids and Adenoviral vectors***

The p.Empty, p.shER $\alpha$  plasmids and the Ad.Empty, Ad.ERE-Luc and Ad.shER $\alpha$  vectors have been generated as previously described [11].

### ***Animals and Ad Injection***

All animal work was approved by the Animal Ethic Committee from the Leiden University Medical Center and TNO-Prevention and Health, Leiden, the Netherlands and the experimental protocols complied with the national guidelines for use of experimental animals. APOE\*3-Leiden female mice were housed under standard conditions in conventional cages with free access to water and food. The study was performed in 17-19 weeks old APOE\*3-Leiden mice (n=11) that were fed a Western type diet (Hope Farms, Woerden, The

Netherlands) starting 8 weeks prior to the experiment. For Ad-mediated gene transfer experiments, mice were transferred to filter-top cages, placed in a designated room, and allowed to adapt for at least five days. For in vivo adenoviral transductions,  $2 \times 10^9$  plaque forming units Ad.shER $\alpha$  or Ad.Empty in total volume of 200  $\mu$ l (phosphate-buffered saline) were injected into the tail vein of mice. Within five days post-infusion, mice were sacrificed; liver pieces were removed and immediately deep-frozen in liquid nitrogen and stored at -80°C.

#### ***Plasma parameters***

At day -6 and day 5 of Ad. injections, APOE\*3-Leiden female mice were fasted for 4 h. Blood samples were taken via tail bleeding in paraoxon-coated capillaries, to prevent lipolysis [21]. Plasma was collected by centrifugation at 4°C. Plasma levels of total Chol and TG were determined enzymatically using commercially available kits and standards (Sigma Diagnostics, St. Louis, MO; Roche Molecular Biochemicals GmbH, Mannheim, Germany; and Wako Chemicals GmbH, Neuss, Germany). Blood glucose levels were measured by a Freestyle hand glucose analyzer (Disetronic, Vianen, The Netherlands). All plasma parameters were determined according to the manufacturers' instructions.

#### ***Hepatic VLDL-TG production***

At day 5 after  $1.5 \cdot 10^9$  pfu Ad.Empty or Ad.shER $\alpha$  administration, APOE\*3-Leiden female mice were fasted for 4 h and then intravenously injected with 500 mg/kg Triton WR 1339 (Sigma) as described [22]. Blood samples of Ad.Empty and Ad.shER $\alpha$  treated mice were collected 1, 30, 60, 90 and 120 min after Triton injection (n=4 and n=5 respectively). Serum TG concentrations were measured enzymatically, as described above. The hepatic VLDL-TG production rate was measured as the accumulation of serum TG after Triton injection and expressed as mg/dl/min.

#### ***Hepatic Lipid levels***

Liver and muscle samples were homogenized in H<sub>2</sub>O (~10% wet wt/vol). Lipids were extracted according to Blight and Dyer's method [23]. In short, a solution was made of each sample of 200  $\mu$ g protein in 800  $\mu$ l H<sub>2</sub>O. 3 ml methanol/chloroform (2:1) was added and mixed thoroughly, after which 500  $\mu$ l chloroform, 100  $\mu$ l internal standard and 1 ml demi-water were added. After centrifugation the chloroform layer was collected and dried. The

remaining pellet was dissolved in 50  $\mu$ l chloroform and put on a HPTLC plate. With HPTLC analysis, triglycerides, cholesterol and cholesterol esters were separated and the amount was quantified by scanning the plates with a Hewlett Packard Scanjet 4c and by integration of the density using Tina version 2.09 software (Raytest, Staubenhardt, Germany)

### Real time quantitative PCR analysis

Total RNA was extracted from liver using TRIzol reagent (Life technologies). Purified RNA was treated with RQ1 RNase-free DNase (Promega, 1 units/ 2  $\mu$ g of total RNA) and reverse transcribed with SuperScript II Reverse Transcriptase (Invitrogen) according to the manufacturer's protocol. Quantitative gene expression analysis was performed on an ABI prism7700 Sequence Detection System (Applied Biosystems) using SYBR Green as described earlier [24]. PCR primer sets (table 2) were designed via Primer Express 1.7 software with the manufacturer's default settings (Applied Biosystems) and were validated for amplification efficiency. The absence of genomic DNA contamination in the RNA preparations was confirmed in a separate PCR reaction on total RNA samples that were not reverse transcribed. HPRT was used as the standard housekeeping gene. The significance of differences in relative gene expression numbers  $C_t$  ( $C_{t(HPRT)} - C_{t(target\ gene)}$ ) measured by real time quantitative PCR was calculated using a Mann-Whitney U test. Probability values less than 0.05 were considered significant.

Table 2. Primer sequences of genes used for mRNA quantification

Gene	Forward primer	Reverse primer
HPRT	5'-TTGCTCGAGATGTCATGAAGGA	5'-AGCAGGTCAGCAAAGAACTTATAG
mER $\alpha$	5'-CTAGCAGATAGGGAGCTGGTTCA	5'-GGAGATTCAAGTCCCCAAAGC
ApoE	5'-AGCCAATAGTGGAAGACATGCA	5'-GCAGGACAGGAGAAGGATACTCAT
IL-6	5'-AAGAATTTCTAAAAGTCACCTTGAGATCTA	5'-CACAGTGAGGAATGTCCACAAAC
ApoAV	5'-GAGCAAAGGCGTGATGGG	5'-TGCTCGAAGCTGCCTTTCA
SHP	5'-CTATTCTGTATGCACTTCTGAGCCC	5'-GGCAGTGGCTGTGAGATGC
Cyp7A	5'-CTGTCATACCACAAAGTCTTATGTCA	5'-ATGCTTCTGTGTCCAAATGCC
PPAR $\alpha$	5'-CCTCAGGGTACCACTACGGAGT	5'-GCCGAATAGTTCGCCGAAA

### Western blot analysis

Immunoblotting procedures were performed as described previously [25]. Livers of both Ad.Empty and Ad.shER $\alpha$  treated mice (n= 5) were lysed and homogenized in 200  $\mu$ l of RIPA

buffer (1% NP40, 0.5% DOC, 0.1% SDS, 50mM Tris pH 8.0, 150mM NaCl, 2,5mM EDTA) containing protease inhibitor (40ul/ml, Roche). Extracts were cleared by centrifugation (4°C, 14 000 g, 5 min), and protein content was determined using the BCA kit (Pierce). Protein samples were denaturated (5 min, 90°C) and separated on SDS/PAGE by use of 8% gradient gels and were transferred to polyvinylidene difluoride (PVDF) membranes (Millipore, Germany). Blots were stained with Ponceau S before blocking to verify equal loading and appropriate protein transfer. Membranes were blocked for 90 min in PBS, pH 7.4, containing 0.05% Tween 20 and 10% milk powder. Thereafter, membranes were incubated for 16 h at 4°C with ab MC20, 1:1000 (mER $\alpha$  rabbit polyclonal antibody, Santa Cruz Biotechnology, CA). After extensive washing with blocking buffer without milk powder or BSA, membranes were incubated for 2 h with horseradish peroxidase-conjugated goat anti-rabbit IgG, 1:5000 (Promega). Membranes were again extensively washed and bound peroxidase conjugates were visualized by enhanced chemiluminescence (ECL, Amersham) on a LumiImager workstation. Additionally, filters were stripped by an 30 min incubation in 100 mM  $\beta$ -mercaptoethanol, 2% SDS, 62.5 mM Tris-HCl pH 6.8 at 50°C, to proceed with the whole procedure as described above. However, now membranes were incubated for 16 h at 4°C with p-38 ab, 1:1000 (N-20, cs-728, rabbit polyclonal antibody, Santa Cruz Biotechnology, CA). Immunoblots were quantified using Lumianalyst software on a LumiImager (Boehringer-Mannheim).

### **Statistical analysis**

Results are presented as mean  $\pm$  SD values for the number of animals indicated. Differences between the experimental groups were determined by Mann-Whitney U test. The level of statistical significance of the difference was set at  $P < 0.05$ .

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# 4.

## **Administration of 17- $\beta$ -estradiol to an insulin resistant mouse model acutely improves hepatic insulin sensitivity**

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## **Abstract**

Prolonged 17-β-estradiol (E<sub>2</sub>) administration affects insulin sensitivity. However, it is unknown whether E<sub>2</sub> influences insulin sensitivity directly or indirectly e.g. via modulation of plasma free fatty acid levels and/or intra-hepatic lipid levels. Therefore, acute effects of E<sub>2</sub> administration were studied by performing a hyperinsulinemic-euglycemic clamp in an insulin resistant mouse model (APOE\*3-Leiden mice, which had been fed a high fat diet for 13 weeks). Six hours after E<sub>2</sub> administration, estrogen receptor mediated transcription was induced predominantly in liver, but plasma triglyceride, insulin, free fatty acid and intra-hepatic lipid levels were unaffected. During the hyperinsulinemic clamp, the hepatic glucose production was significantly inhibited in the E<sub>2</sub> treated mice as compared to control mice ( $4.5 \pm 11$  versus  $34 \pm 29$   $\mu\text{mol} \cdot \text{min}^{-1} \cdot \text{kg}^{-1}$ ;  $P=0.013$ ), whereas the peripheral glucose disposal rate was significantly lower in the E<sub>2</sub> treated mice ( $29.8 \pm 8.9$  versus  $50.9 \pm 26.4$   $\mu\text{mol} \cdot \text{min}^{-1} \cdot \text{kg}^{-1}$ ;  $P=0.017$ ). The E<sub>2</sub>-induced increased sensitivity of liver was accompanied by a significant decrease in the expression of hepatic genes involved in gluconeogenesis. Thus, administration of E<sub>2</sub> to an insulin resistant mouse model acutely improves hepatic insulin sensitivity at the expense of peripheral insulin sensitivity, through mechanisms independent of plasma lipid levels and hepatic lipid accumulation.

## **Introduction**

17-β-estradiol (E<sub>2</sub>) is a sex hormone that plays a major role in the establishment and maintenance of the reproductive tract and mammary glands [1-4]. In addition, E<sub>2</sub> is implicated in the regulation of a host of physiological processes including lipid and glucose metabolism [5-8]. E<sub>2</sub>-deficiency, such as occurs after menopause in humans, is associated with many features of the metabolic syndrome including central obesity, insulin resistance and dyslipidemia (for review see [9]). Conversely, hormone replacement therapy has been associated with a reduction in the incidence of diabetes, which is a major complication associated with the metabolic syndrome [10,11]. However, it's obvious that menopause occurs as a function of aging, and aging itself is also associated with an increased incidence of the metabolic syndrome. Therefore, controversy remains regarding the role of E<sub>2</sub> in the metabolic syndrome.

More direct evidence for the effects of estrogens on glucose and lipid homeostasis has been obtained in mouse models. Ovariectomized mice become obese and insulin resistant [5]. Similarly, estrogen receptor  $\alpha$  (ER $\alpha^{-/-}$ ) and aromatase knockout mice (ArKO, an estrogen-

deficient model) develop insulin resistance and impaired glucose tolerance [12-16]. However, also in these estrogen (receptor) deficient mouse models the glucose and lipid phenotypes require weeks to months to develop, implying involvement of many additional metabolic pathways. Thus, it is evident that estrogens have a multitude of effects on different processes in different organs, which apparently interact at multiple levels to achieve metabolic regulation. Consequently, it remains unclear to which extent the effects of E<sub>2</sub> on insulin sensitivity are the consequence of direct effects of E<sub>2</sub> and/or of indirect effects, e.g. related to long term effects of E<sub>2</sub> on triglyceride tissue distribution and ensuing tissue function.

To examine the short-term effects of E<sub>2</sub> on insulin sensitivity, we have studied the acute effects of E<sub>2</sub> in an insulin resistant mouse model. Male APOE\*3-Leiden mice were used, which on a high-fat diet, develop many features of the metabolic syndrome, including obesity, hyperlipidemia, and insulin resistance [17]. Our results indicate that E<sub>2</sub> administration improves hepatic insulin sensitivity within several hours of administration at the expense of peripheral insulin sensitivity, independent of plasma and intra-hepatic lipid levels.

## Results

### *Body weight and plasma parameters*

To induce features of the metabolic syndrome, two groups of male APOE\*3-Leiden mice were put on a high fat diet for a period of 13 weeks. This resulted in obese mice with a body weight of 35-37 grams. In addition, the mice exhibited hypercholesterolemia (4.5-4.7 mmol/l) and

Table 1. Plasma parameters in overnight-fasted APOE\*3-Leiden mice fed a high fat diet that received E<sub>2</sub> or vehicle for 6 hrs

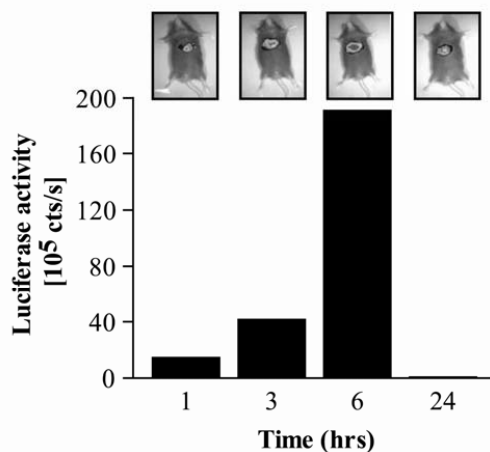
	Basal		Hyperinsulinemic	
	Vehicle	6 hrs E <sub>2</sub>	Vehicle	6 hrs E <sub>2</sub>
<b>Bodyweight (gr)</b>	35 ± 5	37 ± 3		
<b>TG (mmol/l)</b>	1.2 ± 0.6	1 ± 0.6		
<b>Chol (mmol/l)</b>	4.5 ± 1.6	4.7 ± 2.3		
<b>Glucose (mmol/l)</b>	7.9 ± 2.4	8.3 ± 1.6	8.9 ± 3.4	9.7 ± 2.8
<b>Insulin (ng/ml)</b>	1.5 ± 1.1	1.7 ± 1.1	4.8 ± 2*	5.6 ± 3.6*
<b>FFAs (mmol/l)</b>	1.4 ± 0.4	1.2 ± 0.5	0.9 ± 0.4*	0.7 ± 0.2*
<b>GIR (μmol · min<sup>-1</sup> · kg<sup>-1</sup>)</b>			26.3 ± 14.2	25.7 ± 13.9

Plasma levels were measured during basal and clamp conditions. Body weight was measured just before the clamp. Values represent the mean ± SD of 8 mice per group. \* p < 0.005 compared to basal conditions

moderate hyperinsulinemia (1.5-1.7 ng/ml) (table 1). Acute administration of E<sub>2</sub> did not affect body weight, plasma triglycerides (TG), cholesterol, insulin and free fatty acids (FFA) levels (table 2).

### ER activity in vivo

The biodistribution and peak activation time of E<sub>2</sub> after bolus injection depends on the type and site of administration and dissolvent used. To determine the tissues that are activated and time course of activation by E<sub>2</sub> in our hands, E<sub>2</sub>-activity was monitored *in vivo* using a luciferase (luc) reporter system and a highly sensitive CCD camera. Non-invasive optical imaging was performed at different time points after E<sub>2</sub> injection in male transgenic reporter mice, in which the luc gene was driven by an estrogen response element (ERE) containing promoter (ERE-Luc mice), (Fig. 1). At time point t = 6 hours, *in vivo* luc expression peaked and was almost exclusively limited to liver. Therefore, the t = 6 hours after treatment point was taken as the moment to assess the acute effects of E<sub>2</sub> administration.



**Figure 1. E<sub>2</sub> induced ER mediated transcription in ERE-Luc transgenic male mice.**  
Optical imaging of bioluminescence emitted from E<sub>2</sub> (50 µg/kg, sc) treated ERE-Luc transgenic male mice in time

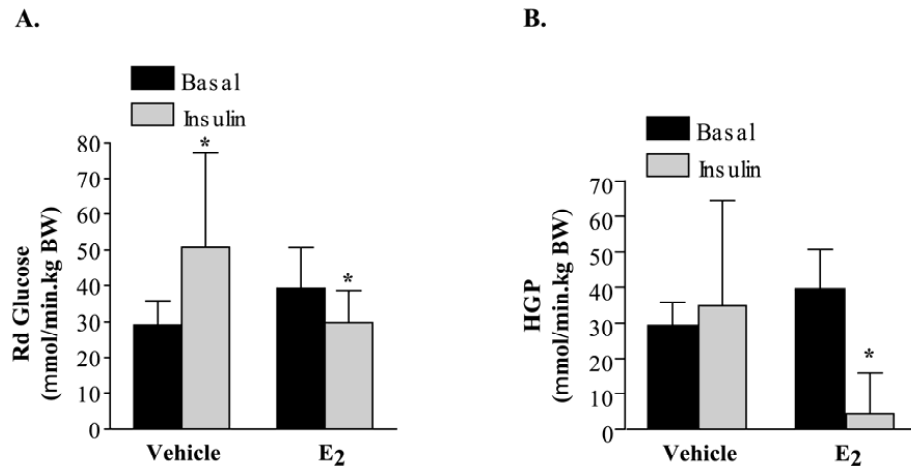
### Insulin sensitivity after E<sub>2</sub>-treatment

To determine the acute effect of E<sub>2</sub> administration on insulin sensitivity, a hyperinsulinemic-euglycemic clamp study was performed six hours after E<sub>2</sub> administration. During hyperinsulinemic conditions, no significant differences were observed in plasma glucose levels (table 2). FFA levels were suppressed ( $P = 0.002$ ) to a similar extent in both

vehicle and E<sub>2</sub> treated mice (table 2). The clamp results showed a significantly lower insulin-mediated whole-body glucose uptake in the E<sub>2</sub>

treated mice as compared to control mice ( $29.8 \pm 8.9$  versus  $50.9 \pm 26.4$   $\mu\text{mol} \cdot \text{min}^{-1} \cdot \text{kg}^{-1}$ ;  $P=0.017$ ; Fig 2A). Moreover, no significant insulin-mediated suppression of hepatic glucose production (HGP) was observed in control mice, indicative for a state of hepatic insulin resistance. In contrast, in the E<sub>2</sub> treated mice, HGP was significantly suppressed under

hyperinsulinemic conditions, from  $39.3 \pm 11.5$  to  $4.5 \pm 11.2 \mu\text{mol} \cdot \text{min}^{-1} \cdot \text{kg}^{-1}$  ( $P=0.0002$ ; Fig 2B). Thus, acute  $E_2$  treatment attenuates peripheral insulin sensitivity with regard to glucose disposal, but improves hepatic insulin sensitivity with regard to suppression of HGP.

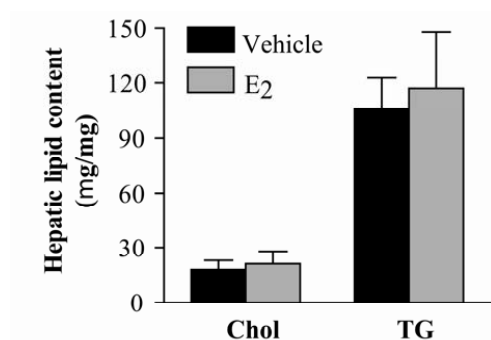


**Figure 2. Peripheral and Hepatic insulin sensitivity  $E_2$  treated APOE\*3-Leiden mice**

Hyperinsulinemic-euglycemic clamp of APOE\*3-Leiden male mice six hours after vehicle or  $E_2$  (100  $\mu\text{g/kg}$ , sc) treatment. (A) Basal and insulin-mediated stimulation of whole-body glucose uptake (B) Basal and insulin-stimulated rates of HGP. Data are means $\pm$ SD,  $n=8$ . \* $P<0.05$ , using nonparametric Mann-Whitney tests.

#### Hepatic lipid content after $E_2$ treatment

Male APOE\*3-Leiden mice on a high-fat diet develop steatosis, which may be causally related to hepatic insulin resistance. Since hepatic insulin sensitivity improved acutely after  $E_2$



**Figure 3. Effect acute  $E_2$  administration on hepatic lipid content.**

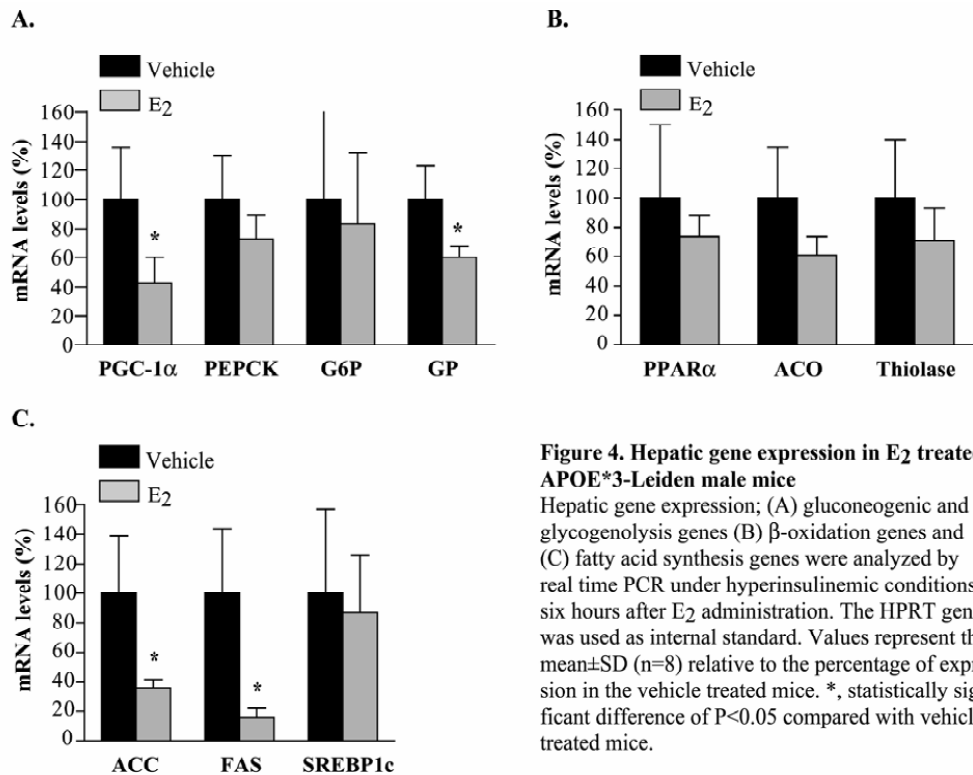
Hepatic TG and cholesterol content was analyzed under hyperinsulinemic conditions in  $E_2$  versus control treated APOE\*3-Leiden male mice. Values represent the mean $\pm$ SD of 8 mice. \*, statistically significant difference of  $P<0.05$  compared with vehicle treated mice.

treatment, hepatic TG and cholesterol content were analyzed. As depicted in Fig 3, the  $E_2$  treated mice did not exhibit a change in hepatic lipid content compared to the vehicle treated group (cholesterol content:  $17.8 \pm 5.1$  versus  $21 \pm 6.8 \mu\text{g/mg}$ ; TG content:  $106 \pm 16.8$  versus

117 $\pm$ 30.9  $\mu$ g/mg, respectively) indicating that E<sub>2</sub> improves hepatic insulin sensitivity independently of a change in hepatic lipid content.

#### Hepatic mRNA expression levels

To examine the improved sensitivity of the liver to insulin-mediated inhibition of HGP in more detail, mRNA levels of relevant genes were analyzed by taqman analysis. Short-term induction of hepatic ER activity led to a 2.3- fold reduction of hepatic peroxisomal proliferators-activated receptor- $\gamma$  coactivator-1 $\alpha$  (PGC-1 $\alpha$ ) RNA levels (P = 0.0002) (Fig 4A). The expression of PhosphoEnolPyruvateCarboxyKinase (PEPCK) and Glucose-6-phosphatase (G6P) were unchanged (Fig 4A). In addition the expression of Glycogen Phosphorylase (GP) was 1.7-fold decreased (P=0.0016) (Fig 4A).



**Figure 4. Hepatic gene expression in E<sub>2</sub> treated APOE\*3-Leiden male mice**

Hepatic gene expression; (A) gluconeogenic and glycogenolysis genes (B)  $\beta$ -oxidation genes and (C) fatty acid synthesis genes were analyzed by real time PCR under hyperinsulinemic conditions, six hours after E<sub>2</sub> administration. The HPRT gene was used as internal standard. Values represent the mean $\pm$ SD (n=8) relative to the percentage of expression in the vehicle treated mice. \*, statistically significant difference of P<0.05 compared with vehicle treated mice.

Since the hepatic glucose pathway is linked to the hepatic lipogenic pathway and since it has been shown that long-term modulation of E<sub>2</sub> signaling affects expression of enzymes involved in fatty acid  $\beta$ -oxidation and fatty acid synthesis, genes involved in these pathways were also analyzed. The expression of PPAR $\alpha$ , Acyl-CoA oxidase (ACO, catalyzing the initial step of peroxisomal  $\beta$ -oxidation) and thiolase (catalyzing the final step of  $\beta$ -oxidation) were not significantly affected by acute E<sub>2</sub> administration (Fig 4B). On the other hand, acetyl CoA carboxylase  $\alpha$  (ACCA) and fatty acid synthase (FAS), both key enzymes involved in *de novo* synthesis of fatty acids were significantly repressed (6.3- and 2.8-fold, respectively), while the sterol regulatory element-binding protein-1c (SREBP-1c), a transcription factor able to activate lipogenic genes like FAS and ACCA was unchanged (Fig 4C).

## Discussion

The present study demonstrates for the first time that E<sub>2</sub> acutely improves hepatic insulin resistance with regard to HGP, whereas it attenuates peripheral insulin sensitivity with regard to glucose disposal in an insulin resistant mouse model. The improvement in hepatic insulin resistance was associated with decreased hepatic expression of the transcription factor PGC-1 $\alpha$  and the glycogenolysis enzyme GP. Simultaneously, plasma FFA levels and hepatic lipid content were not affected. Thus E<sub>2</sub> has acute effects on hepatic insulin sensitivity, independent of hepatic lipid accumulation.

Our results show that there are specific differences with respect to insulin sensitivity between acute and long-term administration of E<sub>2</sub>. In rat and mice models, long-term E<sub>2</sub> modulation results in an improvement of both hepatic and peripheral insulin sensitivity with respect to glucose output and disposal [16,18,19]. In contrast, short-term E<sub>2</sub> administration improves hepatic insulin sensitivity but attenuates peripheral insulin sensitivity. Since long-term E<sub>2</sub> administration does affect TG distribution and body weight, it is possible that the long-term effects of E<sub>2</sub> on peripheral insulin sensitivity are a long term consequence of these physiological changes. Specifically, the preventive effect of estrogen on steatosis would positively affect hepatic insulin sensitivity, since steatosis and hepatic insulin resistance are highly correlated. However, since E<sub>2</sub> will affect many organs and also affects neuro-endocrine signaling, it is likely that the net effect of long-term E<sub>2</sub> administration is the result of multiple complex interactions.

The APOE\*3-Leiden mice, fed a high fat diet for 13 weeks, are highly resistant to insulin-mediated suppression of HGP, as demonstrated by no reduction in HGP by insulin



(Fig 2B). In comparison, chow-fed age-matched APOE\*3-Leiden mice show 40-50% suppression of HGP by insulin. The single dose of E<sub>2</sub> acutely increased the insulin-mediated suppression of HGP in the fat-fed APOE\*3-Leiden mice at least to the level of chow-fed APOE\*3-Leiden mice. Thus a single dose of E<sub>2</sub> has a highly potentiating effect on insulin sensitivity of HGP.

Peripheral glucose disposal is approximately 150% increased by insulin in chow-fed age-matched APOE\*3-Leiden mice. In high fat-fed APOE\*3-Leiden mice it is only increased by 50%. Thus peripheral glucose disposal is also insulin resistant. This situation is further deteriorated by administration of E<sub>2</sub>. At the moment, we have no explanation for this phenomenon. Since acute E<sub>2</sub> treatment did not reveal ER activity in muscle and adipose tissue in living ERE-Luc reporter mice, it seems likely that non-transcriptional E<sub>2</sub>-mediated processes play a role. However, it is also possible that the bioluminescence method is not sensitive enough to detect limited, but potentially physiologically relevant ER activation in skeletal muscle and adipose tissue.

Under physiological insulin sensitive conditions, insulin reduces HGP through inhibition of hepatic gluconeogenesis and glycogenolysis. In contrast, under insulin resistant conditions, insulin is unable to suppress HGP and this has been associated with a failure in the down regulation of hepatic genes involved in glucose output [20]. In the present study, acute administration of E<sub>2</sub> in insulin resistant mice did not change expression levels of G6P and PEPCK (Fig 4A), which both play important roles in gluconeogenesis. However, the transcriptional coactivator protein PGC-1 $\alpha$ , identified as an important inducer of gluconeogenesis [21], was significantly reduced upon acute administration of E<sub>2</sub> (Fig 4A). This apparent discrepancy indicates that under these conditions, down regulation of PGC-1 $\alpha$  is not a dominant effect in the down regulation of G6P and PEPCK gene expression. More in line with the observed effect of E<sub>2</sub>, expression of GP, an enzyme involved in glycogenolysis was significantly decreased. Whether this effect is directly related to down regulation of PGC-1 $\alpha$  remains to be determined. Our data demonstrate that acute E<sub>2</sub> treatment regulates hepatic glucogenic genes, which could at least partly explain the observed E<sub>2</sub> mediated improvement of insulin-mediated inhibition of HGP.

Acute E<sub>2</sub> administration did not affect intrahepatic TG levels in high fat-fed APOE\*3-Leiden mice. In contrast, long term modulation of E<sub>2</sub> signaling is known to affect intrahepatic lipid levels. For example, constitutive E<sub>2</sub> deficiency, such as occurs in male aromatase knockout mice results in severe hepatic steatosis [13]. This phenotype has been associated

with decreased expression of genes involved in fatty acid  $\beta$ -oxidation [22,23] such as ACO and Thiolase, but also with increased expression of genes involved in de novo synthesis of fatty acids, including FAS and ACC $\alpha$  [13].

We found that acute E<sub>2</sub> treatment in insulin resistant APOE\*3-Leiden did not change mRNA levels of genes involved in hepatic  $\beta$ -oxidation (Fig 4B). However, the fatty acid synthesis genes, FAS and ACC $\alpha$  were clearly suppressed (Fig 4C). Nevertheless, E<sub>2</sub> mediated suppression of FAS and ACC $\alpha$  did not result in decreased intrahepatic TG levels. It is possible that the six hour time window in the current study may not be sufficient to detect differences in intrahepatic TG flux. Alternatively, the effects of reduced FAS and ACC $\alpha$  gene expression are overruled by other compensatory transcriptional and/or post-transcriptional mechanisms.

In conclusion, administration of E<sub>2</sub> results in an acute improvement of hepatic insulin sensitivity with respect to HGP in obese, hyperlipidemic and insulin resistant mice fed a high-fat diet. This effect is independent of body weight, plasma lipid levels and/or intrahepatic TG content. Concomitantly, the administration of E<sub>2</sub> acutely impairs peripheral insulin sensitivity, through mechanisms not understood. These data demonstrate that acute and long-term administration of E<sub>2</sub> differentially affects tissue-specific insulin sensitivity.

## Methods

### *Animals*

All animal work was approved by the Animal Ethic Committee from the Leiden University Medical Center and TNO-Prevention and Health, Leiden, the Netherlands and the experimental protocols complied with the national guidelines for use of experimental animals. 32 Wks old APOE\*3-Leiden male mice (n=16) generated in the animal facility of TNO-Prevention and Health, were housed under standard conditions in conventional cages with free access to water and food. At the age of 19 wks, they were fed a high fat diet containing 45.4% fat (Hope Farms, Woerden, The Netherlands) for 13 wks.

### *Bioluminescent reporter imaging.*

The experiment was carried out in male transgenic reporter mice, in which the luciferase gene was driven by an estrogen response element containing promoter (ERE-Luc mice) [24]. At time point 1, 3, 6 and 24 hours after s.c injection of 100  $\mu$ g/kg 17  $\beta$ -estradiol (dissolved in sesam oil, Sigma) in the neck, bioluminescent signals (BLS) were measured by Xenogen

IVIS imaging system (IVIS 100). The living mice were intraperitoneally injected with the luciferase substrate, luciferin, at a dose of 150 mg/kg body weight approximately 5 minutes before imaging. The mice were anaesthetized with isoflurane/oxygen and placed on the imaging stage. Total photon emission of each animal was acquired for 1 minute. Captured images were quantified by using the Living Image software (Xenogen Corp, Alameda, CA) and the IGOR software (WaveMetrics Corp, Lake Oswego, OR). BLS from the region of interest (ROI) was expressed using the pseudo colour scale (Red most intense and Blue least intense luminescence) and the data were presented as the cumulative photon counts collected within each ROI.

#### ***Plasma parameters***

Blood samples were taken via tail bleeding in paraoxon-coated capillaries, to prevent lipolysis [25]. Plasma was collected by centrifugation at 4°C. Plasma levels of total Chol, TG and FFAs were determined enzymatically using commercially available kits and standards (Sigma Diagnostics, St. Louis, MO; Roche Molecular Biochemicals GmbH, Mannheim, Germany; and Wako Chemicals GmbH, Neuss, Germany). Plasma insulin was measured by ELISA (Mercodia Ultrasensitive mouse insulin ELISA, Mercodia, Sweden). Levels of plasma glucose were determined using a commercially available kit (Sigma; Boehringer Mannheim, Mannheim, Germany). During the clamp experiment, whole-blood glucose was measured by a Freestyle hand glucose analyzer (Disetronic, Vianen, The Netherlands). All plasma parameters were determined according to the manufacturers' instructions.

#### ***Hyperinsulinemic euglycemic clamp***

Male APOE\*3-Leiden mice fed a high fat diet, fasted overnight (food withdrawn at 05.00 hour p.m.) were given 17 $\beta$ -estradiol (s.c, 100 $\mu$ g/kg) (Sigma, E8875) (n=8) or vehicle (sesame oil, Sigma) (n=9) at 06.00 hour a.m. Six hours after treatment insulin-mediated suppression of endogenous (hepatic) glucose production was studied by performing a hyperinsulinemic-euglycemic clamp analysis using <sup>3</sup>H-D-Glucose as tracer. The clamp analysis and calculations were performed as described previously [26]. After the last blood sample, mice were sacrificed, livers were taken out and immediately frozen using liquid nitrogen and stored at -80°C until further analysis.

### Calculations

Total plasma  $^3\text{H}$ -glucose radioactivity was determined in 10- $\mu\text{l}$  plasma and in supernatants after trichloric acid (20%) precipitation and water evaporation to eliminate  $[^3\text{H}]\text{-H}_2\text{O}$ . The rates of glucose oxidation were determined as previously described [27]. Under steady state conditions for plasma glucose concentrations, the rate of glucose disappearance equals the rate of glucose appearance (Ra; *i.e.* endogenous glucose production plus exogenous D-glucose infusion). Ra glucose was calculated as the ratio of the rate of infusion of  $[^3\text{H}]$  glucose (dpm) and the steady-state plasma  $[^3\text{H}]$  glucose specific activity (dpm/ $\mu\text{mol}$  glucose). The hepatic glucose production was calculated as the difference between the rate of glucose disappearance and the infusion rate of exogenous D-glucose.

### Hepatic lipid analysis

Liver samples were homogenized in PBS. Protein content was measured by BCA protein assay kit (Pierce) at 562 nm. Hepatic lipids were extracted according to Bligh and Dyer [28]. After dissolving the lipids in 2% Triton X-100, the contents of Chol and TG in liver tissues were determined as described above.

Table 2. Primer sequences of genes used for mRNA quantification

Gene	Forward primer	Reverse primer
HPRT	5'-TTGCTCGAGATGTCATGAAGGA	5'-AGCAGGTCAGCAAAGAACTTATAG
FAS	5'-GGCATCATTGGGCACTCC	5'-GCTGCAAGCACAGCCTCT
ACC1	5'-GCCATTGGTATTGGGGCT	5'-CCCGACCAAGGACTTTGTT
SREBP1c	5'-GGAGCCATGGATTGCACA	5'-CCTGTCTCACCCCCAGCA
mER $\alpha$	5'-CTAGCAGATAGGGAGCTGGTTCA	5'-GGAGATTCAAGTCCCCAAAGC
PEPCK	5'-CCATGAGATCTGAGGCCACA	5'-GTATTGCCGAAGTTGTAGCCG
G6P	5'-CAGGTCGTGGCTGGAGTCTT	5'-GACAATACTTCCGGAGGCTGG
GP	5'-GCGGTGACCGGTGTAGCAA	5'-CTTGTCTGGTTCTAGCTCGCTG
PGC1	5'-TTTTTGGTGAAATTGAGGAATGC	5'-CGGTAGGTGATGAAACCATAGCT
PPAR $\alpha$	5'-CCTCAGGGTACCACTACGGAGT	5'-GCCGAATAGTTCGCCGAAA
ACO	5'-GCCACGGAACCTATCTTCA-3'	5'-CCAGGCCCACTTATGGA-3'
Thiolase	5'-GGCAGGTTGTCACGCTACTCA-3'	5'-ATGGATACCACGCCGTAAGC-3'

### Real time quantitative PCR analysis

Total RNA was extracted from liver using TRIzol reagent (Life technologies). Purified RNA was treated with RQ1 RNase-free DNase (Promega, 1 units/ 2  $\mu\text{g}$  of total RNA) and reverse

transcribed with SuperScript II Reverse Transcriptase (Invitrogen) according to the manufacturer's protocol. Quantitative gene expression analysis was performed on ABI prism7700 Sequence Detection System (Applied Biosystems) using SYBR Green as described earlier [29]. PCR primer sets (table 2) were designed via Primer Express 1.7 software with the manufacturer's default settings (Applied Biosystems) and were validated for amplification efficiency. The absence of genomic DNA contamination in the RNA preparations was confirmed in a separate PCR reaction on total RNA samples that were not reverse transcribed. Since HPRT did not respond to the estrogen treatment, it was used as the standard housekeeping gene. The differences in relative gene expression numbers was calculated by  $C_t$  ( $C_{t(HPRT)} - C_{t(target\ gene)}$ ). The data was verified by use of another independent housekeeping gene, cyclophilin.

#### **Statistical analysis**

Results are presented as mean  $\pm$  SD values for the number of animals indicated. Differences between the experimental groups were determined by Mann-Whitney U test. Probability values less than 0.05 were considered significant.

#### **Acknowledgements**

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# 5.

## **Efficient targeting of adenoviral vectors to integrin positive vascular cells utilizing a CAR-cyclic RGD linker protein.**

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## Abstract

Vascular smooth muscle (VSMC) and endothelial cells (EC) are particularly resistant to infection by type 5 adenovirus (Ad) vectors. To overcome this limitation and target Ad vectors to ubiquitously expressed  $\alpha_v\beta_{3/5}$  integrins, we have generated a linker protein consisting of the extra cellular domain of the coxsackie adenovirus receptor (CAR) connected via avidin to a biotinylated cyclic (c) RGD peptide. After optimization CAR to cRGD and to Ad coupling, infection of mouse heart endothelial cells (H5V) could be augmented significantly, as demonstrated by 600-fold increased transgene expression levels. In EOMAs, a hemangioendothelioma-derived cell line, the fraction of infected cells was enhanced 4-6 fold. Furthermore, the fraction of infected primary mouse VSMC was increased from virtually 0 to 25%. Finally, in human umbilical vein endothelial cells (HUVECs), the number of GFP positive cells was enhanced from 2% to 75%. In conclusion, CAR-cRGD is a versatile and highly efficient construct to target Ad vectors to both transformed and primary VSMC and EC.

## Introduction

Recombinant type 5 adenovirus (Ad) vectors are extensively used to modulate gene expression in a wide variety of cells and organs, both *in vitro* and *in vivo*. Part of this popularity can be ascribed to their relatively straightforward generation and amplification to high titers [1]. Ad entry and infection of cells requires at least two distinct interactions. First, attachment of the virus particle occurs via interaction of its fiber knob with the coxsackie adenovirus receptor (CAR) present on the cell surface [2-5]. Second, the Arg-Gly-Asp (RGD) motifs present in the viral penton base will bind to  $\alpha_v\beta_3$  and  $\alpha_v\beta_5$  integrins on the target cell surface and trigger internalization via receptor-mediated endocytosis [6-8]. In addition, recent data have shown the involvement of heparan sulfate glycosaminoglycans (HSGs) in adenoviral entry *in vivo* [9].

Recombinant Ad vectors encoding numerous wild type and mutant genes, as well as short hairpin RNA molecules have been generated. However, the application of Ad vectors in CAR negative cell lines, such as vascular smooth muscle cells (VSMC) and endothelial cells (EC) [10-12], is hampered by low infection efficiencies at low multiplicity of infection (MOI) and Ad associated cytotoxicity at high MOI.

To expand the applicability of Ad-mediated gene transfer, various strategies to modify Ad tropism have been undertaken. In the genetic modification approach, peptide ligands have

been incorporated into the HI-loop of the Ad fiber knob [13-16], added to the C-terminus of the fiber knob [17] or inserted into the hexon protein [18]. However, it is not possible to predict which peptide or protein ligands will be tolerated and do not disturb fiber trimerization and/or capsid function. In addition, for each specific targeting application, rederivatization of the original recombinant Ad vectors is obligatory. Alternatively, bifunctional targeting proteins have been generated consisting of an Ad-binding domain coupled to a peptide or protein that confers a novel specificity [19]. This strategy enables the utilization of existing recombinant Ad vectors, but the generation of the bifunctional targeting protein may require chemical linkage and subsequent purification steps. In addition, Parrot and co-workers have introduced a novel approach to target viral vectors. They launched the concept of metabolically biotinylated vectors [20,21] and demonstrated the utility of the avidin-biotin based system for vector targeting.

Recently we have combined the advantages of the latter two targeting strategies, by developing a bi-functional linker protein that exploited the avidin-biotin concept (Gras, personal communication). This linker protein consists of the extra cellular domain of the CAR fused to chicken avidin, which functions as a universal docking site for biotinylated ligands. It was demonstrated that a biotinylated dA<sub>6</sub>G<sub>10</sub> oligonucleotide coupled to the CAR-Avidin linker confers macrophage specificity (Gras, personal communication). In this study, the CAR-Avidin linker protein is coupled to a biotinylated cyclic RGD peptide (bio-cRGD) to increase infection efficiency of EC and VSMC. This cRGD peptide has a high affinity for  $\alpha_v\beta_3$  and  $\alpha_v\beta_5$  integrins [22], which are expressed ubiquitously on transformed cell lines and most primary cells. It is demonstrated that linking of Ad to the CAR-cRGD targeting construct resulted in a highly significant improvement of infection efficiencies of transformed and primary VSMC and EC at all MOI used.

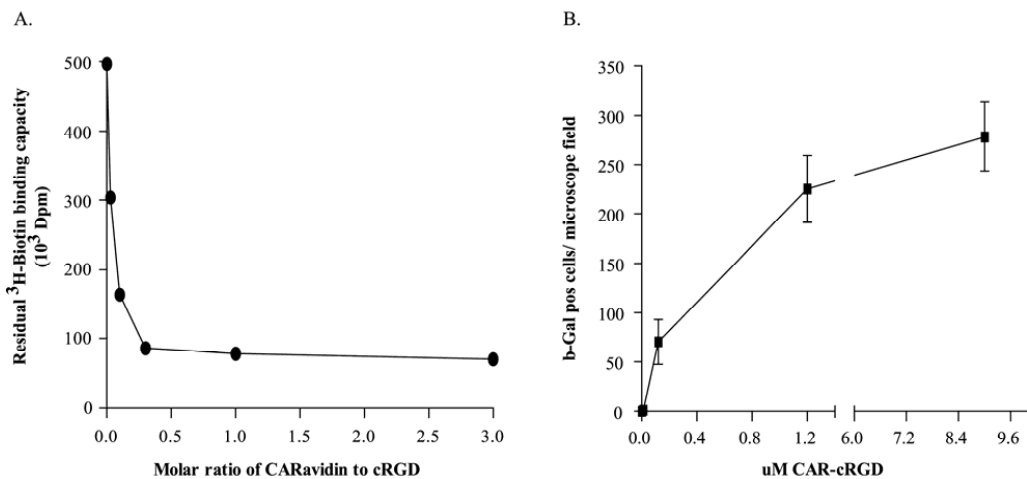
## Results

### Generation and optimization of the adenovirus targeting construct

To target Ad to  $\alpha_v\beta_{3/5}$  integrins, the bi-functional linker protein CAR-Avidin was equipped with the targeting peptide bio-cRGD to yield CAR-cRGD. The optimal ratio of CAR-Avidin to bio-cRGD, resulting in a complete occupation of all available biotin binding sites was determined by a <sup>3</sup>H-biotin binding assay. Figure 1A shows the amount of <sup>3</sup>H-biotin that is still able to bind to CAR-Avidin at a molar ratio of CAR-Avidin to bio-RGD ranging from 1:0.001 to 1:3. At a molar ratio of more than 1:0.3, no residual <sup>3</sup>H-biotin binding capacity could be detected, indicating that at this ratio all biotin-binding sites of CAR-Avidin

were occupied. In all following experiments, a slight excess of CAR-Avidin to bio-cRGD was used (ratio 1:1) to generate the CAR-cRGD targeting construct.

To determine the optimal ratio of Ad to CAR-cRGD targeting construct, a fixed amount of Ad.LacZ was incubated with various concentrations of CAR-cRGD and added to  $\alpha_v\beta_{3/5}$ -positive mouse heart endothelial cells (H5V) [23]. Two days after infection, the cells were fixed and stained for  $\beta$ -galactosidase activity. The number of lacZ positive cells was enhanced in a CAR-cRGD concentration dependent manner (Fig. 1B) ranging from 1-270 positive cells per microscope field. The increase in infection efficiency leveled off at a concentration of 1.2  $\mu$ M CAR-cRGD. Therefore in the subsequent experiments, a concentration of 1.2  $\mu$ M CAR-cRGD was used.



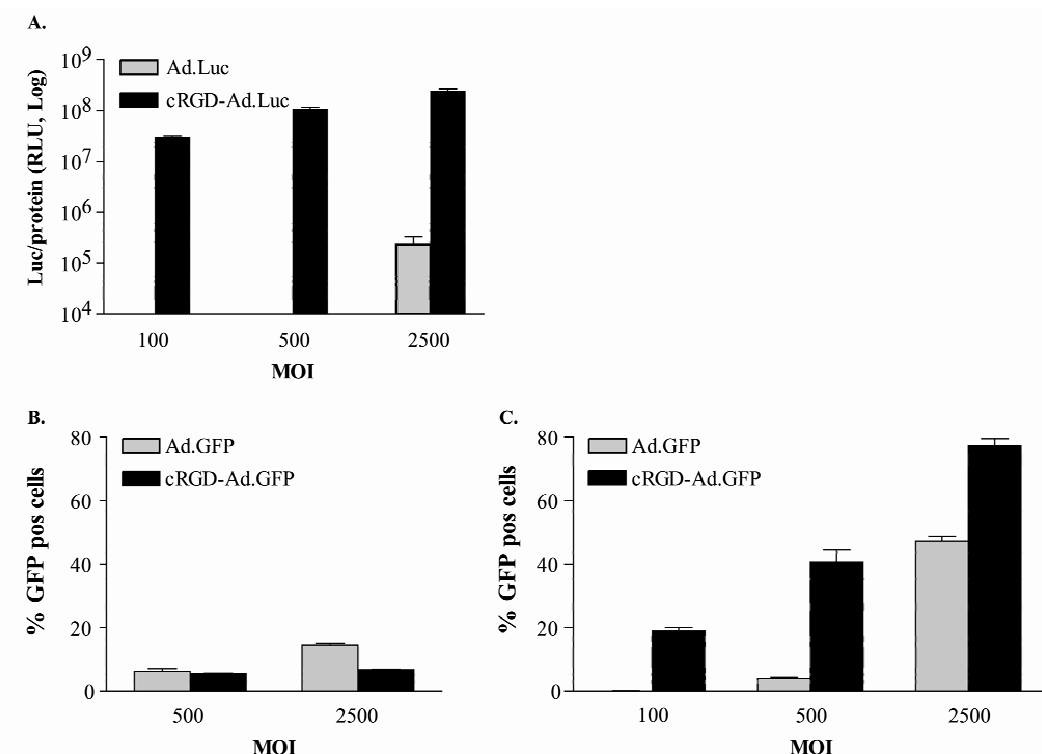
**Figure 1. Optimization of Ad : CAR-Avidin / cRGD ratio**

(A) CAR-Avidin (30 nM) preincubated with different molar ratios of biotin-cRGD was incubated with an excess of  $^3\text{H}$ -biotin. CAR-biotin ( $^3\text{H}$  or -cRGD) radioactivity was counted. (B) Ad.LacZ was preincubated with either BSA (Ad) or with different amounts of the targeting construct, CAR-cRGD (cRGD-Ad) and subsequently added at a titer of MOI 1000 to mouse endothelial cells for 1 hr. Forty hrs post infection, cells were fixed and stained for  $\beta$ -galactosidase activity for 4 hrs. Multiple microscope fields were counted for positive cells. Values represent mean  $\pm$  SD of three samples.

#### cRGD mediated adenoviral gene transfer in CAR deficient and $\alpha_v\beta_{3/5}$ positive cells

The ability of the CAR-cRGD targeting construct to achieve CAR-independent gene transfer was determined in the CAR-negative, but  $\alpha_v\beta_{3/5}$  positive cell line CHO [24]. Near confluent CHO cells were infected with untargeted Ad versus targeted Ad-vectors expressing luciferase (cRGD-Ad.Luc) (MOI 100-2500). 40 hrs after infection, cell lysates were evaluated

for luciferase expression (Fig 2A). As expected, Ad.Luc was incapable of infecting CHO cells even at an MOI of up to 500. In contrast, already at MOI 100, the cRGD-Ad.Luc vector resulted in a 3 to 4 log-fold enhancement of luciferase expression, demonstrating that the cRGD- equipped Ad.Luc achieves gene transfer through a CAR-independent cell entry pathway.

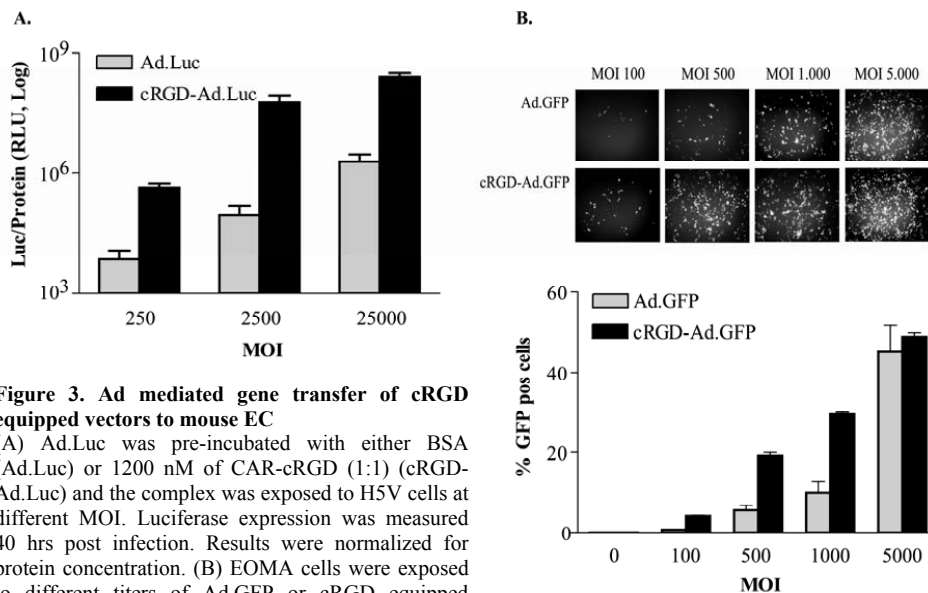


**Figure 2. Analysis of  $\alpha V\beta 3$ -/ $\alpha V\beta 5$ -integrin and CAR dependent gene transfer of cRGD equipped Ad**

(A) CAR-negative CHO cells were exposed for 1 hr to Ad.luc, preincubated with BSA (Ad) or 1200 nM CAR-cRGD (1:1M) (cRGD-Ad) at different MOI. Forty hrs after infection luciferase expression was measured and corrected for protein levels. Values represent mean  $\pm$  SD of three samples. (B) Ramos and (C) K-562 cells were infected with an increasing titer of unmodified Ad (Ad.GFP) or cRGD equipped Ad-vector (cRGD-Ad.GFP). CAR-Avidin was prebound to cyclic RGD at a 1:1 molar ratio and 1200 nM of the complex was incubated with Ad. 24 hrs after infection FACs analysis was performed. Values represent the mean  $\pm$  SD of three samples

The specificity of targeting Ad to  $\alpha V\beta 3/5$  integrins was investigated by comparing gene transfer of Ad versus cRGD-equipped Ad in human leukemia cell lines, Ramos and K-562. In both cell lines moderate levels of CAR are present, however only K-562 cells express  $\alpha V\beta 3$  and  $\alpha V\beta 5$  integrins [25]. Ad.GFP plus or minus cRGD was applied to both cell lines at an MOI ranging from 100 to 2500. After 24 hrs, the cells were monitored for GFP expression by

FACS analysis (Fig 2B and 2C). In both the  $\alpha_v\beta_3$  integrin negative as well as positive cell line, gene transfer mediated by unmodified Ad.GFP was low but dose-dependently increased. In Ramos cells, which do not express  $\alpha_v\beta_3$  integrins, cRGD-mediated gene transfer did not increase infection efficiency at MOI 500, as compared to unmodified Ad. Moreover, at MOI 2500 cRGD-mediated gene transfer remained low, resulting in a significantly lower percentage of GFP positive cells as compared to unmodified Ad.GFP. In contrast, in the  $\alpha_v\beta_3$  integrin positive K-562 cell line, cRGD-mediated gene transfer resulted in an approximately 10-fold increase in the number of GFP positive cells as compared to those infected with untargeted Ad.GFP at all MOIs used. Thus, cRGD-Ad markedly enhanced gene transfer only in the  $\alpha_v\beta_3$  integrin positive K-562 cell line, suggesting that the  $\alpha_v\beta_3$  integrins are involved in the uptake of cRGD equipped Ad vectors.



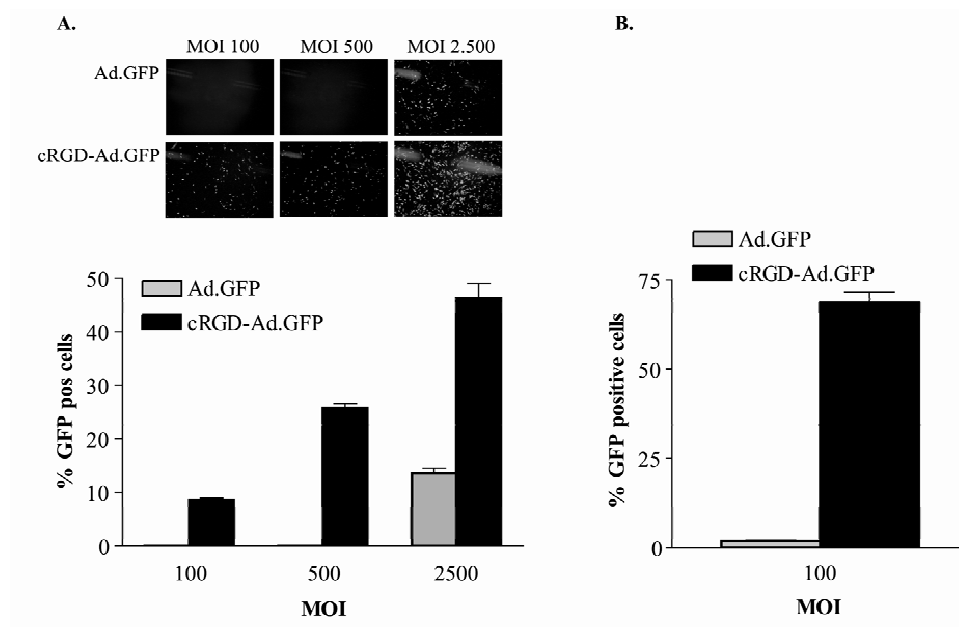
**Figure 3. Ad mediated gene transfer of cRGD equipped vectors to mouse EC**

(A) Ad.Luc was pre-incubated with either BSA (Ad.Luc) or 1200 nM of CAR-cRGD (1:1) (cRGD-Ad.Luc) and the complex was exposed to H5V cells at different MOI. Luciferase expression was measured 40 hrs post infection. Results were normalized for protein concentration. (B) EOMA cells were exposed to different titers of Ad.GFP or cRGD equipped Ad.GFP. cRGD was bound to CAR-Avidin at a 1:1 molar ratio and 1200 nM of the CAR-cRGD conjugate was incubated with Ad.GFP. Values represent mean  $\pm$  SD of three samples

#### Quantification of targeting efficiency in transformed vascular cell lines

The optimized targeting conditions were used to determine the efficiency of Ad-mediated gene delivery to murine vascular cell lines. Mouse heart endothelial (H5V) cells [26] were incubated with increasing concentrations of Ad.Luc or cRGD-Ad.Luc. Luciferase expression levels showed a titer-dependent increase. As compared to gene delivery with untargeted Ad.Luc, cRGD-Ad.Luc showed a 59-fold increased luciferase expression at MOI

250 and a 650-fold increased luciferase expression at MOI 2500 (Fig. 3A). To verify these results, the experiment was reproduced in a second mouse cell line, the hemangioma-derived



**Figure 4. Ad mediated gene transfer of cRGD equipped vectors to primary cells**

(A) Mouse vascular smooth muscle cells and (B) HUVECs were exposed for 1 hr to different MOI of Ad.GFP or to cRGD-Ad.GFP. CAR-Avidin was bound to cyclic RGD at a 1:1 molar ratio and 1200 nM of this complex was incubated with Ad.GFP. Forty hrs after infection FACS analysis was performed. Values represent mean  $\pm$  SD of three samples

#### Quantification of targeting efficiency in primary Mouse VSMs and Human EC

Next, cRGD-mediated Ad targeting to primary vascular cells was examined. Primary mouse VSMC isolated from aorta and HUVECs were infected with either Ad.GFP or Ad.GFP equipped with the CAR-cRGD construct. Two days after infection, FACS analysis was performed to determine GFP expression levels. Primary VSMC were highly resistant to infection, as only 0.02% of the cells were infected with untargeted Ad.GFP (MOI 500) and 13% at high MOI (2500). In contrast, cRGD-Ad.GFP mediated gene transfer resulted in a titer-dependent increase in GFP positive cells up to 46.5% at MOI 2500 (Fig 4A). At MOI 500, this amounted to a 25-fold increased infection efficiency of primary VSMC using cRGD equipped Ad-vectors. Improvement of gene transfer was also tested in HUVECs. Gene transfer using untargeted Ad.GFP resulted in a very low percentage of GFP positive cells



(2%), while cRGD targeting of Ad led to a 36-fold increase (MOI 100) of infected HUVECs (Fig 4B).

## **Discussion**

In the present study, we show that coupling of recombinant Ad vectors to a CAR-cRGD linker protein results in a significantly improved infection efficiency of both transformed and primary VSMC and EC. Conjugation of CAR-cRGD to Ad reporter vectors markedly enhanced gene transfer to the established endothelial cell lines H5V and EOMA (up to 59-fold), as well as to primary HUVEC (36-fold) and VSMC (25-fold). This was associated with a considerable increase in the percentage of infected cells. Thus, the CAR-cRGD targeting construct expands the utility of Ad vectors to CAR-negative cell types that do express  $\alpha_v\beta_3$ - and  $\alpha_v\beta_5$  integrins.

The biotin-avidin based coupling of a ligand to the CAR adaptor molecule is straightforward and highly efficient due to the femtomolar affinity of biotin for avidin [27,28]. As compared to chemical modifications, this obviates the use of complex reaction mixtures and purification steps and enables simple quantification of CAR adaptor concentrations and optimal CAR-Avidin / biotin-cRGD ratios by a  $^3\text{H}$ -biotin binding assay. Moreover, the CAR-Avidin adaptor may be coupled to a wide variety of biotinylatable ligands and has recently been successfully applied to target Ad vectors to macrophages using a biotinylated oligonucleotide (Gras, personal communication).

Application of cRGD-Ad vectors expressing GFP increased the number of infected vascular cells rather than that it boosted gene expression in a limited cell population, as compared with untargeted Ad (Figs 3B, 4A and 4B). Thus, CAR-cRGD mediated targeting of recombinant Ad vectors allows the use of considerably reduced MOIs to obtain near-quantitative gene transfer, thereby decreasing the vector related toxicity. This is particularly important for those cells that are sensitive to Ad-mediated toxicity. For example, only 2% of HUVECs were infected with unmodified Ad.GFP at MOI 100, whereas the same titer of cRGD equipped Ad.GFP resulted in 75% infected cells (Fig. 4B). To obtain a similar level of infection with unmodified Ad.GFP, MOI's >1000 would be required, which coincides with cytotoxicity (data not shown). In addition to a lower virus dose, the near quantitative infection of HUVECs enables the application of Ad vectors encoding inserts that require quantitative infection, such as short hairpin (sh)RNA constructs to knockdown gene function.

$\alpha_v\beta_3$ - and  $\alpha_v\beta_5$  integrins are known to be up-regulated on proliferating EC and subsequently have been exploited as targets to develop anticancer drugs. For this purpose, linear- and cyclic RGD peptides have been developed and used as a targeting moiety to selectively deliver drugs to angiogenic blood vessels [29,30]. Pfaff et al. have shown that a cyclic RGD peptide displayed a higher affinity for  $\alpha_v\beta_3$ - and  $\alpha_v\beta_5$  integrins than the linear RGD peptide [22]. We have confirmed this observation, showing a 4-fold increased  $\beta$ -galactosidase activity utilizing cRGD-Ad vectors compared to linear RGD equipped Ad vectors (data not shown). The mechanism of cRGD-Ad mediated gene transfer was further characterized by infection of cell lines that differ in their expression levels of  $\alpha_v\beta_{3/5}$  integrins and CAR. CHO and K-562 cells, which express  $\alpha_v\beta_{3/5}$  integrins but not CAR, were efficiently transduced by cRGD-Ad vectors. On the other hand, Ramos cells, which do not express  $\alpha_v\beta_{3/5}$  integrins, were almost completely resistant to infection by cRGD targeted Ad vectors. These results demonstrated that the entry route of our CAR-cRGD targeted Ad vectors is CAR independent and most likely mediated via  $\alpha_v\beta_{3/5}$  integrins. Conversely, in all these three cell lines very low infection efficiencies were obtained for untargeted Ad vectors. At the high MOI of 2.500, only the integrin expressing cell lines, CHO and K-562 were infectable. Apparently, at this very high MOI, the local concentration of Ad particles was high enough to bind via their RGD motifs present in the viral penton base to the  $\alpha_v\beta_{3/5}$  integrins and trigger internalization.

In several cell types and tissues which represent important targets for gene therapy, like the vascular system, the expression level of the endogenous adenovirus receptor CAR is low [31-33]. On the other hand,  $\alpha_v\beta_{3/5}$  integrins are abundantly expressed on activated and proliferating EC and VSMC, which are present during angiogenesis, neovascularization, and inflammation [34-36]. *In vitro* the majority of proliferating cells express  $\alpha_v\beta_{3/5}$  integrins. Therefore, the bifunctional linker protein carrying specificity for Ad vectors on the one hand and for  $\alpha_v\beta_{3/5}$  integrins on the other hand greatly expands the applicability of conventional Ad vectors. In addition to providing Ad vectors with a novel tropism, the CAR.cRGD construct likely prevents binding of the Ad vectors to CAR (data not shown) and thus ablates the intrinsic specificity. This may be useful *in vivo*, in applications where CAR mediated uptake is undesired.

In summary, we have demonstrated the feasibility of the CAR.cRGD construct to target Ad-vectors with high efficiency to transformed endothelial cell lines as well as to primary endothelial and smooth muscle cells. It is conceivable that additional Ad resistant and

$\alpha_v\beta_{3/5}$  integrin expressing cell lines and tissues may become amenable to Ad infection via this strategy.

## **Methods**

### ***Cell Culture***

Chinese Hamster Ovary (CHO) cells, H5V (mouse endothelial cell line derived from heart) and EOMA (mouse hemangioma-derived micro vascular cell line) were maintained in Dulbecco's modified Eagle's medium (DMEM) (Gibco BRL). Ramos cells (Burkitt lymphoma cells) and K-562 cells (chronic myelogenous leukemia cells from blast crisis) were cultured in RPMI 1640 medium. All media were supplemented with 10% fetal calf serum, 100 units/ml Penicillin, 100  $\mu$ g/ml Streptomycin and glutamax (Invitrogen). Human umbilical vein endothelial cells (HUVECs) were a generous gift from E Pieterman (TNO Prevention and Health, Leiden The Netherlands) and were isolated as previously described [37,38] and grown in Medium 199 with 10% human serum. Mouse VSMC were isolated from aorta from male C57Bl6 mice as previously described [39] and cultured in DMEM with 10% newborn calf serum (NCS). All cells were maintained at 37 °C in a humidified atmosphere of 5% CO<sub>2</sub>.

### ***Production of recombinant Ad vectors***

Recombinant E1, E3-deleted Ad-vectors expressing beta-galactosidase gene (Ad.LacZ) and firefly luciferase (Ad.Luc) under the control of the cytomegalovirus promoter (CMV) were kindly provided by respectively Dr. Willnow (Houston, USA) and Dr. Hoeben (LUMC, Leiden, The Netherlands). Recombinant adenovirus vector carrying the green fluorescent protein under control of CMV (Ad.GFP) was constructed using the Ad-Easy-1 system as previously described by [40]. Additionally, the viruses were propagated in PERC6 cells as described [41]. The purification process involved two rounds of CsCl ultra centrifugation and dialysis against dialysis buffer (25 mmol/l Tris, 137 mmol/l NaCl, 5 mmol/l KCl, 0.73 mmol/l NaH<sub>2</sub>PO<sub>4</sub>, 0.9 mmol/l CaCl<sub>2</sub>, and 0.5 mmol/l MgCl<sub>2</sub>, pH 7.45) followed by dialysis against the same buffer supplemented with sucrose (50 g/l). Plaque titration was performed on 911 cells according to standard techniques [42]. Aliquots of 50  $\mu$ l virus were stored at -80°C. Generally, virus titers of the stocks varied from 1 x 10<sup>10</sup> to 1 x 10<sup>11</sup> pfu/ml.

### ***Generation CAR-Avidin linker protein***

The CAR-Avidin linker protein was generated by joining a series of PCR-generated fragments. In short, the extracellular domain of the Coxsackie Adenovirus Receptor (CAR) was obtained by PCR using the plasmid pCAR (kind gift of Prof. R. Hoebe, LUMC, Leiden) as template (oligo's: 5'-GCG GCC GCG GGT ACC CAC GGC ACG GCA G-3' and 5'-CTA GCT AGC AGC TTT ATT TGA AGG AGG GAC-3'). The avidin fragment was obtained by RT-PCR on total RNA from chicken fibroblasts with random hexamer oligonucleotides and subsequent PCR using primers 5'-CGC GGA TCC GCC AGA AAG TGC TCG CTG -3' and 5'-CCA TCG ATG GTC ACT CCT TCT GTG TGC G -3'. The CAR fragment was cloned into the pSG8 vector (generous gift of prof. Henk Stunnenberg, Nijmegen, the Netherlands), in front of the VSV and His6 tag. Avidin was cloned in frame into pSG8CAR behind the VSV and His6 tag. All constructs were sequence verified.

### ***Production and purification CAR-Avidin linker protein***

For production Cos-1 cells were transfected with pSG8CAR-Avidin using Fugene6 (Roche, Basel, Switzerland). Forty hours after transfection (serum-free, biotin-free culture medium), the supernatant, containing the linker proteins, was harvested. Linker proteins were purified from the supernatant by immobilized metal affinity chromatography using Talon metal affinity resin (Clontech, Palo Alto, USA). Equilibrated culture supernatant (300 mM NaCl, pH = 7.0 and 20% glycerol) was incubated with Talon, 20 minutes at room temperature. After extensive rinsing (50 mM NaPO<sub>4</sub>, 300 mM NaCl, 20% glycerol, pH = 7.0), resin was pre-eluted (4 volumes; 50 mM NaPO<sub>4</sub>, 300 mM NaCl, 2,5 mM imidazole, 20% glycerol) prior to its elution (10 volumes; 50 mM NaPO<sub>4</sub>, 300 mM NaCl, 150 mM imidazole, 20% glycerol). Presence of linker protein in the purified samples was detected by SDS-PAGE and western blotting analysis using Hybond ECL nitro cellulose membranes (Amersham Biosciences, Buckinghamshire, UK) and antibodies P5D4 ( $\alpha$ -VSV) or  $\alpha$ -Avidin (Abcam, Cambridge, UK). Elution fractions 3 to 5 contained the linker protein and were dialyzed against PBS.

### ***Quantification of CAR-Avidin linker protein***

The linker protein was quantified by a biotin binding assay. 10  $\mu$ l of the linker protein elution fraction or an avidin calibration range of 0.3 - 10 pM avidin was incubated with 0.2  $\mu$ l <sup>3</sup>H-Biotin (Du Pont NEN Research Products, Boston, MA, USA) for 1 hour. The total reaction mixture was applied on a Sephadex G-50 column to separate CAR-Avidin bound biotin from the free biotin. The elution fractions were counted for <sup>3</sup>H-Biotin radioactivity using 5 ml of

Hionic fluor scintillation cocktail (Packard Instrument Co., Perkin Elmer, Boston, MA, USA) in a Packard 1500 TriCarb liquid scintillation analyzer. The summed radioactivity in peak fractions 3 to 5 correlated with the amount of avidin present in the sample ( $R^2 = 0.997$ ). Elution fraction 3, which had the highest concentrations, was used for experiments and stored at  $-80^\circ\text{C}$ . A yield in the order of 900-1000  $\mu\text{g}$  was typical.

#### ***Biotin binding assay***

CAR-Avidin (5  $\mu\text{l}$  of 30 nM) was incubated for 1 hr at RT with bio-cRGD (cdFK( $\epsilon$ -C6-biotin)RGD), from Asynth Service BV (Roosendaal, Netherlands) at molar ratios ranging from 1:0.001 to 1:3, after which 2  $\mu\text{l}$  of  $^3\text{H}$ -Biotin (NEN) was added and the mixture was incubated again for 1 h. To separate the CAR-Avidin-( $^3\text{H}$ - or cRGD-) biotin bounded fractions from free  $^3\text{H}$ -biotin the mixture was applied on a Sephadex G-50 column.  $^3\text{H}$ -Biotin radioactivity in the elution fractions was measured after addition of 5 ml Hionic Fluor scintillation cocktail (Packard Instrument Co) in a Packard 1500 tricarb liquid scintillation analyzer. The summed radioactivity in peak fractions 4 to 6 corresponded to the  $^3\text{H}$ -biotin binding capacity of the CAR-Avidin. This value was plotted for each sample containing different molar ratios of CAR-Avidin to bio-cRGD (1:0.001 to 1:3).

#### ***Infection assay***

24 hours before infection, cells were seeded into 12 wells plates (Greiner). The CHO, H5V and HUVEC at  $4.10^4$ , VSMC at  $6.10^4$ , Ramos and K-562 at  $1.10^5$  and EOMA at  $1.2.10^5$  cells per well. At the day of infection, three wells were trypsed to calculate the number of cells. After that, CAR-Avidin was incubated for 1 hour at RT with bio-cRGD in a total volume of 50  $\mu\text{l}$  PBS. Then, the CAR-cRGD targeting construct was added and incubated for 1 hr with different amounts of Ad.Luc, Ad.GFP or Ad.LacZ. Subsequently 300  $\mu\text{l}$  of cRGD-Ad diluted in PBS/2% horse serum was added to the cells. After 1 hr at  $37^\circ\text{C}$ , the media was changed and infection efficiency was determined 40 hrs after infection. Ramos and K-562 (suspension) cells were washed by centrifugation for 5 min at 1000 rpm in between the incubation steps.

Ad.luc infected cells were lysed in 300  $\mu\text{l}$  reporter lysis buffer (Promega). Luc activity (Promega) and protein content (BCA assay, Pierce) was measured according to the protocol supplied by the manufacturer.

The Ad.LacZ infected cells were washed with PBS and fixed for 5 min at  $4^\circ\text{C}$  in 5.4% formaldehyde, 0.8% gluteraldehyde in PBS after which staining solution (5 mM potassium

ferricyanide, 5 mM potassium ferrocyanide, 0.2 mM MgCl<sub>2</sub>, 0.1% 5-bromo-4-chloro-3-indolyl-  $\beta$ -D-galactoside (X-Gal) in PBS) was added. After 4 hrs LacZ positive cells were visual and scored microscopically.

Ad.GFP infected cells were trypsinized gently, homogenized in PBS supplemented with 2% fetal calf serum and kept on ice until further analysis by flow cytometry (Becton – Dickinson). GFP fluorescence was detected at 530/30 nm FACscan (FL1 channel) following excitation with an argon ion laser source at 488nm. The forward-scatter/side-scatter plot was gated to exclude cellular debris from the analysis. The number of events/FL1 (which reflects the fluorescence intensity) was plotted against the total number of cells, and the percentage of GFP-positive cells was determined. For each sample, 10.000 events were collected.

### Statistical analysis

Results are presented as mean  $\pm$  SD values of three samples. The significance of differences between the experimental groups was calculated using a two-tailed Student's *t* test. The level of statistical significance of the difference was set at  $P < 0.05$ .

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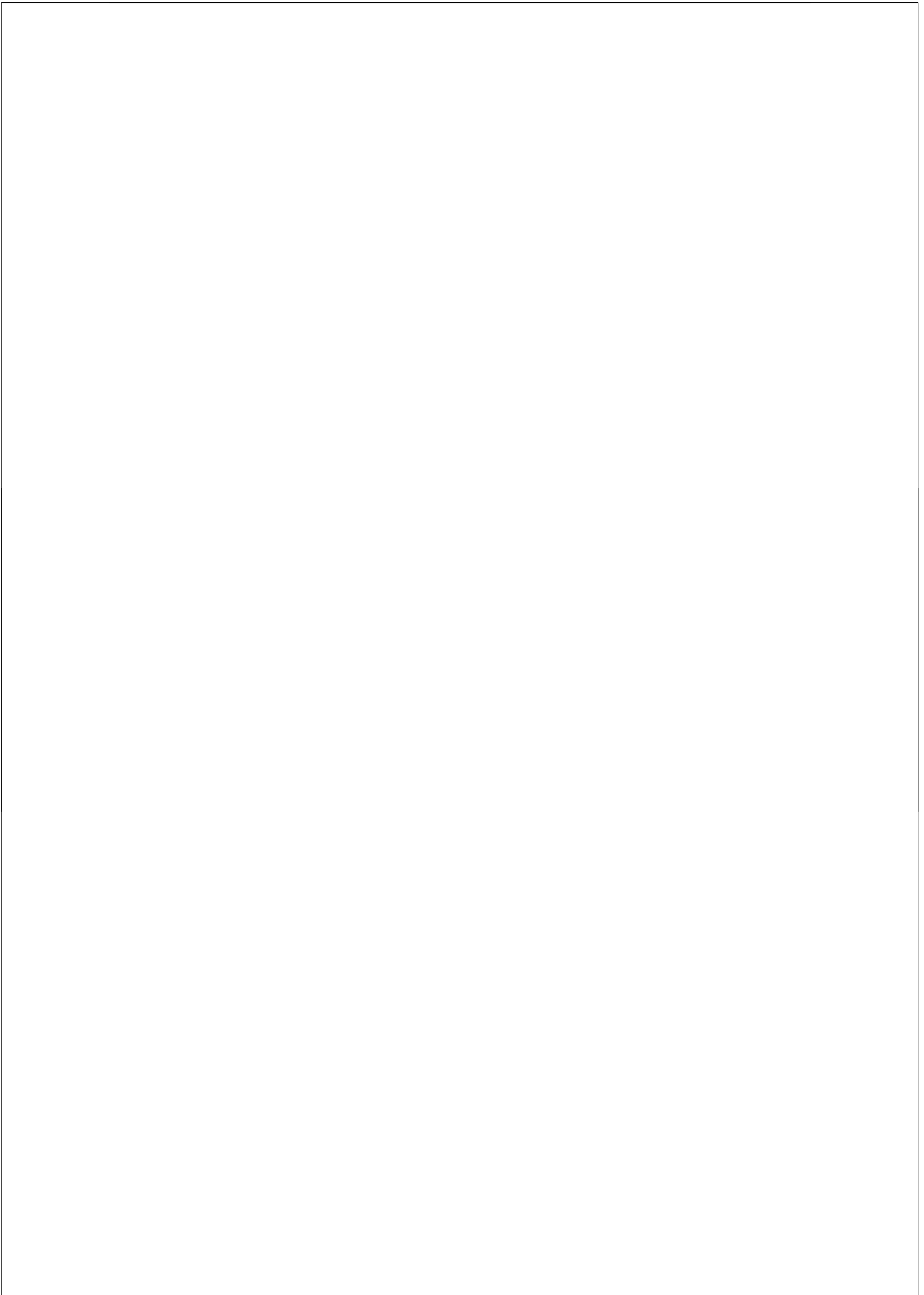
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# 6.

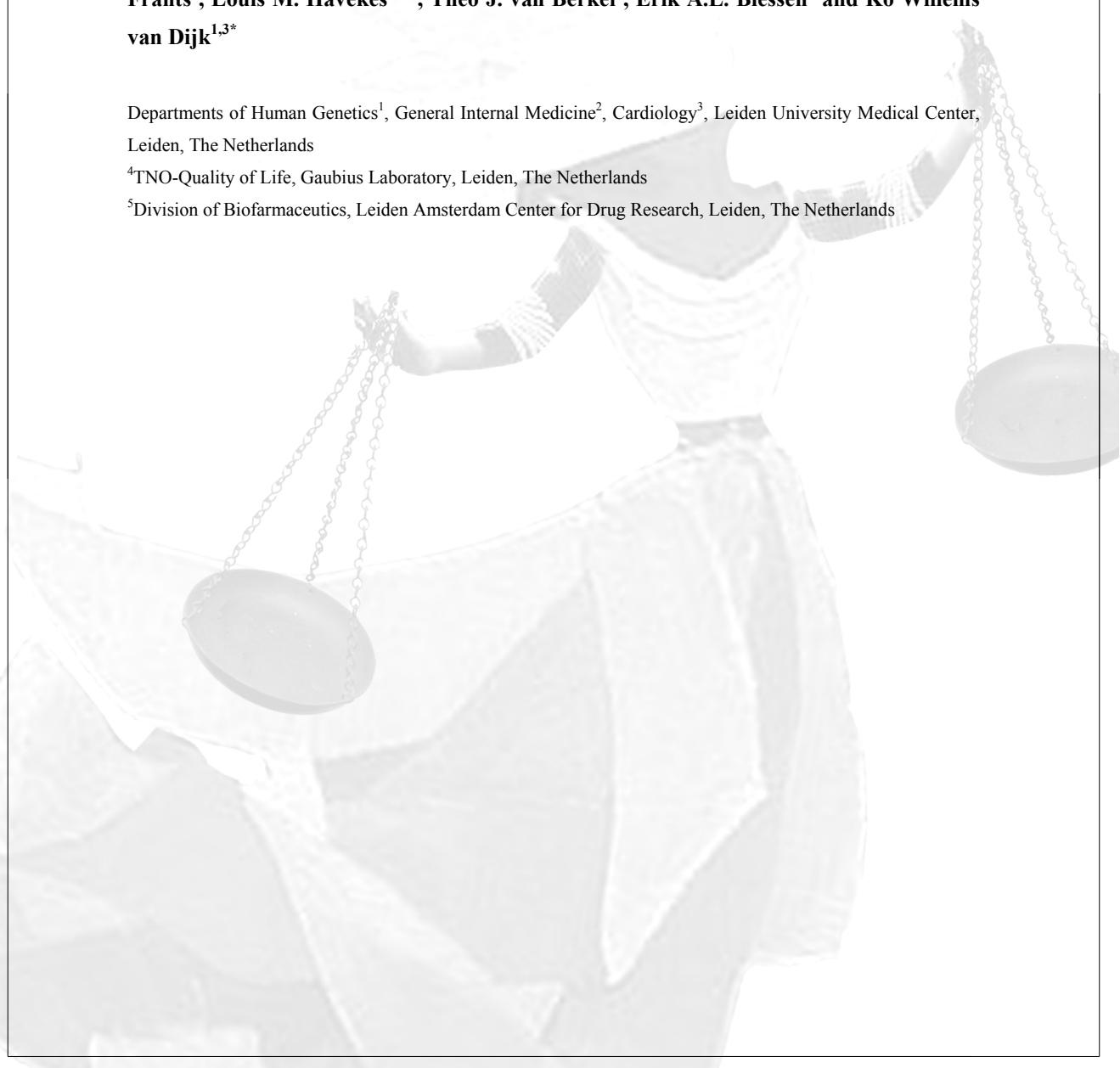
## **Targeting adenovirus vectors reduces liver tropism but does not enhance specific organ uptake.**

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## Abstract

Systemic administration of adenovirus (Ad) vectors results in gene delivery to the liver. To modify Ad vector tropism, we have generated a linker protein consisting of the virus binding domain of the coxsackie adenovirus receptor (CAR) genetically fused to avidin. In association with a biotinylated ligand, this CAR-Avidin linker protein can successfully retarget Ad vectors *in vitro*. Here, we set out to apply this targeting strategy *in vivo*. Two biotinylated peptide ligands were used to, respectively, target integrin  $\alpha_v\beta_{3/5}$  expressing cells and lung endothelium. Systemic administration of both types of targeted Ad vectors resulted in an up to 85-fold reduced hepatic transgene expression. However, neither of the targeted Ad vectors resulted in increased transgene expression in the intended target tissue. Moreover, a substantial portion of the targeted Ad could not be recovered from any of the organs, indicative of efficient Ad neutralization. Indeed we observed that the maximum half-life of Ad in the circulation after systemic lactoferrin treatment, which completely blocks hepatic Ad uptake was 8' as compared to 6' for untargeted Ad suggesting the presence of efficient extrahepatic elimination pathways. Apparently, rapid neutralization of targeted Ad in the circulation efficiently prevents uptake by target organs other than the liver.

## Introduction

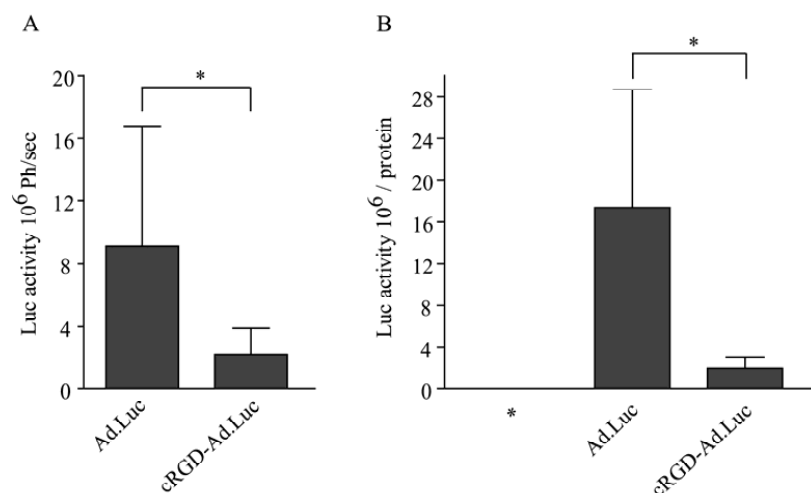
Adenovirus (Ad) mediated gene transfer is widely used as a powerful method to modulate gene expression *in vitro* and *in vivo* (reviewed by [1]) The vast majority of Ad used to date involves serotype 5 (Ad5). Application of Ad5 vectors is dependent on the expression of the cognate receptor, the Coxsackie Adenovirus Receptor (CAR) by the target cell [2,3]. Infection of CAR deficient cells, such as many tumours, endothelial and hematopoietic cells, with Ad vectors is very ineffective and can be achieved only at high multiplicities of infection. Thus efficient infection of these cells requires modulation of Ad tropism.

*In vitro*, several targeting approaches have been proven successful. In one of the strategies the capsid protein is genetic modified by inserting peptide ligands [4-22]. Another approach for targeting Ad vectors is based on conjugates. Here, the vector is equipped with a bifunctional adapter molecule able to bind the virus on the one hand and a marker protein on the target cell on the other hand [23]; (reviewed by [24]) [25-28]; (reviewed in [29]) The adapter can either associate with the native virus or with chemically or genetically modified capsid proteins. This targeting approach is more versatile than the genetic modification based

strategy, as it results in a flexible targeting system able to confer/ accommodate infection of a variety of cell types via the addition of different ligands.

Recently, we described the generation and *in vitro* characterization of linker protein CAR-Avidin for the targeting of Ad5 to alternative cell types. This linker protein consists of the virus-binding moiety of the endogenous receptor CAR, genetically fused to the biotin-binding moiety of avidin. Equipping CAR-Avidin with the oligodeoxy nucleotide ligand dA<sub>6</sub>dG<sub>10</sub> or the cyclic peptide ligand GRGDSP (cRGD) resulted in efficient targeting *in vitro* of both transformed and primary macrophages [30] and to both transformed and primary vascular smooth muscle and endothelial cells [31], respectively. The aim of the current study was to determine whether *in vivo* targeting of Ad vectors to extrahepatic tissue such as carotid artery or alveolar cells, can be effected via the CAR-Avidin linker protein.

## Results



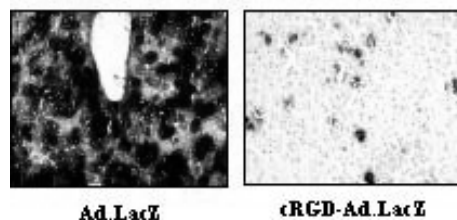
**Figure 1. Effect of cRGD mediated targeting of adenovirus on luciferase expression in the liver.** (A) Female C57Bl/6 mice received  $2 \times 10^9$  pfu Ad.Luc (i.p.). After 96 hours luciferin (150 mg/kg) was administered by i.p. injection and bioluminescent signals were recorded under full anesthesia for 1 minute. Data are presented as cumulated photon counts. (B) Liver lysates were prepared by homogenisation and subsequent freeze-thawing. Supernatants were used for determining luciferase activity using. Luciferase activity was corrected for protein concentration using BSA as standard.  $P < 0.05$  is indicated by an asterix.

### Systemic administration of cRGD equipped Ad into mice.

To examine the capability of integrin targeted Ad vectors to mediate extrahepatic gene transfer and reduce the liver uptake normally seen after systemic application of Ad, either

untargeted Ad expressing luciferase (Ad.Luc) or Ad.Luc equipped with CAR-Avidin-cRGD (cRGD-Ad.Luc) was injected intravenously into mice. Two and four days after injection, *in vivo* gene transfer was monitored *in situ* via a high resolution CCD camera. Luciferase expression accumulated in time and was solely observed in the liver and not in other organs of both the Ad.Luc as well as cRGD-Ad.Luc treated mice. Compared to Ad.Luc treated mice, luciferase expression was decreased 3-fold in mice that had received cRGD-Ad.Luc (Fig. 1A). Because layers of tissue may limit photon emission from inner organs, luciferase activity was also measured in liver lysates. These data confirmed that the liver had indeed been infected and that transgene expression by liver was considerably reduced after cRGD targeting (11.5 fold;  $P < 0.01$ ) (Fig 1B).

To determine whether the decreased luc activity after targeting was caused by a reduction in the percentage of infected cells and not only by a reduction of virus particles entering a cell, untargeted Ad expressing  $\beta$ -galactosidase (Ad.lacZ) or targeted Ad.LacZ (cRGD-Ad.LacZ) was injected systemically. Four days after intravenous administration,  $\beta$ -galactosidase staining of the livers of mice that had received cRGD-Ad.LacZ revealed only 1% LacZ<sup>+</sup> cells. In comparison, approximately 80% of hepatic cells stained positive for  $\beta$ -galactosidase Fig. 2). In addition, with cRGD targeted Ad the cellular staining intensity seemed to be quenched as compared to untargeted Ad (Fig. 2).

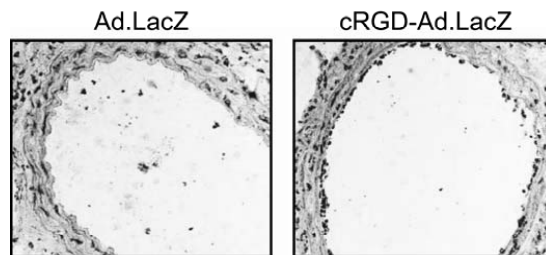


**Figure 2. Effect of cRGD mediated targeting of adenovirus on  $\beta$ -galactosidase expression in the liver.** Female C57Bl/6 mice received cRGD-Ad.LacZ or untargeted Ad.LacZ ( $1 \times 10^9$  pfu; i.v. injection). Five days after infection mice were sacrificed, livers were excised and cryosections were made and stained for  $\beta$ -galactosidase or with hematoxylin/ eosin.

#### Administration of cRGD equipped Ad to mice with carotid artery injury.

To determine whether the endothelium constituted a barrier to infection, a carotid artery segment was injured by guide wiring prior to systemic virus administration. The guide wire injury will result in activation of flanking endothelial cells and medial vascular smooth muscle cells (VSMC) and subsequently in an increase in  $\alpha_v\beta_3/5$  integrin expression. Systemic administration of cRGD-Ad.LacZ 1 or 5 hours after denudation of the internal carotid artery did not result in an increased amount of LacZ<sup>+</sup> cells in the vessel wall (data not shown). Because the anatomical position of the carotid artery could be incompatible with the

dynamics of Ad infection, we also administrated Ad focally by instillation in an uninjured or a denuded carotid artery segment. Similar to above, cRGD equipped Ad vectors did not enhance transgene expression in intact endothelium nor in denudated vessels (Fig 3).

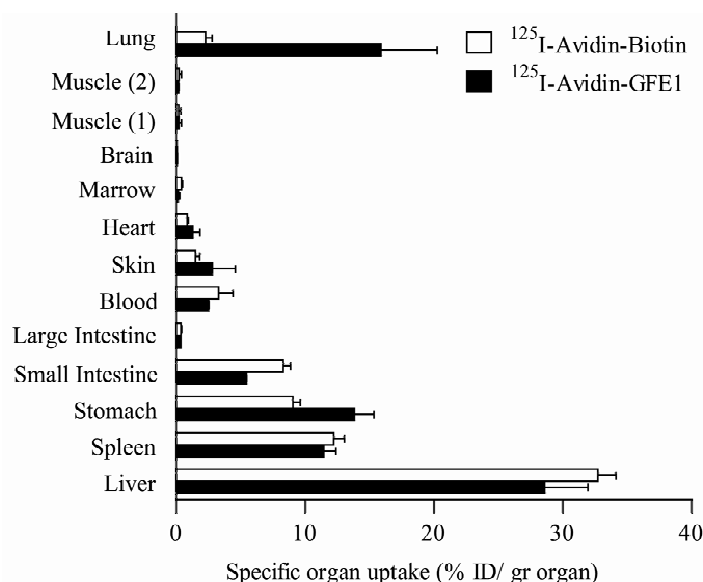


**Figure 3. Effect of cRGD mediated targeting of adenovirus on LacZ expression in the vessel wall.** The right common carotid artery of ApoE<sup>-/-</sup> mice was denuded by 3 rotational passes of a 0.36 mm guide wire. Subsequently, Ad ( $1.5 \times 10^9$  pfu) was instilled into the denuded common carotid artery segment via the external carotid artery after prior ligation of the common carotid artery proximal and distal to the bifurcation point. The Ad was left in situ for 15' and removed. Five days after infection mice were sacrificed, tissues were isolated and cryosections of the common carotid arteries were stained for  $\beta$ -galactosidase or with hematoxylin/ eosin.

### Lung specific targeting of Ad vectors.

To determine whether Ad retargeting would be successful with an alternative ligand for a more accessible organ, we have explored the potential of a lung specific peptide, GFE1 [32], in CAR-Avidin aided gene transfer in vivo. First, biodistribution to the lung of this peptide was

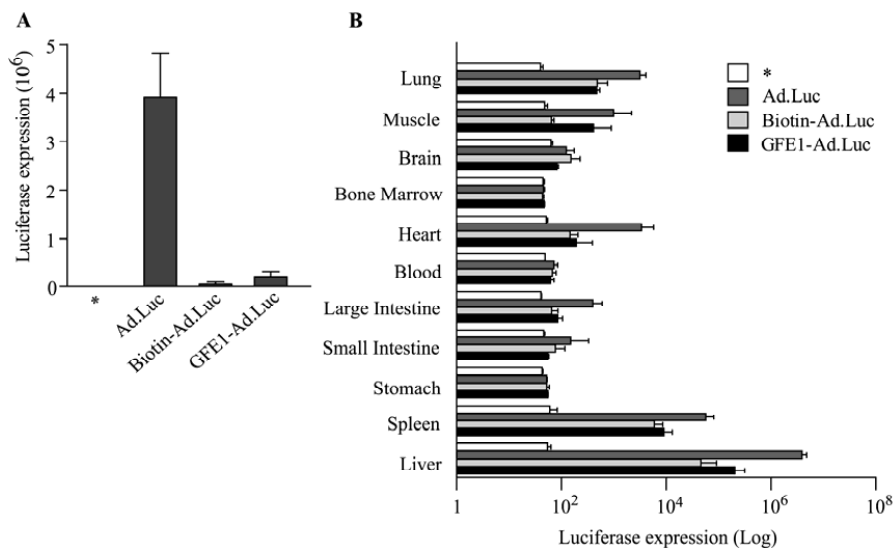
confirmed by systemic administration of biotinylated GFE1 coupled to  $^{125}$ I labelled avidin. Figure 4 shows the specific organ uptake of the avidin $^{125}$ I bound peptide 1 hour after systemic injection. Biotin was included as a negative control. As expected and



**Figure 4. Biodistribution of  $^{125}$ I-Avidin-GFE1 after intravenous injection into mice.**  $^{125}$ I-avidin-biotin or  $^{125}$ I-avidin-GFE1 (molar ratio of 1: 1; 156749 dpm, in 100  $\mu$ l PBS) was injected intravenously into female C57Bl/6 mice. Tissue distribution was determined 1h after injection. Tissue accumulation is expressed as % of the injected dose per gram wet tissue and was corrected for radioactivity associated with tissue-entrapped plasma.



already reported by Trepel et al., avidin bound GFE1 showed a much higher lung uptake than the biotin control (7-fold increase). Second, Ad.Luc was equipped with GFE1 (GFE1-Ad.Luc) for *in vivo* application. Biotin saturated CAR-Avidin (biotin-Ad.Luc) and untargeted Ad.Luc served as control. Five days after systemic injection, luciferase activity was determined in different organs. In comparison to Ad.Luc administration, the mice treated with biotin-Ad.Luc and GFE1-Ad.Luc displayed an 85- and 19- fold reduction in hepatic luciferase activity, respectively (Fig. 5A). Figure 5B shows the overall organ distribution of the luciferase expression after administration of GFE1-Ad.Luc, biotin-Ad.Luc or Ad.Luc. In most tissues, including lung, luciferase expression was found to be lower in the GFE1-Ad.Luc than when in Ad.Luc treated mice. Thus, similar to the results obtained with the cRGD ligand, the GFE1 peptide did not enhance specific organ uptake.

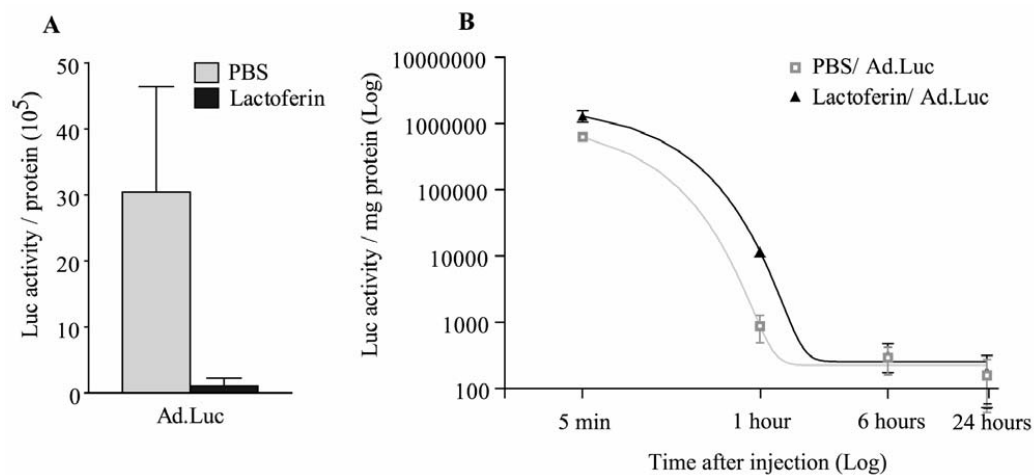


**Figure 5. Effect of GFE1 mediated targeting of adenovirus on biodistribution luciferase expression.** (A) untargeted Ad.Luc, biotin-Ad.Luc or GFE1-Ad.Luc were systemically administered to female C57Bl/6. Liver lysates were prepared 120 hours after infection by homogenisation and subsequent freeze-thawing. Supernatants were used for determining luciferase activity. (B) The organ distribution profile of luciferase expression 120h after i.v. administration of GFE1-Ad.Luc, biotin-Ad.Luc, untargeted Ad.Luc or buffer (uninfected) to female C57Bl/6 mice is plotted. Mind the logarithmic X-axis.

#### Determining Ad stability *in vivo*.

As the previous experiments made clear, a substantial portion of Ad could not be recovered from any of the organs, therefore *in vivo* kinetics studies were performed.

Untargeted Ad.Luc had a half-life of approximately 6 minutes *in vivo* (fig. 6A) and was efficiently cleared by the liver resulting in efficient infection. When animals were pre-treated systemically with lactoferrin, hepatic uptake of Ad virus particles was nearly completely blocked (fig. 6B). Under these conditions however, half-life of untargeted virus was only increased to 8 minutes (fig. 6A). This relatively minor increase in half-life indicates that neutralization of virus in the systemic circulation is extremely fast.



**Figure 6. Effect of systemic lactoferrin treatment on Ad half-life after i.v. administration.** (A) Mice received bovine lactoferrin (i.v., 70mg/kg) (grey line, triangles) or PBS (black line, squares) 2 minutes before Ad.Luc ( $1.5 \cdot 10^9$  pfu) administration. Presence of circulating infectious particles was determined by blood sampling and subsequent incubation of the samples on AT3 cells. Luciferase activity in AT3 cells is corrected for protein concentration and plotted against the time of blood sampling. (B) Luciferase activity in livers of mice determined 5 days after lactoferrin and Ad.Luc administration. Luciferase activity was determined as previously mentioned.

## Discussion

In this paper we report our efforts to target adenovirus vectors to alternative cell types *in vivo*. Ad linked to either the integrin binding peptide cRGD [33,34] or the lung specific peptide GFE1 [32] via CAR-Avidin was able to reduce liver uptake after systemic administration. While cRGD-Ad has already been shown to be effective in delivering genes to vascular cells *in vitro* [14,35] and GFE1 was demonstrated to be lung specific *in vivo*, neither cRGD-Ad nor GFE1-Ad was able to increase transgene expression by respective target tissue *in vivo*. In addition we demonstrate that the half-life of adenovirus in blood is rather short even after ablation of liver uptake by lactoferrin suggesting that other elimination pathways are functional in the clearance of adenovirus. This could contribute to the apparent failure of efficient target organ uptake *in vivo*.

Because of the clinical relevance, efficient *in vivo* targeting – in other words enhanced target organ uptake and quenching of the intrinsic tropism - of Ad vectors is highly desired. Though attempted extensively, successful targeting of Ad *in vivo* is limited to local [36-38] or intra-organ injections [39] of the virus. To our knowledge, increased target organ uptake of Ad after systemic injection has only been shown by Izumi and colleagues [40], who administered engineered Ad.luc containing CD40 on their fiber proteins in transgenic mice with lung vasculature specific CD40 expression. The detour Izumi took to accomplish retargeting demonstrates the difficulty in retargeting Ad *in vivo*.

In the current paper we succeeded in efficiently reducing liver uptake by applying the CAR-Avidin linker protein equipped with ligands for alternative receptors to Ad. Apparently, the CAR-Avidin linker protein is capable of blocking the interaction of Ad fiber knob with its natural receptor, CAR. As both untargeted Ad and cRGD-Ad were from the same batch, we can exclude that batch-related factors are underlying the observed phenomena. Parallel *in vitro* studies confirmed that the cRGD Ad complexes were still functional, as they significantly enhanced gene transfer to vascular cells *in vitro*. Moreover, electron microscopy studies revealed that cRGD equipped Ad did not form large aggregates >100-150 nm, that are unable to penetrate the fenestrae in the liver (data not shown). Thus, a major requirement for successful retargeting of Ad vectors to specific cell and tissue targets has been achieved.

To redirect Ad vectors we have linked cRGD to Ad vectors via the CAR-Avidin linker protein. This peptide was shown to display a high affinity for  $\alpha_v\beta_{3/5}$  integrins expressed on activated (angiogenic) endothelial cells and has been widely exploited in for targeting strategies of Ad [33,34] and other drug carriers i.e. liposomes [41]. In the current study, cRGD equipped Ad vectors have been used to target mechanically injured carotid arteries. Unfortunately, cRGD-Ad failed to infect both quiescent endothelial cells as well as activated endothelial cells flanking the site of injury after systemic administration *in vivo*. Furthermore, medial vascular smooth muscle cells at the site of injury were not infected as well. Since erythrocytes ubiquitously express integrins  $\alpha_v\beta_3$  and  $\alpha_v\beta_5$  it is conceivable that the cRGD ligand is an inappropriate targeting molecule for systemic application, and this could explain our negative results. This is in line with findings of Haubner and colleagues [42], who have investigated several RGD based compounds. Interestingly, we were unable to detect any infection of vascular cells by cRGD-Ad even after local incubation in the absence of erythrocytes, suggesting that erythrocyte scavenging cannot be held accountable for the lack of vascular targeting by Ad *in vivo*. Several studies have demonstrated enhanced  $\alpha_v\beta_{3/5}$  expression on endothelial and vascular smooth muscle cells after injury [43-45]. However,

$\alpha_v\beta_{3/5}$  mediated uptake is relatively slow and we cannot exclude the possibility that the time frame of upregulation of  $\alpha_v\beta_{3/5}$  expression is incompatible with the currently applied infection protocol.

To avoid the possibility of erythrocyte mediated sequestration of cRGD-Ad or poor transendothelial permeation, a lung specific targeting moiety was used. The lung is a relatively large organ with high blood flow and thus easily accessible. Our targeting moiety was proven to be effective, since iodinated avidin-bioGFE1 was specifically taken up by lung. Nevertheless, the GFE1-Ad did not enhance transgene expression in the lung. It is possible that the in vivo stability of the ad vector and/or the local lung-specific blood flow conditions are incompatible with the attachment and uptake of the virus particles by the target cells.

Completely blocking liver uptake with lactoferrin had no dramatic effect on the half-life of the untargeted virus (only a 33% increase). Due to the high blood flow through the liver (24% of the cardiac output) the slightly prolonged retention in the blood is probably not sufficient for the aimed target organs to take up the virus. Upon inhibition of liver uptake, Ad is rapidly neutralized by erythrocytes through binding of RGD motives to  $\alpha_v\beta_3$ /  $\alpha_v\beta_5$ . This compromises virus stability after intravenous administration. So any retargeting approach will have to compete with systemic neutralization, and apparently the two ligands we have selected are not capable of doing this.

In conclusion CAR-Avidin has shown to efficiently detarget Ad from the liver upon equipping the Ad with novel ligands. This decrease in liver tropism however, was not accompanied by an increased transgene expression in novel target cells.

## Methods

### Cells

Cos-1, H5V and EOMA cells were cultured in DMEM (Invitrogen, Carlsbad, CA, USA) supplemented with 10% FCS (Invitrogen), 100 units/ ml Penicillin (Invitrogen), 100  $\mu$ g/ml Streptomycin (Invitrogen) and glutamax (Invitrogen). Mouse VSMC were isolated from aorta from male C57Bl6 mice as previously described [46] and cultured in DMEM with 10% newborn calf serum (NCS). One day prior to transfection Cos-1 cells were detached from plastic with 1% Trypsine/ 10 mM EDTA in PBS and seeded to 50% confluency. Cells were cultured in a humidified atmosphere of 5% CO<sub>2</sub>

### ***Production of recombinant Ad vectors***

Recombinant E1, E3-deleted Ad-vectors expressing beta-galactosidase gene (Ad.LacZ) and firefly luciferase (Ad.Luc) under the control of the cytomegalovirus promoter (CMV) were kindly provided by respectively Dr. Willnow (Houston, USA) and Dr. Hoebe (LUMC, Leiden, The Netherlands). Additionally, the Ad vectors were propagated in PERC6 cells as described [47]. The purification process involved two rounds of CsCl ultra centrifugation and dialysis against dialysis buffer (25 mmol/l Tris, 137 mmol/l NaCl, 5 mmol/l KCl, 0.73 mmol/l NaH<sub>2</sub>PO<sub>4</sub>, 0.9 mmol/l CaCl<sub>2</sub>, and 0.5 mmol/l MgCl<sub>2</sub>, pH 7.45) followed by dialysis against the same buffer supplemented with sucrose (50 g/l). Plaque titration was performed on 911 cells according to standard techniques [48]. Aliquots of 50 µl virus were stored at -80°C. Generally, virus titers of the stocks varied from  $1 \times 10^{10}$  to  $1 \times 10^{11}$  plaque forming units per ml (pfu/ml).

### ***Production, purification and characterization of the linker protein***

The CAR-Avidin linker protein was produced, purified and characterized as previously described [30]. In short: CAR-Avidin was produced by transient transfection of Cos-1 cells with pSG8CAR-Avidin using Fugene6 (Roche, Basel, Switzerland) under serum free conditions. Thirty two hours after transfection the linker protein was harvested and purified from the supernatant by immobilized metal affinity chromatography using Talon metal affinity resin (Clontech, Palo Alto, USA). Culture supernatant was equilibrated (addition of 5M NaCl to an end concentration of 300 mM NaCl, pH was adjusted to 7.00 using 50% HCl in PBS, 100% glycerol was added to an end concentration of 20% glycerol) and incubated for 20 minutes at room temperature with Talon. After extensive rinsing with buffer (50 mM NaPO<sub>4</sub>, 300 mM NaCl, 20% glycerol, pH = 7.0), washing with 4 volumes pre-elution buffer (50 mM NaH<sub>2</sub>PO<sub>4</sub>, 300 mM NaCl, 2.5 mM imidazole, 20% glycerol) the resin was eluted with 10 volumes elution buffer (50 mM NaH<sub>2</sub>PO<sub>4</sub>, 300 mM NaCl, 150 mM imidazole, 20% glycerol). SDS-PAGE and western blotting analysis of all purification steps and elution fractions showed that the linker protein was only present in elution fractions 3 to 5 that were subsequently extensively dialyzed against PBS and used in all experiments. The concentration of the active component was determined in the biotin binding assay as previously described using avidin (Sigma Aldrich, St Louis, MO, USA) as standard.

### ***Ligands***

The lung specific GFE1 peptide (CGFECVRQCPERC;<sup>[32]</sup>) was synthesized as N-terminally biotinylated peptide by standard Fmoc based solid-phase chemistry and provided by J.W. Drijfhout (LUMC, Leiden, The Netherlands). The quality was checked by high resolution LC-MS mass spectroscopy. The bio-cRGD (cdFK(e-C6-biotin)RGD) was obtained from Asynth Service BV (Roosendaal, Netherlands),

#### ***Targeting conditions***

CAR-Avidin and peptide ligands were incubated at a 1: 1 molar ratio for 1 hour at room temperature, as was determined in previous experiments [30,31]). Complex formation of adenovirus and CAR-Avidin-*ligand* was facilitated by incubating CAR-Avidin-*ligand* at a concentration of 50 nM with the appropriate amount of virus for 1 hour at room temperature.

#### ***Bioluminescent reporter imaging***

12 wks old female C57Bl/6Jlco mice (Charles river, The Netherlands), fed standard chow diet (Hope Farms, Woerden, NL) *ad libitum*, were injected with Ad.Luc ( $2 \times 10^9$  pfu). Bioluminescent signals were determined 4 days after Ad injections using the Xenogen IVIS imaging system (IVIS 100). Approximately 5 minutes before imaging the living mice were injected luciferin, (150 mg/kg) intraperitoneally (ip). The mice were anaesthetized with isoflurane/oxygen and placed on the imaging stage. Total photon emission of each animal was acquired for 1 minute. Captured images were quantified using the Living Image software (Xenogen Corp, Alameda, CA) and the IGOR software (WaveMetrics Corp, Lake Oswego, OR). Bioluminescence from the region of interest was expressed via a pseudo color scale (Red most intense and Blue least intense luminescence) and data were presented as the cumulative photon counts collected within each region of interest. Because layers of tissue may limit photon emission from inner organs, 4 days after Ad injection the livers of mice were dissected to verify the results from the bioluminescent reporter imaging experiment by determination of the luciferase activity in liver lysates

#### ***Luciferase enzymatic assay***

The liver extracts were prepared by homogenisation with the minibead beater in reporter lysis buffer (Promega), two cycles of freeze-thawing and 2 min. of centrifugation at maximum speed. Supernatants were used for determining protein-normalized luciferase activity by adding 100 µl luciferyl-CoA (Promega) to 20 µl of liver extract in a monolight luminometer

(BD Biosciences). Protein content was measured in a 96-well microtiter plate using the BCA protein assay kit (Pierce). Absorbance at 562 nm was determined in a microplate reader.

#### **Local gene transfer**

9-10 weeks old ApoE<sup>-/-</sup> mice, fed regular chow diet *ad libitum*, were used for the local gene transfer studies. Local gene transfer was ensured using a procedure developed by Von der Thüsen [49] In short: with use of a midline neck incision, the left external carotid artery was looped proximally and tied off distally with 6-0 silk suture (Ethicon). Additional 6-0 silk ties were looped round the common and internal carotid arteries for temporary vascular control during the procedure. A transverse arteriotomy was made in the left external carotid artery, and a 0.36-mm flexible angioplasty guidewire was advanced by 1 cm via a transverse arteriotomy of the external carotid artery, and endothelial denudation of the common carotid artery was achieved by 3 rotational passes. In one experiment, the animals were inoculated i.v. with  $1.5 \times 10^9$  pfu of Ad.LacZ or cRGD-Ad.lacZ in 200  $\mu$ l of phosphate buffered saline one and five hours after denudation. In a second experiment, immediately after angioplasty, 10  $\mu$ l of adenoviral suspension ( $1.5 \times 10^9$  pfu/ml) was instilled into the right common carotid artery via the external carotid. The suspension was left *in situ* for 10 min and was subsequently drawn off before ligation of the external carotid and closure of the skin wound with silk sutures.

#### **Tissue harvesting and histological analysis**

Five days after Ad incubations, carotid artery specimens were obtained and transverse 5  $\mu$ m cryosections prepared after *in situ* perfusion fixation with formalin as described [50]. Cryosections were routinely stained with hematoxylin (Sigma Diagnostics) and eosin (Merck Diagnostica, Darmstadt, Germany).  $\beta$ -Galactosidase was demonstrated by incubation with staining solution (5 mM potassium ferricyanide, 5 mM potassium ferrocyanide, 0.2 mM MgCl<sub>2</sub>, 0.1% 5-bromo-4-chloro-3-indolyl- $\beta$ -D-galactoside (X-Gal) in PBS) at 37°C O/N. Sections were stained immuno histochemically with antibodies against  $\alpha$ -SM-actin (clone 1A4; diluted 1:500; Sigma) and CD31(rat anti-mouse, BD pharmlingen; diluted 1:200). To detect specific Ab binding goat anti-mouse IgG peroxidase conjugate (dilution 1:100; Nordic, Tilburg, the Netherlands) was used as secondary antibodies, with 3,3'-diamino-benzidine, nitro blue tetrazolium as enzyme substrates (all Sigma) and for CD31 the ABC-AP kit and Vector-Red Substrate was used (Vector laboratories).

### ***Biodistribution of GFE1***

Recombinant avidin (SIGMA, St. Louis, USA) was radioiodinated at pH 10.0 with carrier free  $^{125}\text{I}$  according to a modification [51] of the ICI method [52]. Free  $^{125}\text{I}$  was removed by Sephadex G-25 gel filtration. GFE1 was incubated with  $^{125}\text{I}$ -Avidin at a molar ratio of 1: 1. For the *in vivo* bio-distribution experiments, 10-12-wk-old female C57Bl/6 mice of weight 22-24 g from Broekman Instituut BV (Someren, The Netherlands) were used and fed *ad libitum* with regular chow diet. Mice were anaesthetized by subcutaneous injection of ketamine (75 mg/kg, Eurovet), droperidol (1 mg/kg), fluanisone (0.75 mg/kg), and fentanyl (0.04 mg/kg) (all from Janssen-Cilag, Beerse Belgium). Mice were injected with indicated ligand via the tail vein. One hour after injection the experiment was terminated, organs were removed and the organ bound radioactivity determined.

### ***Bio-distribution of targeted Ad***

For the *in vivo* virus bio-distribution experiments, 10-12-wk-old female C57Bl/6 mice of weight 22-24 g from Broekman Instituut BV (Someren, The Netherlands) were used and fed *ad libitum* with regular chow diet. On day 0, mice were injected with  $1 \times 10^9$  pfu of the appropriately targeted Ad.Luc or 100  $\mu\text{l}$  PBS in case of the uninfected control. Five days after injection, the experiment was terminated, the organs were removed and snap frozen in liquid nitrogen. Proteins were isolated after homogenisation of organ samples and subsequent solubilization in 1\* reporter lysis buffer (Promega, Madison, WI, USA). Luciferase activity was determined according to the protocol supplied by the manufacturer.

### ***Decay study using lactoferrin***

16-17 weeks old C57Bl/6Jco mice (Charles river, The Netherlands) were injected intravenously either with dissolvent or bovine lactoferrine (Serva, Brunschwig Chemie), 70mg/kg at  $t = -2$  min. At  $t = 0$  min, both groups of mice received  $1.5 \times 10^9$  pfu/mice Ad.Luc intravenously. Blood samples were taken by tail bleeding at 5 min, 60 min, 6 hours and 24 hours. At day 5 liver, heart, spleen and lung were isolated. To assess the presence of circulating infectious particles, AT3 cells were incubated for 1 hour with the blood samples. After 24 hours, protein extracts were prepared by addition of reporter lyses buffer (Promega) to the AT3 cells and two cycles of freeze-thawing followed by 2 min. of centrifugation at maximum speed. Supernatants were used for determining protein-normalized luciferase activity by adding 100  $\mu\text{l}$  luciferyl-CoA (Promega) to 20  $\mu\text{l}$  of AT3 extract in a monolight luminometer (BD Biosciences). Protein content was measured in a 96-well microtiter plate



using the BCA protein assay kit (Pierce). Absorbance at 562 nm was determined in a microplate reader.  $T_{1/2}$  were calculated from the luciferase activity at different timepoints using Graphpad Prism, software and a one-phase exponential decay model.

### Statistics

Experiments were performed in triplicate and presented as mean  $\pm$  standard deviation (s.d.). P-values were calculated by a two-tailed unpaired student's T-test. Data were considered to be significantly different when  $P < 0.05$ , indicated with an asterisk (\*) in the figures.

### Acknowledgements

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# 7.

## **Reduced estrogen receptor alpha levels do not limit the anti-inflammatory effects of 17-beta-estradiol in endothelial cells**

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## Abstract

**Objective:** In the present study, the role of estrogen receptor alpha (ER $\alpha$ ) in the anti-inflammatory effect of 17- $\beta$ -estradiol (E<sub>2</sub>) has been examined. **Method:** Endothelial cell lines with reduced ER $\alpha$  levels were generated by transduction with lentiviral vectors expressing short hairpin (sh)RNA constructs against ER $\alpha$  (shER $\alpha$ ). Real time PCR was performed to quantify the expression levels of inflammatory cell adhesion molecules in stably transduced endothelial cells. **Results:** Expression levels of the adhesion molecules, E-selectin and intercellular adhesion molecule-1 (ICAM-1) were significantly induced by TNF $\alpha$  treatment, and were significantly inhibited by pre-treatment with E<sub>2</sub>. Surprisingly, the shER $\alpha$  expressing endothelial cells, which displayed 50% reduced ER $\alpha$  mRNA levels and activity, responded in an identical manner to TNF $\alpha$  plus and minus E<sub>2</sub> pre-treatment. Complete abrogation of ER $\alpha$  activity, by supplementation of the antagonist ICI, however, did block the E<sub>2</sub> effect. **Conclusion:** ER $\alpha$  activity is required for the anti-inflammatory effect of E<sub>2</sub> but not in a “rate-limiting mode”

## Introduction

Atherosclerosis is considered to be a chronic inflammatory process. One of the initial events involves the recruitment of inflammatory cells from the circulation into the developing lesion. This process is dependent on the expression of adhesion molecules such as E-selectin, vascular cellular adhesion molecule 1 (VCAM-1) and intercellular adhesion molecule 1 (ICAM-1). Expression of adhesion molecules is increased in atherosclerotic lesions [1-5], whereas deficiency of these molecules has resulted in a reduction of atherosclerotic lesion size and number [6-9].

Atheroprotective properties of E<sub>2</sub> have been demonstrated in several animal models [10-12], however, the underlying mechanisms remain obscure. Adhesion molecules constitute a possible target for E<sub>2</sub>, even though experimental and epidemiological studies have reported conflicting results. Some have reported that hormone replacement therapy in post-menopausal women with coronary artery disease results in a reduction of soluble adhesion molecules [13-15], while other studies did not report significant changes [16-18]. Also, in vitro studies, which measured the effect of E<sub>2</sub> on endothelial expression of adhesion molecules have reported both enhanced [19,20] and reduced [21-23] expression level of adhesion molecules.

The actions of E<sub>2</sub> are mainly exerted via estrogen receptors (ERs), which classically serve as ligand-activated transcription factors. To date two ERs, ER $\alpha$  and ER $\beta$  have been

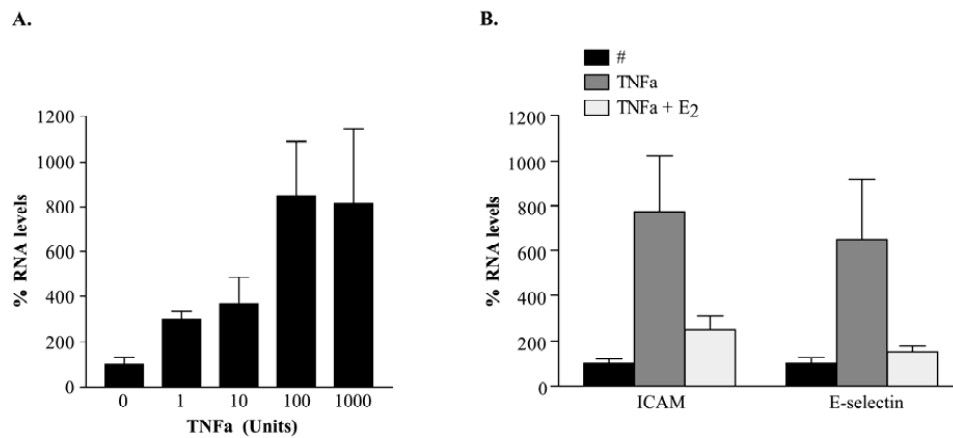
identified [24-26]. Both ER $\alpha$  and ER $\beta$  are present in vascular endothelium [27], but their physiological roles are incompletely understood. In vitro studies indicate that both ER $\alpha$  and ER $\beta$  can mediate the anti-inflammatory effect of E<sub>2</sub> with respect to the expression of adhesion molecules [28,29]. Interestingly, ER $\alpha$  levels in atherosclerotic vessels have been documented to be lower as compared to their levels in normal vessels and vessels with a mild degree of atherosclerosis [30-32]. Whether the reduced level of functional ER $\alpha$  in endothelial cells results in a reduced response to E<sub>2</sub> and thus aggravates the atherosclerotic process is not known.

In the present study, we have evaluated the effect of E<sub>2</sub> on TNF $\alpha$ -induced expression of adhesion molecules in a mouse endothelial cell line. To gain insight into the biological role of ER $\alpha$  and the importance of ER $\alpha$  level in endothelial function, lentiviral vectors expressing short hairpin (sh)RNA targeted to ER $\alpha$  (shER $\alpha$ ) were designed. Silencing of ER $\alpha$  gene expression as well as ER $\alpha$  functioning was established. However, in contrast to total ablation of ER $\alpha$  activity, 50% reduction in ER $\alpha$  activity did not affect the E<sub>2</sub> signaling cascade regarding down-regulation of TNF $\alpha$ -induced expression of adhesion molecules. Thus, in the current study we found that ER $\alpha$  is required but their levels are not rate-limiting in the anti-inflammatory response of E<sub>2</sub>.

## Results

### Expression levels of adhesion molecules in mouse endothelial cells

Expression levels of several adhesion molecules were determined in a mouse endothelial cell line (H5V), both under basal as well as under stimulatory conditions. Whereas VCAM-1 levels were undetectable, ICAM-1 and E-selectin levels were expressed under basal conditions, with E-selectin showing the most abundant levels. TNF $\alpha$  treatment dose dependently induced the expression of ICAM-1, which leveled off at a dose of 100 units TNF $\alpha$  per well (Figure 1A).



**Figure 1. Expression of adhesion molecules in endothelial cells**

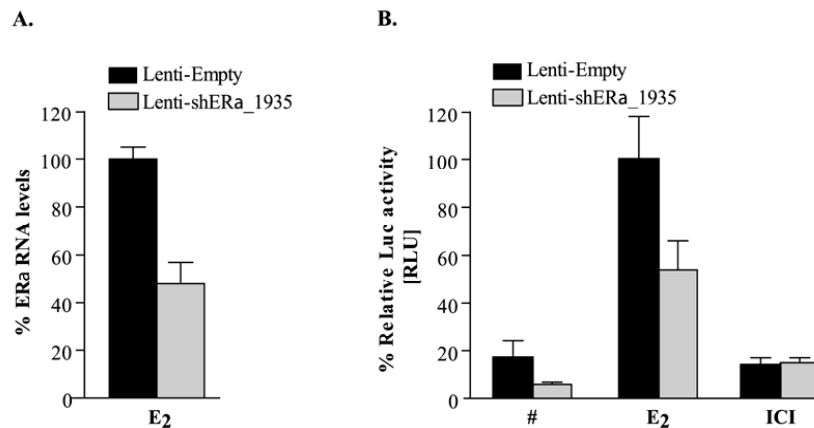
(A) Endothelial cells were incubated with the indicated doses range of TNF $\alpha$ . Five hours after treatment RNA was extracted and subjected to taqman analysis to measure ICAM-1 levels. (B) The effect of E<sub>2</sub> on ICAM-1 and E-selectin expression in TNF $\alpha$  stimulated endothelial cells was assessed by taqman analysis. Dissolvent or 10<sup>-6</sup>M E<sub>2</sub> was added 19 hours prior to TNF $\alpha$  (100 Units) treatment. The ratio of ICAM-1 / HPRT and E-selectin / HPRT of untreated cells was arbitrarily set as 100 for control. Data represented as mean  $\pm$  SD.

### E<sub>2</sub> and TNF $\alpha$ induced expression of adhesion molecules

As depicted in figure 1B, pretreatment of H5V cells with E<sub>2</sub> (10<sup>-8</sup>M, 24 hours) significantly diminished the TNF $\alpha$ -mediated increase in both ICAM-1 and E-selectin levels. ICAM-1 levels were reduced from 774  $\pm$  248% to 246  $\pm$  61% and E-selectin levels from 650  $\pm$  270% to 153  $\pm$  24% (P<0.05). In a another endothelial cell line, hemangioendothelioma-derived cells (EOMAs), we were able to reproduce the repressive effect of E<sub>2</sub> (data not shown).

### ER $\alpha$ levels and activity in shER $\alpha$ expressing endothelial cells

To knockdown the endogenously expressed ER $\alpha$ , a near 100% stable shER $\alpha$  expressing endothelial cell line was generated by selecting for GFP positive cells. RNA was isolated from Lenti-Empty (control) and Lenti-shER $\alpha$  cells 24 hours after E<sub>2</sub> (10<sup>-8</sup>M) treatment to evaluate the silencing effect. As depicted in Fig 2A, real-time PCR analysis demonstrated up to 50% reduced ER $\alpha$  RNA levels in the shER $\alpha$  expressing H5V cells. In control as well as shER $\alpha$  expressing endothelial cells, ER $\alpha$  RNA levels were not modified upon E<sub>2</sub> and ICI treatment (data not shown)



**Figure 2. Mouse ER $\alpha$  mRNA and activity in stable shER $\alpha$  expressing endothelial cells**

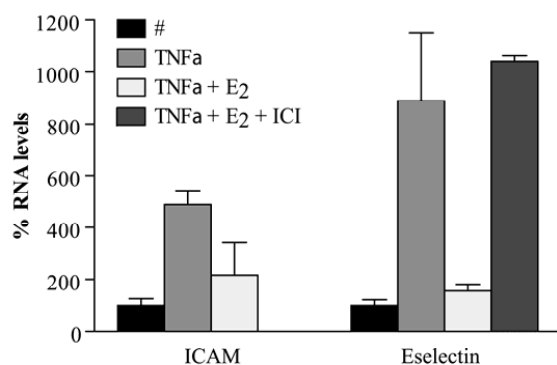
(A) RNA was extracted from H5V cells infected either with Lenti\_Empty or Lenti\_shER $\alpha$  constructs. ER $\alpha$  levels were assessed by taqman analysis. HPRT was used as internal standard. Data represented as mean  $\pm$  SD. (B) Both Lenti\_Empty and Lenti\_shER $\alpha$  transduced H5V cells were co-transfected with pERE-Luc and pCMV-LacZ. The cells were stimulated with  $10^{-8}$ M E<sub>2</sub> or  $10^{-8}$ M E<sub>2</sub> plus  $10^{-6}$ M ICI for 24 hours. Luciferase activity was measured 48 hours after transfection. Data represented as mean  $\pm$  SD. E<sub>2</sub> induced luciferase activity in Lenti\_Empty cells was arbitrarily set as 100%.

Subsequently, the effect of reduced ER $\alpha$  levels on ER $\alpha$  mediated transcription was evaluated. To this end, cells were transfected with a reporter plasmid carrying the estrogen response element upstream of the luciferase gene (pERE-Luc) and were treated with either dissolvent, E<sub>2</sub> or E<sub>2</sub> + ICI. As a result, control H5V cells showed enhanced ER $\alpha$  activity upon E<sub>2</sub> treatment, which was totally abolish by ICI treatment (Fig 2B). On the other hand, introduction of shER $\alpha$  led to a significant repression of ER $\alpha$  activity, as reflected by a 64% reduction under basal conditions and 46% reduction in the E<sub>2</sub> treated cells. Thus, shER $\alpha$  expressing lentiviral vectors significantly reduced ER $\alpha$  RNA levels and suppressed ER $\alpha$  mediated transcription.

#### **ER $\alpha$ Knockdown in H5V cells and response to TNF $\alpha$ and E<sub>2</sub>**

The ER $\alpha$  knockdown H5V cells were used to explore the role of ER $\alpha$  in the E<sub>2</sub>-induced repression of E-selectin and ICAM-1 expression. As shown in Fig 3, also in the ER $\alpha$  knock-down cell line, TNF $\alpha$  induces the expression of E-selectin and ICAM-1 levels. Though, reduced ER $\alpha$  levels, E<sub>2</sub> was able to significantly reduce the TNF $\alpha$  induced effect. On the

other hand, the antagonist ICI, which has been shown to silence ER $\alpha$  activity completely (Fig 2B), did abrogate the E<sub>2</sub> effect on the expression of adhesion molecules (Fig 3). Thus, while complete abolishment of ER $\alpha$  activity did abort the repressive effect of E<sub>2</sub> on adhesion molecule, reduced ER $\alpha$  activity did not.



**Figure 3. Expression of adhesion molecules in shER $\alpha$  expressing endothelial cells**

Either dissolvent, 10<sup>-6</sup>M E<sub>2</sub> or 10<sup>-6</sup>M E<sub>2</sub> plus 10<sup>-6</sup>M ICI was added 19 hours prior to TNF $\alpha$  (100 Units) treatment in Lenti\_shER $\alpha$  transduced endothelial cells. Five hours after treatment RNA was extracted and subjected to taqman analysis to measure ICAM-1 levels and E-selectin levels. The ratio of ICAM-1 / HPRT and E-selectin / HPRT of untreated cells was arbitrarily set as 100 for control. Data represented as mean  $\pm$  SD.

## Discussion

Our results demonstrate that E<sub>2</sub> inhibits TNF $\alpha$ -induced expression of ICAM-1 and E-selectin levels in endothelial cells. To determine the role of ER $\alpha$  activity in this process, a stable shER $\alpha$  expressing endothelial cell line was generated. This shER $\alpha$  expressing cell line contained 50% reduced ER $\alpha$  mRNA levels resulting in 50% decreased ER $\alpha$  activity. Repression of endogenously expressed ER $\alpha$ , however, did not affect the E<sub>2</sub> inhibitory effect on expression of endothelial adhesion molecules. In contrast, complete silencing of ER $\alpha$  activity by use of the antagonist ICI did efficiently reverse the E<sub>2</sub> effect. Apparently, ER $\alpha$  activity is required for the anti-inflammatory response of E<sub>2</sub> with regard to inhibition of adhesion molecules, but the number of ER $\alpha$  molecules and level of ER $\alpha$  activity does not limit this response.

The observation that pre-treatment with E<sub>2</sub> significantly reduces the cytokine-induced expression of the endothelial adhesion molecules E-selectin and ICAM-1, implicates that E<sub>2</sub> makes the endothelium less responsive to the inflammatory microenvironment. In vitro studies with opposite results have also been published [19,20]. In those studies, E<sub>2</sub> was added simultaneously with the cytokine instead of before treatment as applied here, which could explain the discrepancy. Remarkably, in animal models beneficial effects were only observed

if E<sub>2</sub> was administrated prior to the development of atherosclerosis and not when arterial damage was present prior to hormone treatment [33-36]. From these studies we hypothesize that E<sub>2</sub> prevents atherosclerosis by interfering either prior to injury or very early post-injury.

RT-PCR analysis revealed that the TNF $\alpha$ -induced mRNA expression levels of E-selectin and ICAM-1 are reduced by E<sub>2</sub>, indicating that the down regulation occurs at the transcriptional level. Since the ER antagonist ICI blocks the inhibitory effect of E<sub>2</sub> and the endothelial cells used in the current paper express only ER $\alpha$  and not ER $\beta$ , ER $\alpha$  seems to be involved. ERs are classically identified as ligand dependent transcription factors. The 5'regulatory regions of E-selectin and ICAM-1 do not contain classical estrogen response element (ERE) sites. Therefore it seems likely that gene transcription is affected by "cross-talk" of ER $\alpha$  with other transcription factors, such as NF- $\kappa$ B, which is required for TNF $\alpha$ -mediated gene activation and which acts upon a specific site in the 5'regulatory regions of both E-selectin and ICAM-1. Previous studies have reported that E<sub>2</sub> could inhibit nuclear translocation and DNA binding of NF- $\kappa$ B [23] and that ER $\alpha$  could reduce the expression of an NF- $\kappa$ B-driven reporter plasmid [28]. In addition, a human E-selectin promoter study has revealed that the NF- $\kappa$ B site is required for the repressive effect of E<sub>2</sub> [29]. Thus, ER $\alpha$  is likely involved via a non-classical transcription pathway in the E<sub>2</sub> mediated inhibition of TNF $\alpha$ -induced E-selectin and ICAM-1 expression.

To address the question whether the level of ER $\alpha$  is limiting the effect of E<sub>2</sub> in modulating the TNF $\alpha$  response, we decreased endogenously expressed ER $\alpha$  RNA levels in endothelial cells by lentiviral-mediated expression of shER $\alpha$ . Due to integration of the transgene into the genome, silencing was maintained during at least 18 weeks of continuous culturing (data not shown). The 50% knockdown of ER $\alpha$  RNA levels, which coincided with ~50% repression of E<sub>2</sub> induced reporter gene expression did not change the E<sub>2</sub> mediated response towards the expression of adhesion factors. Since ICI blocks the E<sub>2</sub> effect, it is not likely that the E<sub>2</sub> mediated reduction is obtained through an ER $\alpha$ -independent pathway. Probably, the remaining 50% ER $\alpha$  activity is sufficient to inhibit expression of adhesion molecules. Thus, apparently fluctuating ER $\alpha$  levels in endothelial cells do not modulate the responsiveness with regard to E<sub>2</sub> mediated regulation of adhesion molecules. It will be of interest to address the role of ER $\beta$  in this process.

In summary, our findings suggest that E<sub>2</sub> has anti-inflammatory properties, as it could down-regulate E-selectin and ICAM-1 expression in endothelial cells. We found that ER $\alpha$  is required, but absolute ER $\alpha$  levels do not determine this anti-inflammatory effect.

## **Methods**

### ***Cell Culture***

H5V (a murine endothelial cell line derived from heart) and EOMA (murine hemangioma-derived micro vascular cell line) were maintained in Dulbecco's modified Eagle's medium (DMEM) (Gibco BRL) supplemented with 10% fetal calf serum (FCS), 100 units/ml Penicillin, 100  $\mu$ g/ml Streptomycin and glutamax (Invitrogen) (Complete DMEM). Cells were maintained at 37 °C in a humidified atmosphere of 5% CO<sub>2</sub>. In experimental setting to reduce basal E<sub>2</sub> effects, H5V cells were switched to DMEM without phenol red (Gibco BRL) supplemented with 10% charcoal treated FCS (charcoal (Merck) 5gr/ 50ml FCS, mix overnight 4 degrees, centrifuge and filter-sterilize), 100 units/ml Penicillin, 100  $\mu$ g/ml Streptomycin and glutamax (Invitrogen).

### ***Adhesion experiment***

24 hours before treatment,  $1.5 \cdot 10^5$  cells were seeded in triplicate in 12-wells plate. Either dissolvant,  $10^{-8}$ M E<sub>2</sub> or  $10^{-8}$ M E<sub>2</sub> +  $10^{-6}$ M ICI was added for an additional 24 hours. 5 hours prior to RNA isolation, the indicated amount of TNF $\alpha$  (GF027, Chemicon) was added (0-1.000 Units). RNA was extracted by 250  $\mu$ l/well Trizol.

### ***Production of recombinant lentiviruses***

The vectors used in our study are so-called SIN vectors, which lose the activity of the promoter located in the 5'LTR upon replication and integration into the genome of the host cells. The Rev-responsive element sequence is recognized by the viral Rev protein and is essential to regulate the production of viral mRNA [37]. The central polypurine tract (cPPT), which is located in the pol region of HIV-1, is retained in the vector as it has been reported to increase nuclear transport of the virus preintegration complex and hence increase transduction efficiency [38,39]. The PRE (posttranscriptional regulatory element) from the human hepatitis B virus (HBV) is a cis-acting sequence that increases expression of transgenes probably by stimulating nuclear export of the mRNA [40]. Expression of the transgene is under the control of an internal promoter: this will be the only mRNA transcribed. The vector plasmids were all derivatives of the pRRL-cPPT-X-PRE-SIN [40]. Plasmids pRRL-cPPT-CMV-GFP-PRE-SIN (here named pLenti-Empty), pRRL-H1 promoter-shER $\alpha$ \_1395-cPPT-CMV-GFP-PRE-SIN

(here named pLenti-shER $\alpha$ ) and pRRL-H1 promoter-shER $\alpha$ \_1103-cPPT-CMV-GFP-PRE-SIN (here named pLenti-shER $\alpha$ \_1103) (Figure 3) were constructed with a cytomegalovirus promoter driving the green fluorescent protein. The vectors were produced as described previously [41]. Briefly, the lentiviral backbone containing the gene of interest and the three “helper” plasmids (encoding HIV-1 gag – pol, HIV-1 rev, and VSV-G envelope) were cotransfected overnight using the calcium phosphate method into 293T cells. The medium was refreshed and viruses were harvested after 48 and 72 h, passed through 0.45- $\mu$ m filters, and stored at -80°C. Virus was quantitated by antigen capture ELISA measuring HIV p24 levels (ZeptoMetrix Corp., New York, NY, USA) as described [42].

#### ***Lentivirus transduction***

24 hours before infection, cells were seeded into 96 wells plates (Greiner). H5V at  $1.5 \cdot 10^3$  cells/well and EOMA  $4 \cdot 10^3$  cells/well. Viral supernatants were added to fresh medium supplemented with 8  $\mu$ g/ml Polybrene (Sigma), and the cells were incubated overnight. The next day, the medium was replaced with fresh medium. Transduction efficiency was analyzed 3 to 6 days post transduction by FACs analysis. HIV-1 reverse transcriptase inhibitor AZT (GlaxoWellcome) was added to transduced cells at a final concentration of 20  $\mu$ g/ml.

#### ***FACS analysis***

For FACS analyses, H5V and EOMA cells were trypsinized gently, the volume was increased by adding PBS/1% FCS, and the cells were kept on ice. The samples were analyzed with a FACScan flow cytometer (Becton – Dickinson). GFP fluorescence was detected using a 530/30 nm bandpass filter (FL1 channel) following excitation with an argon ion laser source at 488 nm. Using a forward-scatter/side-scatter representation of events, a region was defined to exclude cellular debris from the analysis. A number of events/FL1 (which reflects the fluorescence intensity) histogram was then established according to this region, and percentages of GFP-positive cells were determined in comparison to the negative control (untreated cells). Data analysis was performed using CellQuest 3.1 software (Becton – Dickinson). For each sample, 10.000 events were collected.

#### ***Select GFP positive cells to obtain 100% GFP expressing cell population***

EOMA and H5V cells were exposed to shER $\alpha$  expressing lentiviral vectors at MOI 20 and tracking of GFP positive cells monitored the efficiency of gene transfer. Three days post-



infection, a maximum of 50% GFP positive cells was detected. As higher MOI appeared to be toxic, GFP positive cells of the Lenti-Empty, Lenti-shERα transduced population were diluted over 96-wells plate. FACS analysis was performed to select for and pool the cell populations containing near 100% GFP positive cells that consist of the same transgen.

Table 1. Primer sequences of genes used for mRNA quantification

<i>Gene</i>	<i>Forward primer</i>	<i>Reverse primer</i>
mERα	5'-CTAGCAGATAGGGAGCTGGTTCA	5'-GGAGATTCAAGTCCCCAAAGC
mERβ	5'- TCCTGATGCTTCTTTCTCATGTCA	5'-CACTTCATGCTGAGCAGATGTTT
E-selectin	5'- CCCTGCCCCACGGTATCAG	5'-CCCTTCCACACAGTCAAACGT
ICAM-1	5'- GGACCACGGAGCCAATTC	5'-CTCGGAGACATTAGAGAACAATGC
VCAM-1	5'- ACAAAACGATCGCTCAAATCG	5'-CGCGTTTAGTGGGCTGTCTATC

#### ***Real time quantitative PCR analysis***

Total RNA was extracted from cells using TRIzol reagent (Life technologies). Purified RNA was treated with RQ1 RNase-free DNase (Promega, 1 units/ 2 µg of total RNA) and reverse transcribed with SuperScript II Reverse Transcriptase (Invitrogen) according to the manufacturer's protocol. Quantitative gene expression analysis was performed on an ABI prism7700 Sequence Detection System (Applied Biosystems) using SYBR Green as described earlier [43]. PCR primer sets (TABLE I) were designed via Primer Express 1.7 software with the manufacturer's default settings (Applied Biosystems) and were validated for amplification efficiency. The absence of genomic DNA contamination in the RNA preparations was confirmed in a separate PCR reaction on total RNA samples that were not reverse transcribed. HPRT was used as the standard housekeeping gene. The significance of differences in relative gene expression numbers  $C_t$  ( $C_{t(HPRT)} - C_{t(target\ gene)}$ ) measured by real time quantitative PCR was calculated using a Mann-Whitney U test. Probability values less than 0.05 were considered significant.

**Luciferase reporter assay**

Transient transfections were performed in triplicate in 12-wells plates ( $1.5 \cdot 10^5$  cells per well) using Lipofectamine (Invitrogen). The effect of lenti-shER $\alpha$  on ER $\alpha$  mediated transcription regulation was determined by co-transfecting the cells with 150ng of reporter construct (ERE)<sub>3</sub>TATA-LUC and 300 ng pCMV-LacZ. After 24 hours, the cells were stimulated with complete DMEM containing  $10^{-8}$ M E<sub>2</sub> or  $10^{-8}$ M E<sub>2</sub> +  $10^{-6}$ M ICI for an additional 24 hours. The cells were lysed with reporter lyses buffer (Promega) and after centrifugation of 2 min, supernatant was used for determining  $\beta$ -galactosidase normalized luciferase activity by adding 100  $\mu$ l luciferyl-CoA (Promega) to 20  $\mu$ l of cell extract in a monolight luminometer (BD Biosciences).  $\beta$ -galactosidase was measured in a 96-well microtiter plate using the  $\beta$ -Galactosidase Enzyme Assay System in reporter lyses buffer (Promega). Absorbance at 450 nm was determined in a microplate reader. Luciferase activities were normalized for transfection efficiency with the  $\beta$ -galactosidase activity and expressed as a percentage relative to expression levels induced by endogenous estrogen receptor (ER). Expression of endogenous ER $\alpha$  was verified by real time PCR.

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# 8.

## **Inhibition of Neointima Formation by Local Delivery of Estrogen Receptor Alpha and Beta Specific Agonists**

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**Submitted; Cardiovascular research**







## **ABSTRACT**

**Objective:** Neointima formation is the underlying mechanism of (in-stent) restenosis. 17 $\beta$ -estradiol (E<sub>2</sub>) is known to inhibit injury-induced neointima formation and post-angioplasty restenosis. Estrogen receptor alpha (ER $\alpha$ ) has been demonstrated to mediate E<sub>2</sub> anti-restenotic properties. However, the role of estrogen receptor beta (ER $\beta$ ) is not fully elucidated. In the present study, the specific role of vascular ER $\alpha$  and ER $\beta$  in neointima formation was assessed.

**Methods and results:** Neointima formation was induced by placement of a perivascular cuff around the femoral artery of male C57BL/6 mice. E<sub>2</sub> drug-eluting cuff significantly inhibited cuff-induced neointima formation. To address the specific roles of vascular ER $\alpha$  and ER $\beta$  on neointima formation, the ER $\alpha$ - and ER $\beta$ -selective agonists 4,4',4''-(4-propyl-(1H)-pyrazole-1,3,5-triyl)trisphenol (PPT) and 2,3-bis(4-hydroxy-phenyl)-propionitrile (DPN) were applied via a drug-eluting cuff. The ER $\alpha$ -specific agonist, PPT, inhibited neointima formation at low but not at high concentrations. Conversely, the ER $\beta$ -specific ligand DPN inhibited cuff-induced neointima formation dose-dependently.

**Conclusions:** Our data demonstrate that, in addition to ER $\alpha$ , specific ER $\beta$  activation inhibits neointima formation in a mouse model of restenosis. These data reveal a yet unidentified protective role of ER $\beta$  in injury-induced neointima formation.

## **INTRODUCTION**

17 $\beta$ -estradiol (E<sub>2</sub>) has been shown to have anti-restenotic properties [1-4]. Nevertheless, the anti-restenotic mechanism of action of E<sub>2</sub> is not fully understood and controversial results regarding its effects on vascular remodelling have been reported [5-8]. This phenomenon may be attributed to the presence of two distinct estrogen receptors (ERs) in the vasculature, ER $\alpha$  and ER $\beta$ . ERs are ligand-activated transcription factors [9] and although ER $\alpha$  and ER $\beta$  are highly homologous, activation of either one of them may lead to distinct and even opposite biological activities [10-13]. So far, studies in ER knockout mice models have revealed a putative involvement of ER $\alpha$  in the protective effect of E<sub>2</sub> on restenosis [14-17]. Nonetheless, the role of ER $\beta$  in mediating the anti-restenotic properties of E<sub>2</sub> has not been fully elucidated.

Recently, ER $\alpha$ - and ER $\beta$ -specific agonists have been developed allowing the evaluation of the specific function of each receptor. The novel ER $\alpha$ -specific ligand 4,4',4''-(4-propyl-(1H)-pyrazole-1,3,5-triyl)trisphenol (PPT) is 410-fold more potent in binding to

ER $\alpha$  than to ER $\beta$  [18], whereas the 2,3-bis(4-hydroxy-phenyl)-propionitrile (DPN) binds to ER $\beta$  with an 72-fold higher affinity compared to ER $\alpha$  [19]. Therefore, these compounds provide an attractive pharmacological approach to elucidate the biological role of ER $\beta$  on neointima formation.

A well-defined mouse model of neointima formation consists of placement of a non-constrictive perivascular cuff around the mouse femoral artery [20,21]. Previously, we showed that the non-constrictive perivascular cuff to induce neointima formation can be constructed from a polymeric formulation suitable for controlled drug delivery. This novel drug-eluting cuff simultaneously induces reproducible neointima formation and allows locally confined delivery of drugs to the cuffed vessel segment [22-25].

In the present study, we assessed the respective role of vascular ER $\alpha$  and ER $\beta$  in the anti-restenotic properties of E<sub>2</sub> in a mouse model of restenosis. By local delivery of PPT, an ER $\alpha$ -selective agonist, and DPN, a selective ER $\beta$  agonist, we demonstrated that in addition to ER $\alpha$ , ER $\beta$  activation leads to neointima formation inhibition in a murine model. These data reveal a yet unidentified protective role of ER $\beta$  in injury-induced neointima formation.

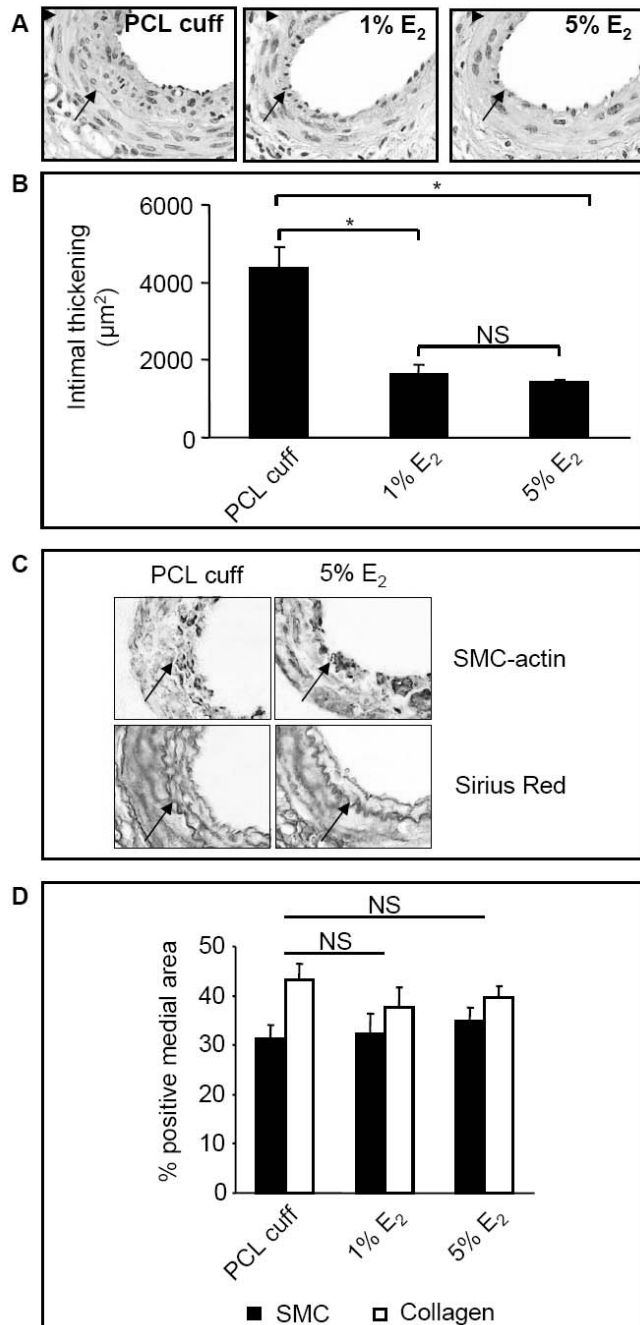
## RESULTS

### *3.1. Local delivery of E<sub>2</sub> using E<sub>2</sub>-eluting cuffs*

#### *3.1.1. E<sub>2</sub> in vitro release profiles*

In vitro release profiles of drug-eluting cuffs loaded with 1% and 5% (w/w) E<sub>2</sub> was determined for a three weeks period. E<sub>2</sub> was released in a dose-dependent manner over the 21-day period for both concentrations used (1%: 30.9 $\pm$ 14  $\mu$ g; 5%: 211 $\pm$ 14  $\mu$ g).

#### *3.1.2. Effect of perivascular delivery of E<sub>2</sub> on neointima formation*



**Figure 1.**

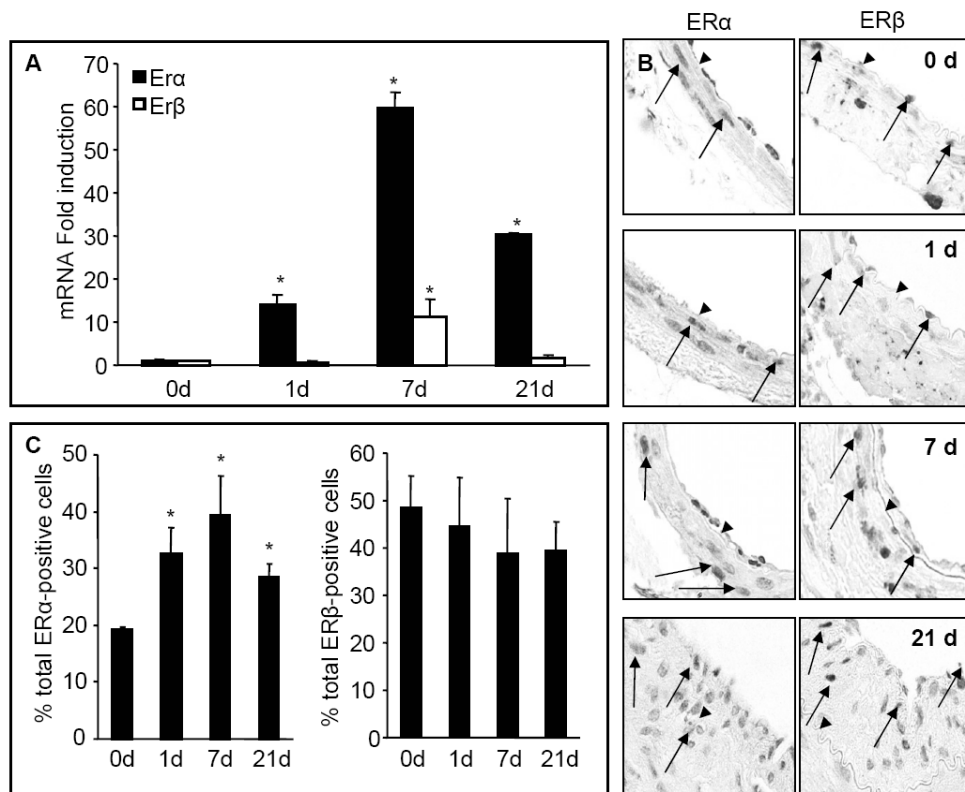
A: Representative cross-sections of cuffed murine femoral arteries treated with increasing concentrations of  $E_2$  21 days after cuff placement. HPS staining, magnification 400x (arrow indicates the internal elastic lamina; arrowhead indicates the external elastic lamina). B: Total intimal area of cuffed murine femoral arteries 21 days after  $E_2$ -eluting cuff placement. Total intimal area was quantified by image analysis using ten sections in each cuffed artery and expressed in  $\mu\text{m}^2$  (mean  $\pm$  SEM,  $n=6$ ). NS,  $P>0.05$  (NS, not significant); \* $P<0.05$ . C: Representative micrographs of cuffed femoral arteries 21 days after placement of either a control empty cuff (Control cuff) or a 5% (w/w)  $E_2$ -eluting cuff (5%  $E_2$ ). Alpha-SMC actin staining for SMC; similar  $\alpha$ -SMC content is observed in both control- and  $E_2$ -treated cuffed segments. Sirius red stain for collagen; comparable collagen-positive area is present in both treated and untreated cuffed vessel segments. Magnification 400x (arrow indicates internal elastic lamina). D: Percentage of medial SMC- (close bars) and collagen-positive area (open bars) of cuffed femoral arteries treated with increasing concentrations of  $E_2$  at 21 days after drug-eluting cuff placement. Medial SMC- and collagen-positive area was quantified by image analysis using six sections in each cuffed artery and expressed in  $\mu\text{m}^2$ . Mean  $\pm$  SEM,  $n=6$ . NS,  $P>0.05$  (NS, not significant).

To assess the effect of local perivascular  $E_2$  delivery on cuff-induced neointima formation, drug-eluting cuffs were loaded with 1% and 5%  $E_2$  and placed around the femoral artery of male C57BL/6 mice for a 21-day period. Microscopic analysis of the cuffed femoral artery

segments revealed that, after three weeks, a concentric neointima had been formed in mice receiving a control drug-eluting cuff. Animals receiving a 1% and 5% E<sub>2</sub>-eluting cuff showed a strongly reduced cuff-induced neointima formation development (Fig. 1A). Morphometric analysis revealed a significant inhibition of cuff-induced neointima formation between mice receiving a control drug-eluting cuff and animals receiving an E<sub>2</sub>-eluting cuff (Fig. 1B). Likewise, E<sub>2</sub> perivascular treatment resulted in a significant decrease in intima/media ratios for both E<sub>2</sub> loading dosages (Control:  $0.43 \pm 0.07$ ; 1%:  $0.17 \pm 0.04$ ,  $P=0.005$ ; 5%:  $0.18 \pm 0.02$ ,  $P=0.003$ ) as compared to control drug-eluting cuff. In addition, no toxic effects of local perivascular delivery of increasing E<sub>2</sub> concentrations on vascular integrity were found as determined by quantification of medial SMC and collagen content (Fig. 1C and 1D).

### ***3.2. ER $\alpha$ and ER $\beta$ expression in cuffed femoral arteries***

E<sub>2</sub> may exert its inhibiting effects on neointima formation via both vascular ER $\alpha$  and ER $\beta$ . As depicted in Fig. 2A, both ERs mRNA levels were upregulated time-dependently after the induction of the stenotic process. ERs mRNA levels showed a peak expression 7 days after cuff placement ( $59.5 \pm 3.9$ -fold increase for ER $\alpha$  vs.  $11.4 \pm 4.2$ -fold increase for ER $\beta$ , both  $P < 0.05$ ) compared with control sham-operated arteries (T=0 days), after which the signal declined. In addition, immunohistochemical analyses showed that, both ER subtypes are present in murine femoral arteries (ER $\alpha$ :  $19.2 \pm 0.5\%$ ; ER $\beta$ :  $48.4 \pm 6.8\%$ , Fig. 2B and 2C). Moreover, during the cuff-induced neointima formation process, cuffed femoral arteries expressed both ER $\alpha$  and ER $\beta$  also in intimal tissue (Fig. 2B and 2C). Altogether, ER $\beta$  is more abundantly present in vascular tissue as shown by immunohistochemistry analysis. On other hand, upregulation of ER $\alpha$  expression is more prominent upon vascular injury. Thus, both ER $\alpha$  and ER $\beta$  are present and have the potential to contribute to the anti-restenotic properties of E<sub>2</sub>.



**Figure 2.** A: Fold induction of ER $\alpha$  and ER $\beta$  mRNA in cuff-induced neointima formation in time (mean $\pm$ SEM, n=4; \* $P$ <0.05 as compared to T=0 days). B: ER $\alpha$  and ER $\beta$  localization in cuffed murine femoral artery on diverse timepoints. Both ER $\alpha$  and ER $\beta$  were present on medial tissue and endothelial cell monolayer in intact arteries (0 days). During the process of neointima formation development (1, 7, and 21 days) ERs expression was also present in intimal tissue. Magnification 400x. Arrowhead indicates internal elastic lamina; arrow indicates ERs positive cells. C: Percentage of total ER $\alpha$ - and ER $\beta$ -positive cells of cuffed femoral arteries after cuff placement. ER $\alpha$ - and ER $\beta$ -labeled cells were counted in six equally spaced cross-sections from each cuffed artery and expressed as a percentage of the total number of cells (mean $\pm$ SEM, n=6; \* $P$ <0.05 as compared to T=0 days).

### 3.3. Local specific activation of ER $\alpha$ and ER $\beta$ in femoral arteries

#### 3.3.1. PPT and DPN in vitro release profiles

To examine whether PPT and DPN were suitably loaded and released from our drug delivery device, the in vitro release profiles of 0.5%, 1%, 2.5% and 5% PPT- and 1% and 5% DPN-eluting cuffs were assessed. PPT showed a sustained and dose-dependent release for the 21-day period (0.5%: 16 $\pm$ 0.4  $\mu$ g; 1%: 36 $\pm$ 2  $\mu$ g; 2.5%: 68 $\pm$ 1  $\mu$ g; 5%: 160 $\pm$ 6  $\mu$ g). DPN was

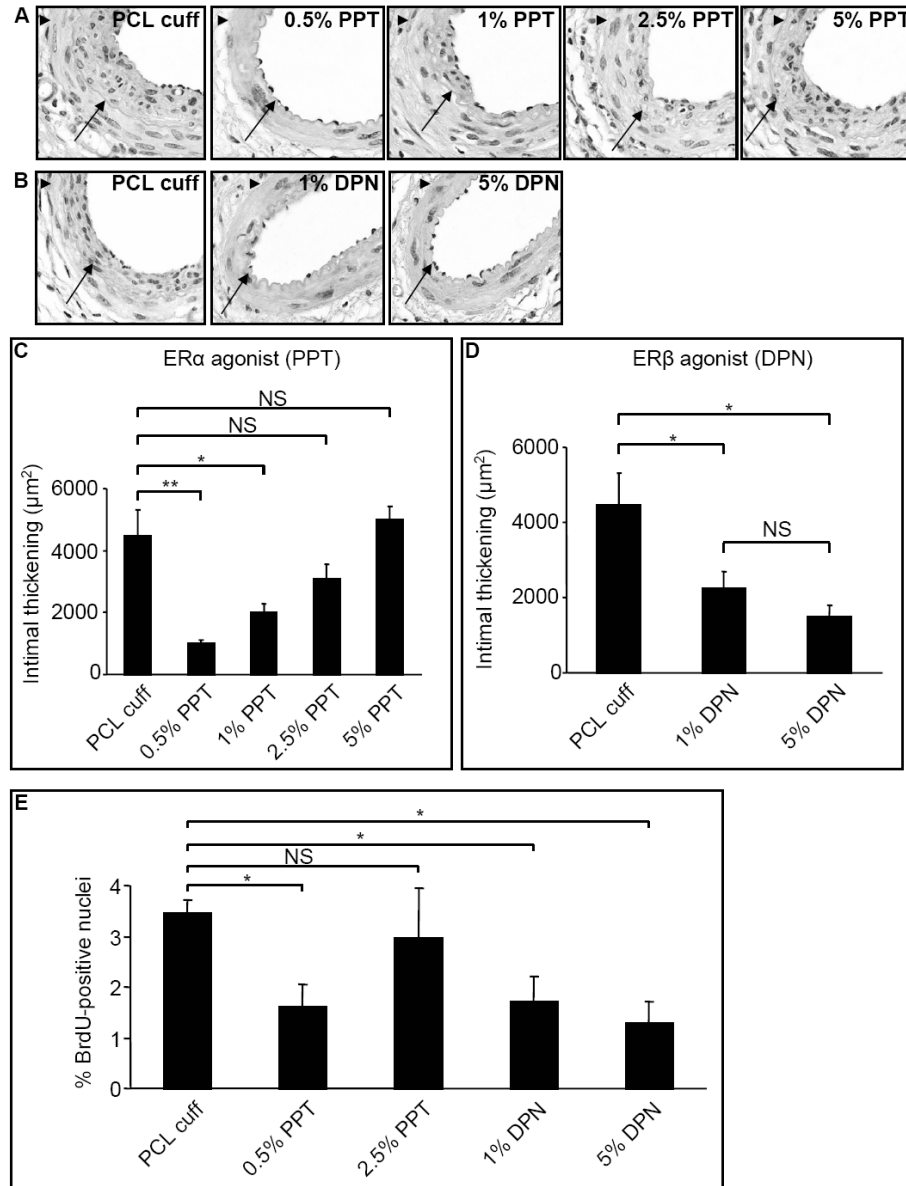
also released from the drug-eluting cuffs in a dose-dependent manner over time. In total,  $33\pm 1$   $\mu\text{g}$  was released from the 1% and  $83\pm 3$   $\mu\text{g}$  from the 5% DPN-eluting cuffs, respectively.

### 3.3.2. Effect of PPT- and DPN-selective ER subtypes activation on neointima formation

To assess the role of ER $\alpha$  in the E<sub>2</sub>-mediated inhibition of cuff-induced neointima formation, drug-eluting cuffs were loaded with 0.5%, 1%, 2.5%, and 5% PPT, a highly specific ER $\alpha$  ligand, and placed around the femoral artery of mice for three weeks. It should be noted that a broader concentration range of PPT was used as compared to E<sub>2</sub> and DPN. This was due to the seemingly contrasting data observed with the 1% and 5% PPT-eluting cuffs on neointima formation, as discussed below.

In animals receiving a control drug-eluting cuff a neointima had been formed. Remarkably, morphometric quantification revealed only a significant inhibition of cuff-induced neointima formation in the cuffed segments treated with the lowest PPT concentrations. Cuffed arteries locally treated with higher PPT concentrations (2.5 and 5%) did not show an inhibitory effect on neointima formation as compared with control cuffed arteries (Fig. 3A and 3C). Likewise, only intima/media ratios of the PPT-treated arteries with the lowest concentrations were significantly decreased (Control:  $0.42\pm 0.07$ ; 0.5%:  $0.13\pm 0.01$ ,  $P<0.001$ ; 1%:  $0.20\pm 0.03$ ,  $P=0.008$ ; 2.5%:  $0.34\pm 0.05$ ,  $P=0.5$ ; 5%:  $0.56\pm 0.05$ ,  $P=0.2$ ) as compared to controls.

By placing a 1% and 5% (w/w) DPN-eluting cuff around the femoral artery of male C57BL/6 mice for 21 days, the role of ER $\beta$  on neointima formation was assessed. Morphometric analysis of the cuffed arteries of both DPN-treated groups showed a significant inhibition of neointima formation as compared to control cuffed segments (Fig. 3B and 3D). Moreover, intima/media ratios of the DPN-treated groups were also significantly decreased (Control:  $0.42\pm 0.07$ ; 1%:  $0.22\pm 0.05$ ,  $P=0.02$ ; 5%:  $0.15\pm 0.03$ ,  $P=0.001$ ) as compared to controls.



**Figure 3.** Representative cross-sections of cuffed murine femoral arteries treated with increasing (A) PPT and (B) DPN concentrations 21 days after cuff placement. HPS staining, magnification 400x (arrow indicates the internal elastic lamina; arrowhead indicates the external elastic lamina). Total intimal area of cuffed femoral arteries 21 days after (C) PPT- or (D) DPN-eluting cuff placement. Total intimal area was quantified by image analysis using ten sections in each cuffed artery and expressed in  $\mu m^2$  (mean $\pm$ SEM, n=6). NS,  $P>0.05$  (NS, not significant); \* $P<0.05$ ; \*\* $P<0.01$ . E: Percentage of BrdU-positive cells in cuffed femoral arteries treated with increasing concentrations of PPT (0.5 and 2.5%) and DPN (1 and 5%) 21 days after drug-eluting cuff placement. BrdU-labeled nuclei were counted in six equally spaced cross-sections from each cuffed artery and expressed as a percentage of the total number of nuclei. Mean $\pm$ SEM, n=6. NS,  $P>0.05$  (NS, not significant); \* $P<0.05$ .

To further investigate the apparent discrepancy on cuff-induced neointima formation between animals perivascularly treated with either an ER $\alpha$  or an ER $\beta$  specific agonist, DNA synthesis was evaluated. Cellular proliferation was assessed by examining incorporation of 5-bromo-2'-deoxyuridine (BrdU) into DNA at 21 days after cuff placement in mice receiving either a control drug-eluting cuff, a PPT- (0.5% and 5%) or a DPN-eluting cuff (1% and 5%). As depicted in Fig. 3E, a profound incorporation of BrdU was observed 21 days after surgery in cuffed vessel segments receiving a control drug-eluting cuff ( $3.45 \pm 0.25\%$ ). In line with the morphometric analysis, only the 0.5% PPT-eluting cuff showed a decreased cellular proliferation but not the higher PPT dosage (0.5%:  $1.62 \pm 0.43\%$ ,  $P=0.02$ ; 2.5%:  $2.95 \pm 1.01\%$ ,  $P=0.18$ ). Conversely, cuffed artery segments of mice receiving either a 1% or a 5% DPN-eluting cuff showed a significantly decreased cellular proliferation as compared to control cuffed arteries (1%:  $1.71 \pm 0.50\%$ ,  $P=0.016$ ; 5%:  $1.27 \pm 0.43\%$ ,  $P=0.016$ ).

## DISCUSSION

The present study evaluates the respective roles of vascular ER $\alpha$  and ER $\beta$  on neointima formation. Here we show, for the first time, the effects of specific ER subtype ligands on cuff-induced neointima formation in the mouse femoral artery. Local E<sub>2</sub> treatment resulted in a substantial and significant inhibition of cuff-induced neointima formation (Fig. 1). Surprisingly, mice receiving the PPT-eluting cuffs displayed a significant reduction on neointima formation only for the lower PPT concentrations (0.5%:  $78 \pm 3\%$ ; 1%:  $56 \pm 8\%$ ) but not for the 2.5% and 5% PPT-eluting cuffs. Conversely, perivascular delivery of DPN displayed an inhibitory effect on cuff-induced neointima formation at both low and high concentrations (1%:  $50 \pm 10\%$ ; 5%:  $67 \pm 7\%$ ) (Fig. 3).

E<sub>2</sub> has been shown to have vasoprotective properties. In rats, systemic E<sub>2</sub> therapy resulted in reduced vascular SMC proliferation and migration, which are fundamental steps in restenosis development [5]. In porcine coronary arteries, it has been shown that local delivery of E<sub>2</sub> decreases post-angioplasty restenosis due to endothelial function improvement [26-28]. Furthermore, the first short-term human pilot study using E<sub>2</sub>-eluting stents showed low rates of restenosis [29].

E<sub>2</sub> mediates its effects primarily via interaction with its receptors ER $\alpha$  and/or ER $\beta$ . Recently, we have generated a drug-eluting polymer cuff which enables local delivery of compounds to the vasculature in an established mouse model of restenosis [22-25]. In the present study we demonstrate that both ER subtypes are expressed in cuffed femoral arteries



during the process of neointima formation (Fig 2). Therefore, both ER subtypes may be accountable for the inhibitory effect of E<sub>2</sub> on cuff-induced neointima formation.

Thus far, the specific role of vascular ER subtypes in the vascular wall is not fully elucidated. The current knowledge of the respective role of vascular ER subtypes derives almost exclusively from ER $\alpha$ - and ER $\beta$ -null mouse models [14-17]. Although ER-null mice provide interesting clues, they imply several shortcomings. Due to whole body ER deficiency, direct vascular effects of E<sub>2</sub> cannot be discriminated from systemic effects. In addition, potential compensatory mechanisms may have occurred during development. In the past, Pare and colleagues [17] have demonstrated very elegantly that in ER $\alpha$ -null mice E<sub>2</sub> does not have a protective effect on injury-induced vascular remodelling. However, although the concentration of E<sub>2</sub> used in these studies are optimal for activating ER $\alpha$  (mean circulating levels of 0.33 to 0.43 nmol/L) it might be suboptimal on activating the ER $\beta$  (K<sub>d</sub> for ER $\alpha$ =0.2 nM and for ER $\beta$ =0.5 nM).

To dissect the contribution of ER $\alpha$  and ER $\beta$  in preventing neointima formation the ER $\alpha$ - and ER $\beta$ -selective agonists, PPT and DPN, were used. The selectivity of PPT and DPN for both receptor subtypes enables detailed analysis of the contribution of both ERs to the protective effects on neointima formation in the current experiments. PPT induces exclusively ER $\alpha$  mediated transcription and not ER $\beta$  (K<sub>d</sub> for ER $\alpha$ =0.4 nM and for ER $\beta$ =417 nM) [18]. Thus, PPT can be stated as a highly selective ER $\alpha$  agonist. In vivo, we demonstrated that local release of PPT led to either anti-restenotic effects or no effect on restenosis, as low dosages inhibited neointima formation whereas high concentrations did not.

On the other hand, DPN displays ER $\beta$  specificity (K<sub>d</sub> for ER $\alpha$ =80 nM and for ER $\beta$ =2.8 nM) [19]. Also in vivo DPN seems to act like a specific ER $\beta$  agonist. For example, systemic administration of the relatively high dose of 1 mg/kg/day DPN to rats does not alter uterine weight, which is regarded as a true ER $\alpha$  target tissue [30]. In the present study, both low and high concentrations of DPN led to an inhibition of neointima formation. Therefore we can state that, in this model, activation of ER $\beta$  seems to have a protective effect on injury-induced neointima formation.

The surprising finding that PPT does not seem to have a protective effect on cuff-induced neointima formation at higher dosages suggests a so called bell-shaped response curve, often seen when nuclear receptors are activated, might occur also in case of PPT-mediated activation of ER $\alpha$ . However, since E<sub>2</sub> activation does not show this response curve in our present studies and the K<sub>d</sub> for the ER $\alpha$  for E<sub>2</sub> and PPT are similar (0.2 and 0.4 nM,

respectively) we do not believe this is the explanation for the observed phenomenon. Currently, the reason for the observed response curve for PPT is not fully understood.

In conclusion, while literature proposes ER $\alpha$  as the major receptor involved in the anti-restenotic and anti-atherosclerotic effects of E<sub>2</sub>. Our data provide evidence for a yet unidentified protective role of ER $\beta$  in injury-induced neointima formation as well. Nevertheless, there seem to be complex and dose-dependent opposite roles for ER $\alpha$  and ER $\beta$  in vascular tissue.

## METHODS

### *2.1. Drug-eluting cuffs and in vitro release profiles*

E<sub>2</sub> was purchased from Sigma Diagnostics (St Louis, USA). PPT and DPN were obtained from Tocris Cookson Ltd. (Bristol, UK). Poly( $\epsilon$ -caprolactone)-based drug delivery cuffs were manufactured as previously described [22]. Drug-loaded cuffs were made from the different blended molten drug-polymer mixtures and designed to fit around the femoral artery of mice. Drug-eluting cuffs had the shape of a longitudinal cut cylinder with an internal diameter of 0.5 mm, an external diameter of 1.0 mm, a length of 2.0 mm and a weight of approximately 5.0 mg.

Drug-eluting cuffs were loaded with 1% and 5% (w/w) E<sub>2</sub>, with 1% and 5% (w/w) DPN and with 0.5%, 1%, 2.5%, and 5% (w/w) PPT. In vitro release profiles (n=5/group) were performed by UV-VIS absorbance methods (225nm, 235nm and 257nm, respectively) as described elsewhere [22]. Calibration graphs of the different compounds were established by measuring the absorbance of a set of standards of each compound in the 0-50  $\mu$ g/ml concentration range.

### *2.2. Femoral artery cuff mouse model*

For experiments, 10-12 weeks old male C57BL/6 mice were used. Animals were fed a standard chow diet (R/M-H, Ssniff, Soest, Germany). At the time of surgery, mice were anaesthetized with an intraperitoneal injection of 5 mg/kg Dormicum (Roche, Basel, Switzerland), 0.5 mg/kg Dormitor (Orion, Helsinki, Finland) and 0.05 mg/kg Fentanyl (Janssen, Geel, Belgium). The femoral artery was dissected from its surroundings and loosely sheathed with a non-constrictive cuff [21,22]. Either a control empty cuff, an E<sub>2</sub>-eluting cuff (1% and 5% w/w), a PPT-eluting cuff (0.5%, 1%, 2.5%, and 5% w/w), or a DPN-eluting cuff (1% and 5% w/w) was used (n=6/group).

All animal work was approved by TNO institutional regulatory authority and carried out in compliance with guidelines issued by the Dutch government. The investigation conforms with the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996).

### ***2.3. Quantification and histological assessment of intimal lesions in cuffed femoral arteries***

Animals were sacrificed 21 days after cuff placement. Histological analyses were performed as described previously [21-23]. All samples were routinely stained with hematoxylin-phloxine-saffron (HPS). Weigert's elastin staining was used to visualize elastic laminae.

Smooth muscle cells (SMC) were visualized with  $\alpha$ -SMC actin staining (1:800, Roche). Collagen content was determined using Sirius red stained sections. The amount of medial SMC and collagen content was determined by morphometry (Leica Qwin, Wetzlar, Germany) and expressed as the percentage of total medial area consisting of SMC actin- or Sirius red-positive area in six equally spaced serial cross-sections in all animals [23].

Incorporation of 5-bromo-2'-deoxyuridine (BrdU) into DNA as a marker of DNA synthesis was used to determine the rate of cell proliferation in cuffed vessel segments. Mice (n=6/group) were injected i.p. with 25 mg/kg BrdU (Sigma Diagnostics) three times at 72, 48, and 24 hours prior to sacrifice. Sections were incubated with a mouse monoclonal anti-BrdU antibody (1:50; DakoCytomation, Glostrup, Denmark). Specimens incubated with a mouse isotype-matched IgG diluted to the same concentration as the primary antibody were used as control. The number of BrdU-labeled nuclei per cuffed artery were counted in six equally spaced cross-sections and expressed as a percentage of the total number of nuclei.

### ***2.4. Estrogen Receptors in femoral arteries***

The presence of ER $\alpha$  and ER $\beta$  in cuffed vessel segments was visualized by immunohistochemistry using a rabbit and goat primary polyclonal antibody (Santa Cruz Biotechnology Inc., Santa Cruz, USA) against the mouse ER $\alpha$  (1:600) and ER $\beta$  (1:100), respectively, according to the manufacturer's instructions.

Immunohistochemical analysis were performed in paraffin-embedded femoral artery segments at 0, 1, 7, and 21 days after cuff placement (n=6/timepoint). Specimens incubated with a mouse isotype-matched IgG diluted to the same concentration as the primary antibody was used as control. ER $\alpha$ - and ER $\beta$ -positive cells were counted in six equally spaced cross-sections in all mice and expressed as a percentage of the total number of cells.

### **2.5. Real time RT-PCR mRNA analysis**

Mice underwent femoral artery cuff placement as described. Animals were sacrificed at different timepoints after surgery (0, 1, 7, and 21 days), 4 mice for each timepoint. Femoral arteries were isolated, harvested and snap frozen. Total RNA was isolated using the RNeasy Fibrous Tissue Mini-Kit (Qiagen, Venlo, The Netherlands) according to manufacturer's protocol. Of all RNA samples cDNA was made using Ready-To-Go RT-PCR beads (Amersham Biosciences, Uppsala, Sweden).

Intron-spanning primers and TaqMan<sup>®</sup> probe were purchased from TaqMan<sup>®</sup> Gene Expression Assays (Applied Biosystems, Foster City, USA). HPRT (hypoxanthine phosphoribosyltransferase) was used as a housekeeping gene. For each timepoint RT-PCR was performed in duplicate. Per timepoint the signals were averaged and the average signal of the housekeeping gene HPRT was subtracted ( $\Delta$ Ct).  $\Delta\Delta$ Ct was determined as the difference between  $\Delta$ Ct values of the control sham-operated arteries (0 days) and the cuffed femoral arteries. Data are presented as fold induction (normalized to T=0 days), which was calculated as  $2^{-\Delta\Delta\text{Ct}}$  [25].

### **2.6. Statistical analysis**

Results are expressed as mean $\pm$ SEM. Data were analyzed using the Mann-Whitney *U* test (SPSS 11.5). A value of  $P<0.05$  was considered statistically significant.

### **ACKNOWLEDGEMENTS**

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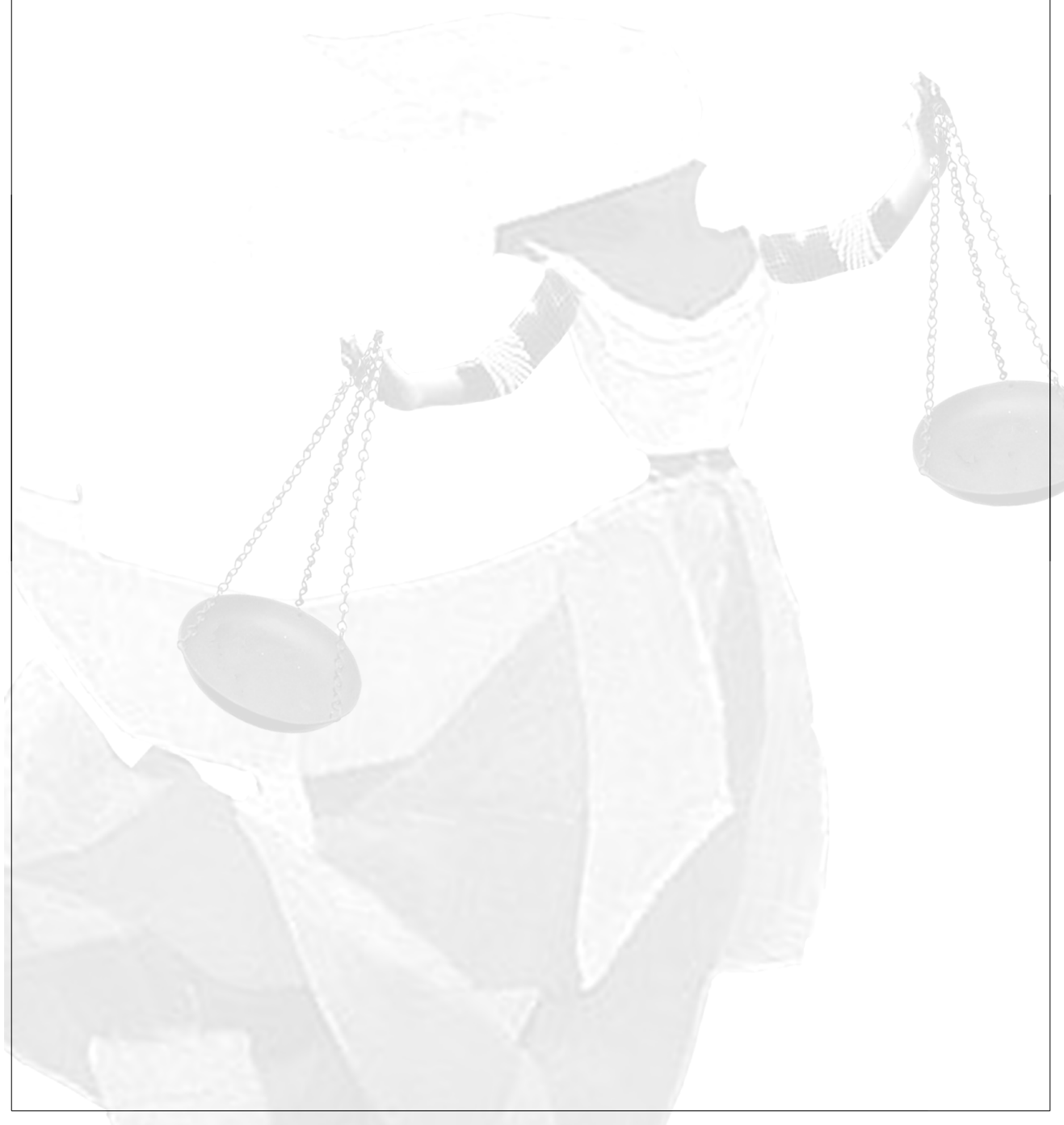
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# 9.

## Summary, Discussion & Perspectives





## Summary

A protective function of E<sub>2</sub> in vascular health has been established [1-3]. Clinical and experimental studies, however, have demonstrated that estrogens are not a magic bullet, but have both beneficial and detrimental effects on different organ systems. Therefore, more insight into the mechanistic actions of estrogens and the respective role of ER $\alpha$  and ER $\beta$  in individual cell types is required. To address some of these issues, we set out to modulate ER $\alpha$  and ER $\beta$  signaling tissue-specifically.

## Hepatic E<sub>2</sub> signaling

Elevated plasma lipid levels are strongly associated with an increased likelihood to develop atherosclerosis. Studies in both humans and animal models indicate that long-term E<sub>2</sub> treatment reduces hyperlipidemia. Post-menopausal hormone replacement therapy (HRT) changes the lipid profile in a potentially anti-atherogenic direction by reducing LDL-cholesterol and triglyceride levels and increasing HDL-cholesterol levels [4]. Mouse models in which E<sub>2</sub> signaling is disrupted, e.g. ovariectomy, ArKO and ER $\alpha$ <sup>-/-</sup> mice, develop hypercholesterolemia upon aging [5-7].

The liver plays a pivotal role in lipid homeostasis. We hypothesized that the effects of E<sub>2</sub> on lipid metabolism are predominantly regulated by hepatic ER $\alpha$ . ER mediated signaling is known to be complex and controlled via tightly regulated pathways. Therefore, to assess the specific role of hepatic ER $\alpha$  mediated action, subtle modulation is required. In **chapter 2** we approached this by making use of RNA interference (RNAi). Thus far a relatively limited number of studies have described the successful application of RNAi technology in vivo. We obtained efficient intracellular delivery of short hairpin (sh)RNA's that were targeted against mouse ER $\alpha$  (shER $\alpha$ ) specifically in liver of adult mice by utilizing Ad vectors. E<sub>2</sub> mediated hepatic ER $\alpha$  activity was reduced 60% by Ad.shER $\alpha$  for at least five days. This was demonstrated by an in vivo reporter mouse model that expresses luciferase driven by a promotor that contains estrogen response elements. Binding of the liganded ER $\alpha$  thus results in luciferase expression that can be detected in vivo using an ultra-sensitive CCD camera. Thus, Ad vectors were demonstrated to be an effective strategy to deliver shRNA molecules to the liver of mice to reduce gene expression. Subsequently, Ad.shER $\alpha$  vectors were applied to further investigate the function of hepatic ER $\alpha$ .

The role of hepatic ER $\alpha$  in lipid metabolism was explored in APOE3-Leiden female mice by applying Ad.shER $\alpha$  (**chapter 3**). While hepatic ER $\alpha$  RNA and protein levels were

reduced by 60%, hepatic and serum TG and Chol levels, as well as the VLDL-TG production rate were not affected. In contrast, expression of some lipid related genes, like Cyp7a, PPAR $\alpha$  and SHP gene were changed. Apparently, the changes in the expression of these lipid related genes is compensated for by alternative transcriptional or post-transcriptional mechanisms and does not affect plasma lipid levels. Thus, since reduced hepatic ER $\alpha$  levels did not result in a clear lipid phenotype, our data imply that hepatic ER $\alpha$  is not a limiting factor in hepatic lipid metabolism.

E<sub>2</sub> has also been implicated in the regulation of glucose homeostasis and insulin sensitivity. Interestingly, the risk factors hyperlipidemia and insulin resistance both increase post-menopausally. HRT has been associated with a reduction in the incidence of diabetes [8,9]. Insulin sensitivity was improved by several weeks of E<sub>2</sub> treatment in mice deficient for E<sub>2</sub> [10]. However, the beneficial effects on insulin sensitivity obtained by long-term E<sub>2</sub> treatment could very well be an indirect consequence of the E<sub>2</sub> induced changes in for example adipose tissue. To gain insight in the direct and liver-specific effects of E<sub>2</sub>, we determined the acute effects of E<sub>2</sub> on insulin sensitivity. In chapter 4, we performed a hyperinsulinemic/euglycemic clamp study in an insulin resistant mice model, six hours after E<sub>2</sub> treatment. In this short time span, hepatic glucose production was improved, while as expected total bodyweight and hepatic lipid content, known contributors of hepatic insulin sensitivity, were unchanged. Apparently, E<sub>2</sub> influences glucose homeostasis directly, resulting in an improvement of hepatic insulin sensitivity. Since ER $\alpha$  mediated transcription is mainly induced in liver and transcription levels of genes involved in hepatic glucose production were repressed six hours after E<sub>2</sub> treatment, we assume that hepatic E<sub>2</sub> signaling is responsible for these effects. Thus, our data imply a relatively major role for E<sub>2</sub> in regulating hepatic glucose production.

### **E<sub>2</sub> signaling in the vasculature**

Beyond the effects on metabolic parameters that could account for the beneficial effect of E<sub>2</sub> on vascular diseases, several observations suggest a direct effect of E<sub>2</sub> on the vessel wall. To obtain a better insight in the direct effects of E<sub>2</sub> on the vessel wall and the relative importance of ER $\alpha$  and ER $\beta$ , we set out to achieve local and time-controlled modulation of ER signaling within the vascular tissue.

**Vascular gene transfer**

Studying of the ER subtype specific signaling in vascular cells is challenging. Firstly, in culture most vascular cells lose their ERs. Secondly, gene transfer to introduce exogenous ERs is cumbersome. Vascular cells are notoriously resistant to both non-viral as well as viral gene transfer. In **chapter 5**, the transduction efficiency of vascular cells in vitro has been improved by targeting Ad vectors using a linker protein. This linker construct consisted of the extra cellular domain of the coxsackie virus Ad receptor (CAR) genetically fused to avidin. Via its avidin moiety, a biotinylated cyclic RGD peptide was bound. This resulted in a targeting construct that binds to the Ad vector with one side and to  $\alpha_v\beta_{3/5}$  integrins with the other side. This targeting strategy is relatively fast and does not require rederivation of the Ad vectors (as is required for genetically retargeted Ad). The redirection of Ad specificity from cellular CAR to integrins resulted in a significantly enhanced gene transfer to both transformed as well as primary vascular cells in vitro (**chapter 5**). Thus, our retargeting strategy renders Ad vectors exquisitely applicable for the analysis of gene function in vascular cells in vitro.

Next, an extensive effort was made to apply the cRGD-equipped Ad vectors *in vivo* (**chapter 6**). Normally, after systemic application, Ad5 (the most commonly used Ad variant) vectors sequesters in the liver, hampering delivery to alternative target tissues. By using the previously described targeting construct we were able to overcome this barrier, as de-targeting of the liver was consistently found. However, gene delivery to normal and injured carotid arteries was never observed after systemic administration of targeted Ad vectors. This is likely due to rapid clearance of Ad from the bloodstream and the anatomical position of the carotid artery. However, local incubation of cRGD-Ad in both normal and injured carotid artery also did not resulted in enhanced gene transfer. Thus, in principle enhancement of vascular gene transfer should be achievable (**chapter 5**). However unknown parameters have thus far prevented in vivo vascular gene transfer.

**Role ER in the vascular wall**

An important role in the anti-atherogenic effect of E<sub>2</sub> seems to be fulfilled by the endothelium [11]. In **chapter 7**, we demonstrated the repressive effect of E<sub>2</sub> on cytokine-mediated induction of adhesion molecules like E-selectin and ICAM-1 in two independent vascular cell lines. To determine the role of ER $\alpha$ , we repressed ER $\alpha$  in endothelial cell lines by lentiviral mediated expression of shER $\alpha$ . A significant reduction of ER $\alpha$  mRNA levels (60%) with an equivalent reduction in its activity was observed in the sub-cloned cell lines

that contain near 100% transduced cells. Using these cell lines, we demonstrated that the level of ER $\alpha$  does not limit the repressive effect of E<sub>2</sub> on expression of adhesion molecules.

In vivo, both ER $\alpha$  and ER $\beta$  are expressed in the vessel wall. It has been demonstrated that although ER $\alpha$  and ER $\beta$  share homologous domains, they can exert distinct and sometimes opposite biological action. Therefore, we postulated that the biological effects of E<sub>2</sub> on vascular remodelling are the result of the expression levels and balance between ER $\alpha$  and ER $\beta$  levels in vascular tissue. In **chapter 8**, we addressed the role of both endogenously expressed ERs in vivo on neointima formation by drug-releasing non-constrictive polymeric cuffs. Using these devices, a restenosis-like lesion is induced and ER subtype specific agonists are released. Interestingly, local release of the dual agonist, E<sub>2</sub> and the ER $\beta$  selective ligand, DPN both significantly reduced neointima formation. On the other hand, inhibition of intimal hyperplasia when solely ER $\alpha$  was activated was only observed after release of low concentrations. Our results demonstrate distinct, and partly opposite responses of ER $\alpha$  and ER $\beta$  on neointima formation. In contrast to the ER $\alpha$  and ER $\beta$  knockout studies, which propose that ER $\alpha$  is the receptor responsible for the anti-restenotic and anti-atherosclerotic effects of E<sub>2</sub> [12-15], our data provide evidence for an important, thus far unnoticed role of vascular ER $\beta$  in the prevention of restenosis.

### Discussion & Perspectives

ER mediated cellular processes are very complex. To unravel the role of either ER $\alpha$  or ER $\beta$ , whole body ER deficient mice have been generated. However, information obtained from whole body ER deficient mice needs to be interpreted with caution. The complex phenotype of knock-out mice could obscure the role of ER at later stages of development or in specific tissues. In addition, back-up mechanisms that counterbalance the ER deficiency might be induced. With the development of conditional knock-out technology, these problems can be addressed [16]. However, this technology requires considerable effort and time. As an alternative method for inhibiting target gene expression, we have generated shER $\alpha$  constructs that are described in this thesis. These shER $\alpha$  constructs can be applied at a specific time point during development. By using a suitable vector, tissue specificity can be achieved. However, for all RNAi based approaches, the percentage and type of cells that can be transduced with a specific vector and the knock-down efficiency are variables that need to be taken into account when interpreting the results. In this respect, adenovirus vectors are highly

suitable for both dividing and non-dividing cells and in general are capable of inducing high levels of transgene expression.

The vessel wall seems to be an important target tissue for E<sub>2</sub>. However, low efficiency of available gene-transfer systems, limits the applicability to dissect the role of ERs in vascular cells. Generally, viral vectors are more successful as compared to non-viral vectors in transducing vascular cells. In **Chapter 5**, it has been demonstrated that by re-targeting Ad vectors to integrins, gene transfer to primary vascular cells could be enhanced considerably. However, although, efficient gene transfer was accomplished in primary VSMC and ECs, gene transfer was not enhanced in the vessel wall in vivo. Even after local incubation in an injured artery, enhanced gene transfer was not observed (**chapter 6**). It is possible that the physical size of the targeted Ad vector, in combination with the dynamics of integrin expression in injured vessels is incompatible with the incubation time of Ad (10 minutes). However, it should also be noted that approaches to enhance Ad mediated gene transfer to vascular cells in vivo, thus far has resulted in very few successful applications. Therefore, we believe that essential knowledge regarding the fate and mechanism involved in the uptake of Ad in tissues other than liver in vivo is missing. This hampers the construction of an efficient, specific and non-toxic delivery device. Thus, basal research on Ad vectors should continue.

The understanding of E<sub>2</sub> action is incomplete and much remains to be discovered with respect to the effects of the large changes in E<sub>2</sub> concentrations and ER levels in development and aging. Thus far, the effect of different ER $\alpha$  levels on metabolic parameters and in vascular tissue is unknown. In this thesis, the role of ER $\alpha$  levels has been addressed by use of a shER $\alpha$  construct (**chapter 2**). This shER $\alpha$  construct allowed studying the response of E<sub>2</sub> in specific target tissues in the presence of altered ER levels. It revealed that hepatic ER $\alpha$  levels are not rate-limiting in determining plasma and liver lipid parameters (**chapter 3**) and that vascular ER $\alpha$  levels do not limit the repressive effect of E<sub>2</sub> on adhesion molecule expression (**chapter 7**). In human vascular tissues, it has been reported that the expression of ER changes with pathological conditions such as atherosclerosis [17,18]. Although ER knock-out mouse models have shown that ER deficiency leads to abnormal vascular function [19], it is not known whether reduced ER $\alpha$  levels cause a predisposition towards vascular dysfunction. The results obtained from our in vitro experiments, imply that reduced ER $\alpha$  levels are not a causative factor. However, more research is required to verify this hypothesis. As a follow-up

study, it would be interesting to screen for genes whose expression levels are more susceptible to ER $\alpha$  quantities. These genes can be identified by performing micro-array analysis using the shER $\alpha$  expressing endothelial cell lines. Furthermore, the effect of reduced ER $\alpha$  levels on expression of adhesion molecules and its effect on the development of the atherosclerotic process remain to be addressed in an in vivo model.

Our observation that lipid parameters were not changed upon shER $\alpha$  treatment, is in line with the fact that the changes with respect to lipid metabolism have not been reported in ER $\alpha$  heterozygous knockout mice. In homozygous ER $\alpha$  knockout mice the effects are only apparent under stressed conditions and/or upon aging [5,7]. Our data imply that the absence of a lipid phenotype in young mice is not due to compensatory changes, like for instance up-regulation of ER $\beta$  as a result of the ER $\alpha$  deletion, but truly indicate that hepatic ER $\alpha$  levels are not limiting. In addition, changes in lipid parameters induced by systemic E<sub>2</sub> administration or after ovariectomy are only apparent after a time lag of at least two weeks (personal communication, d'Oliveira, Hoekstra). Therefore, it seems likely that the changed plasma lipid levels induced by prolonged E<sub>2</sub> administration are initiated by a cascade of events, in which non-hepatic tissues, like brain and adipose tissue play an important role. To address these issues, E<sub>2</sub> signaling should be modulated in a tissue specific manner. At the moment, techniques to apply drugs or RNAi locally are available. In rat models it has been shown that RNAi can be applied into certain regions of the brain [20]. In adipose tissue, E<sub>2</sub> signalling could be modulated by transplantation of fat from either ER $\alpha^{-/-}$  or ER $\beta^{-/-}$  mice.

The observed changes in lipid metabolism induced by long-term modulation of E<sub>2</sub> signaling could also be an indirect consequence of the short-term and perhaps prolonged changes in hepatic insulin sensitivity (**chapter 4**). The dissection of these cause and effect relations would require a substantial effort. As an initial study, the hepatic glucose pathway that is targeted by E<sub>2</sub> should be mapped using both transcriptomic (gene expression levels) as well as proteomic approaches (protein levels and modifications). By blocking parts of pathways that are thus revealed, the effect of prolonged E<sub>2</sub> administration on hepatic glucose production and subsequent changes in lipid parameters could be assessed.

The doses of E<sub>2</sub> that have been applied in reported experimental as well as in clinical studies are highly variable. However, the effect of these different E<sub>2</sub> levels in vascular tissue is unclear. In **chapter 8**, different concentrations of ER subtype selective ligands were



released to locally activate either ER $\alpha$  or ER $\beta$ . These data revealed that both a low and high dose of the dual agonist E<sub>2</sub> and the ER $\beta$  selective agonist, DPN, inhibited neointima proliferation (**chapter 8**). Thus for these two ligands, a dose-dependent effect was not observed. However, an inverse dose-dependent effect was observed when the ER $\alpha$  specific agonist, PPT was applied. PPT significantly inhibited neointima proliferation at low dose but not at high dose. Inverse dose-dependent effects could be explained by a dose-dependent shift in ER $\alpha$ :ER $\beta$  activity. This seems unlikely, since a dose dependent effect was only observed with the ER $\alpha$  specific agonist, PPT and not with the dual agonist E<sub>2</sub>. An alternative explanation for the inverse dose-dependent effect of PPT could be PPT mediated down-regulation of ER $\alpha$  expression. A high dose of PPT would result in very low ER $\alpha$  expression levels and thus a decrease in ER $\alpha$ -mediated effects.

The dose-dependent effects of PPT can also be explained by ER subtype specific biological effects. ER $\alpha$  might play an important role in the balance between pro- and anti-restenotic pathways. At low ER $\alpha$  activity, the anti-restenotic effects could be dominant, but also maximally induced. Increasing ER $\alpha$  activity by applying a high dose of PPT will then only enhance pro-restenotic effects and not the anti-restenotic effects.

It is obvious that there is a complex interplay between pathways induced by either ER subtype. Most likely, the interplay between the ER induced pathways in the vasculature is also affected by developmental stage, aging and pathology such as restenosis and atherosclerosis. In conclusion, this study indicates that the dosing of ER ligands may be critical in determining the magnitude and direction of the biological effects.

The results obtained from **chapter 7 & 8** imply that E<sub>2</sub> prevents atherosclerosis by interfering either prior to injury or very early post-injury. In **chapter 7** we observed that pre-treatment with E<sub>2</sub> significantly reduces the cytokine-induced expression of the endothelial adhesion molecules E-selectin and ICAM-1. Suggesting that due to E<sub>2</sub>, the endothelial cells are less responsive to inflammatory signals. Opposite results have also been published [21,22]. However, in those studies, E<sub>2</sub> was added simultaneously with the cytokine instead of before treatment. In **chapter 8**, E<sub>2</sub> and DPN both significantly inhibited neointima proliferation. When the drug release profiles are taken into account, both E<sub>2</sub> and DPN are only released in the first week. In addition, the half-life of both compounds is less than a day [23,24]. Thus, from these studies it seems likely that the anti-inflammatory and anti-restenotic effects are exerted pre-injury. Our data do confirm earlier studies in primates, rats and rabbits,

which have demonstrated that the protective effects of E<sub>2</sub> are only apparent if E<sub>2</sub> was administered prior to the development of atherosclerosis and not when arterial damage was present prior to hormone treatment [25-29]. For future study, it would be interesting to address this point in more detail. Because of the applicability of local drug treatment, our mouse model would offer the opportunity to perform such a time range. In addition to releasing ER subtype specific ligands simultaneously with the induction of restenosis (**chapter 8**), restenosis can first be induced by applying an empty cuff, which is then followed by a drug-releasing cuff. To address the local and time dependent effect of E<sub>2</sub> on atherosclerosis, these cuffs should be used in an atherosclerotic mice model, such as ApoE<sup>-/-</sup> and ApoE3Leiden mice.

### **Clinical perspectives**

Although caution should be taken when extrapolating results obtained by *in vitro*, *ex vivo* or animal models to humans, findings obtained by numerous experimental studies clearly indicate the importance of E<sub>2</sub> status on vascular endothelial function.

Atherosclerosis is multi-factorial by nature, caused by a wide variety of genetic as well as environmental factors, and develops decades earlier than its clinical manifestation. Therefore, drug therapy alone to treat the atherosclerotic vessel wall is not likely to be sufficient. Management of risk factors, like obesity, hyperlipidemia, hypertension and insulin resistance should be the primary approach to decrease the development of atherosclerosis. This can be achieved by lifestyle modifications (ie, weight control, change in diet, regular exercise and smoking cessation). Whenever this is not feasible, because of for example a genetic predisposition to hyperlipidemia, drug therapy becomes the primary approach.

E<sub>2</sub> has been suggested as a possible drug to prevent vascular diseases by reducing metabolic risk factors. However, from the clinic there is a justifiable question; should hormone therapy be continued beyond management of menopausal symptoms? With the current knowledge the answer is no, because the beneficial effects do not outweigh the adverse side effects. Side effects however could be minimized by local treatment. In this thesis we tested whether changes in lipid and glucose metabolism are induced by a direct effect of E<sub>2</sub> on liver. This seems to be true for regulation of glucose- but not for lipid metabolism (**chapter 3 & 4**). In agreement with the fact that the effect on lipid metabolism takes a significant time to develop, it suggests an indirect effect of E<sub>2</sub> on lipid metabolism. Therefore, it seems unlikely that E<sub>2</sub> will become serious competition for the commonly available and effective lipid-lowering drugs. Alternatively, the beneficial effect of E<sub>2</sub> on

hepatic insulin sensitivity obtained within six hours after treatment is interesting and deserves further study. Moreover, the simultaneously induced peripheral insulin resistance implies the importance of tissue specific modulation.

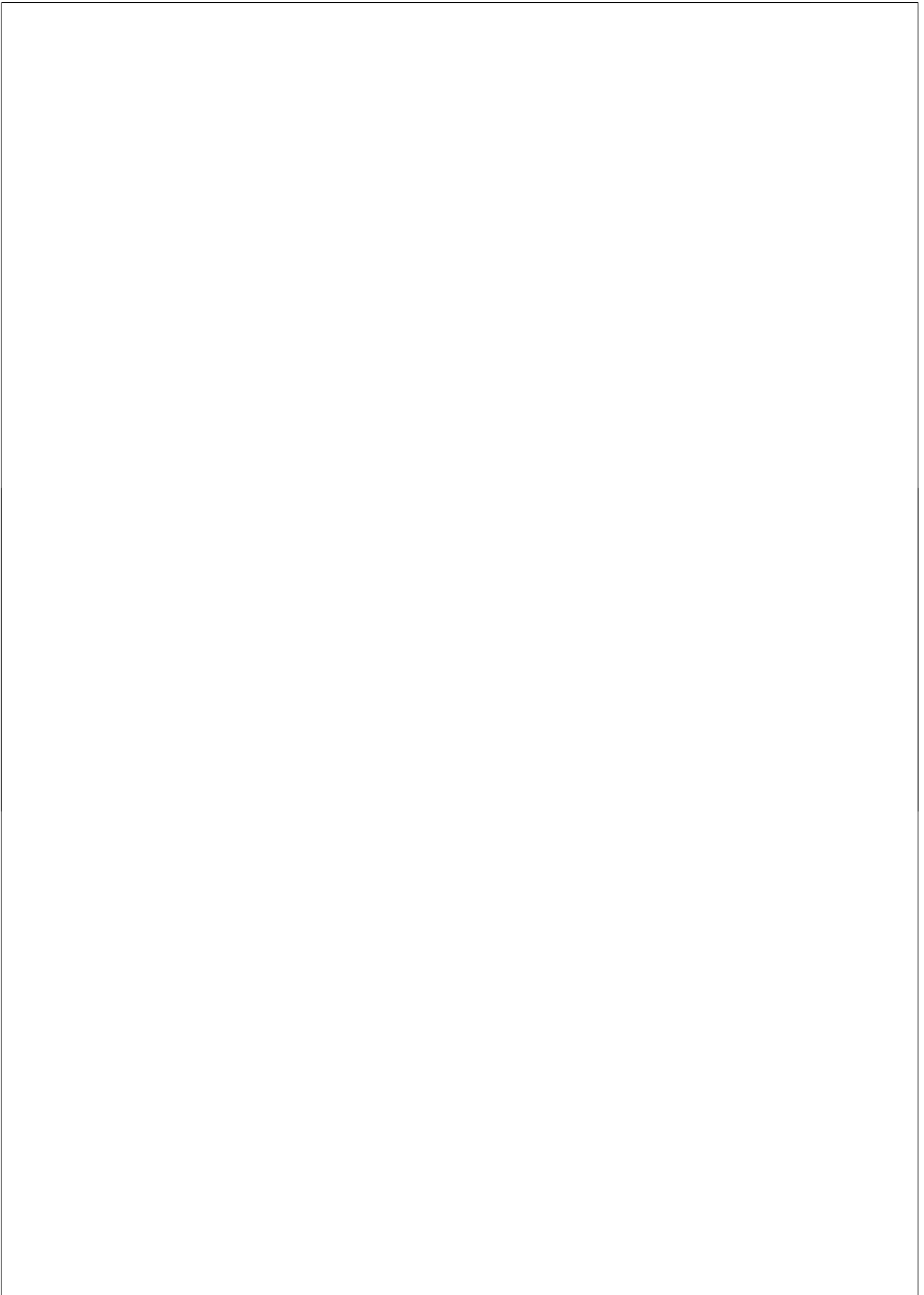
Locally in the vessel wall, our data indicate that E<sub>2</sub> and ER subtype specific ligands form an attractive drug to prevent in-stent restenosis after PTCA. In the clinic, introduction of drug eluting stents has led to a tremendous reduction of in-stent restenosis. E<sub>2</sub> has been shown to prevent restenosis (chapter 8) and in comparison to alternative drugs which solely reduce VSMC proliferation, E<sub>2</sub> has also been shown to promote re-endothelialization [30]. However, we have not addressed this issue in our model and this requires further study. For the improvement of therapy, a thorough understanding of the effects of E<sub>2</sub> and the interplay between ER $\alpha$  and ER $\beta$  in the vasculature is required. By use of ER subtype specific ligands, we have demonstrated that both ER $\alpha$  and ER $\beta$  are involved in the vascular protective effects of E<sub>2</sub>. A future challenge will be to determine to what degree the ER $\alpha$  versus ER $\beta$  are involved during the different stages of injury during the development of the restenotic process as well as during the development of atherosclerosis. Thus, selective pharmacological targeting of ER subtypes may represent a novel and promising approach in the treatment of in-stent restenosis.

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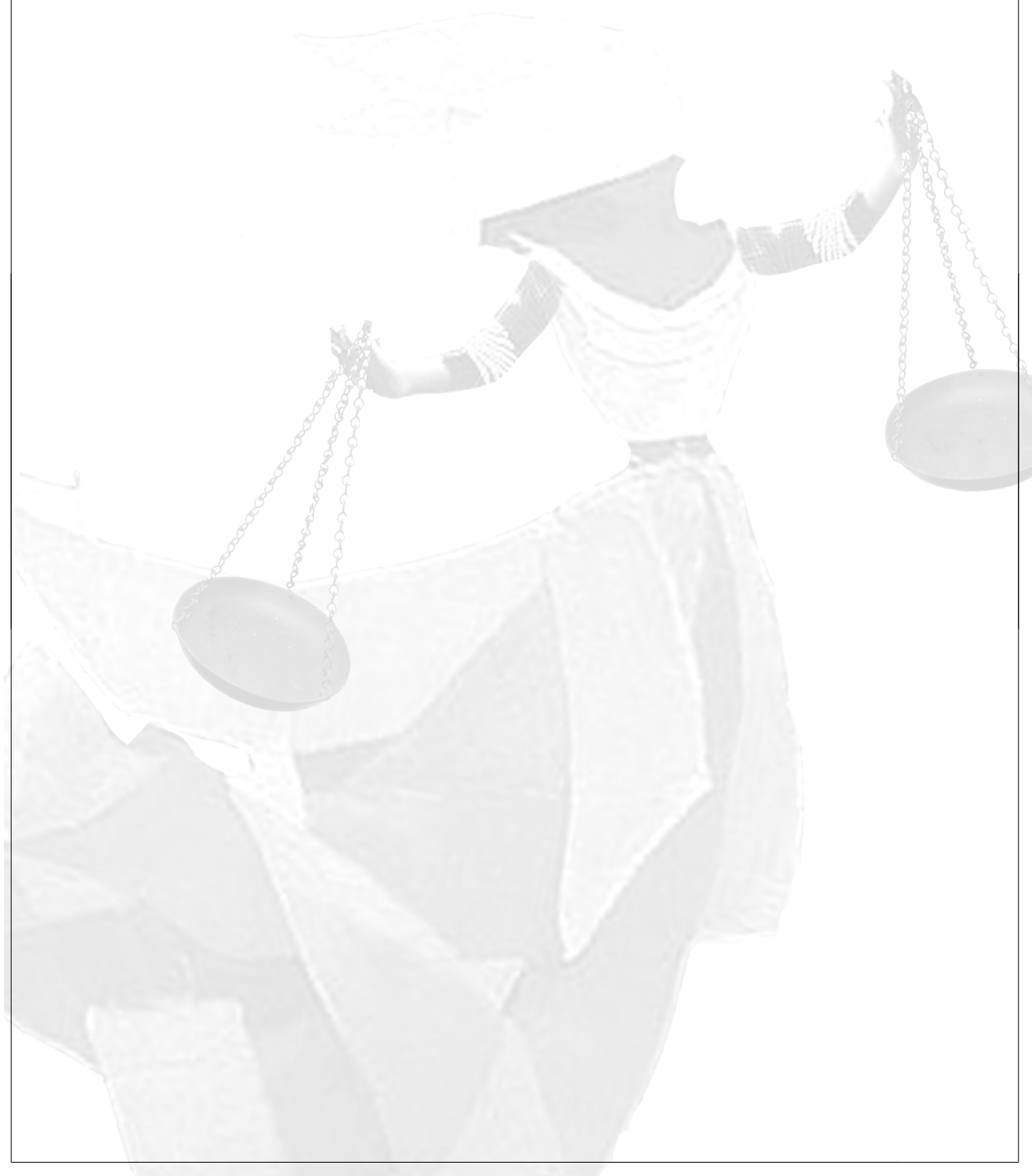
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# 10.

## Samenvatting







## **Samenvatting**

Hart- en vaatziekten vormen de belangrijkste doodsoorzaak in de westerse wereld. Voor een groot deel is dit het gevolg van een sterke vernauwing van de bloedvaten (aderverkalking), bekend onder de term “atherosclerose”. Bij deze aandoening vormen zich zogenaamde plaques (opgehopen van cholesterol en cel materiaal) onder de beschermende laag van endotheelcellen aan de binnenkant van bloedvaten. De voornaamste factoren die de kans op het ontstaan van atherosclerose verhogen zijn weinig beweging, hoge bloeddruk, een hoge bloedsuiker spiegel en een hoog cholesterol gehalte.

Atherosclerose blijkt veel minder voor te komen in vrouwen voor de menopauze, in vergelijking met mannen van dezelfde leeftijd. Opmerkelijk is dat na de menopauze de incidentie van atherosclerose in vrouwen sterk stijgt. Deze stijging loopt parallel met metabole veranderingen, zoals gewichtsstijging, een verandering van de vetstofwisseling en verhoogde bloedsuikerspiegels. Kortom, na de menopauze ontstaat er een ongunstig risicofactor profiel. Deze observaties hebben tot de suggestie geleid dat oestradiol, het vrouwelijke sekshormoon, bescherming kan bieden tegen het ontstaan van atherosclerose.

Dierstudies hebben een direct bewijs geleverd voor de beschermende rol van oestradiol in het ontstaan van atherosclerose. In atherosclerose gevoelige muismodellen leidt toediening van oestradiol tot minder grote plaques [1-4]. Ondanks deze klaarblijkelijke positieve effecten moet men voorzichtig zijn met het gebruik van oestradiol als preventief geneesmiddel. Oestradiol kan namelijk ook nadelige processen activeren. Zo verhoogt het de kans op borstkanker, baarmoederkanker en galstenen. Bovendien leveren humane studies met betrekking tot het effect van toediening van extra oestradiol na de menopauze tegenstrijdige resultaten op [5-8]. Kortom, de uiteindelijke effecten van oestradiol op de vaatwand is complex en nog niet helemaal helder.

Om de nadelige effecten te vermijden en de voordelige effecten van oestradiol uit te buiten, is het van belang om precies te weten wat oestradiol wel en niet doet én in welk weefsel. De organen die in dit proefschrift de aandacht hebben gekregen, zijn vaatwand en lever. De vaatwand; door zijn directe betrokkenheid bij de ontwikkeling van atherosclerose. De lever; omdat dit orgaan een centrale rol speelt bij het op peil houden van de bloedsuikerspiegel en vet stofwisseling. En zoals hierboven beschreven, wanneer de bloedsuikerspiegel en vet stofwisseling verstoord zijn vormt dit een risico voor het ontstaan van atherosclerose. Beide organen, lever en vaatwand zijn ook potentiële doelwit organen van

oestradiol. Zij kunnen namelijk het in het bloed circulerende oestradiol herkennen doordat zij een specifieke receptor, de oestradiol receptor (ER) bevatten. De ER is een receptor die aanwezig is in de cel, welke na binding van oestradiol geactiveerd wordt. Een geactiveerde ER kan vele processen in de cel beïnvloeden. Tot dusver zijn er twee verschillende ER types bekend, ER $\alpha$  en ER $\beta$ . Dit maakt de beoogde effecten van oestradiol complex. ER $\alpha$  en ER $\beta$  kunnen namelijk verschillende processen activeren, soms zelfs leidend tot tegenovergestelde effecten. Daarom is het van belang om de ER $\alpha$  en ER $\beta$  routes van elkaar te kunnen onderscheiden. Zeker in het geval wanneer beide receptoren aanwezig zijn, zal het specifiek moduleren van ofwel ER $\alpha$  ofwel ER $\beta$  meer inzicht geven dan wanneer je oestradiol niveaus verandert en dus beide aanzet.

In **hoofdstuk 2** <sup>4</sup>/<sub>m</sub> **4** van dit proefschrift werd onderzocht of de lever een belangrijke rol speelt bij de effecten van oestradiol op de lipiden en glucose huishouding. Allereerst, is er in **hoofdstuk 2** een nieuwe techniek opgezet, genaamd 'RNA interference' (RNAi) om de ER $\alpha$  signaleringsroute uit te zetten. Deze techniek berust op het feit dat kleine, sequentie specifieke moleculen, short hairpin (sh)RNAs genaamd, binden aan een homologe sequentie om deze vervolgens af te breken. In verschillende cellijnen tonen we aan dat onze shRNAs gemaakt tegen de muis ER $\alpha$  (shER $\alpha$ ) werkzaam zijn, ze verminderen de ER $\alpha$  activiteit met 80%. Vervolgens is dit shER $\alpha$  construct in een adenovirale (Ad) vector gezet. Deze Ad vector dient louter als transport vehikel om in de cel zijn bagage (lees shER $\alpha$  moleculen) af te leveren. Een bijkomend voordeel is dat Ad vectoren in de muis erg efficiënt en exclusief lever cellen infecteren, een van onze doelwit organen. Na injectie van Ad.shER $\alpha$ , laten we zien dat ER $\alpha$  niveaus en activiteit in de lever significant lager zijn. Kortom we laten zien dat Ad vectoren effectief zijn om shER $\alpha$  moleculen naar de lever te brengen, om daar het ER $\alpha$  gen af te breken.

De studie beschreven in **hoofdstuk 3** had ten doel om de functie van ER $\alpha$  in lever te bestuderen wat betreft het reguleren van lipid parameters. Met behulp van Ad.shER $\alpha$  was 60% van de ER $\alpha$  transcripten in de lever afgebroken. Desondanks waren de lipid parameters in bloed en lever en ook de glucose waardes niet veranderd. Deze resultaten laten zien dat ER $\alpha$  niveaus in de lever niet bepalend zijn om lipid parameters te reguleren.

Oestradiol lijkt ook betrokken te zijn bij glucose metabolisme en insuline gevoeligheid. Na de menopauze zijn er meer vrouwen die ongevoelig zijn voor insuline. Toevoeging van oestradiol lijkt geassocieerd met het verbeteren van insuline gevoeligheid. Maar, omdat de voordelige effecten van oestradiol op insuline gevoeligheid gepaard gaan met

een verandering in lichaamsgewicht, is de rol van oestradiol op het reguleren van de glucose huishouding onduidelijk. Om meer inzicht te krijgen in de directe capaciteiten van oestradiol in glucose metabolisme ten behoeve van insuline gevoeligheid, hebben wij in **Hoofdstuk 4** de onmiddellijke effecten van oestradiol op de lever insuline gevoeligheid bepaald. Muizen die ongevoelig zijn voor insuline zijn behandeld met oestradiol. Vervolgens is zes uur na oestradiol toediening de insuline gevoeligheid bepaald met behulp van een gevoelige techniek. Onze data laten zien dat in de muizen die met oestradiol waren behandeld de glucose productie sterk geremd wordt gedurende de hoog insuline conditie. Deze data impliceren een belangrijke rol voor oestradiol in het verbeteren van de insuline gevoeligheid van de lever.

Kort samengevat, deze studies waarin de oestradiol signalering route kort wordt veranderd, laten zien dat de lever een belangrijke rol speelt in het glucose metabolisme, maar niet in het lipid metabolisme. De voordelige effecten, zoals verminderde zwaarlijvigheid (obesitas) en ophoping van lipiden in lever en in het plasma die gevonden zijn na een langdurende oestradiol behandeling [9-12], zullen hoogst waarschijnlijk geïnduceerd zijn door effecten in andere organen en weefsels. Het zou ook goed mogelijk kunnen zijn dat de veranderingen in de lipid waarden een indirect gevolg zijn van de al snel door oestradiol geïnduceerde veranderingen op insuline gevoeligheid. Het is immers bekend dat regulatie van vet en glucose metabolisme met elkaar geassocieerd zijn.

Naast de voordelige effecten die oestradiol blijkt te hebben op het metabolisme, zijn er ook aanwijzingen die suggereren dat oestradiol een positieve rol speelt in de vaatwand. Zowel ER $\alpha$  als ER $\beta$  zijn aanwezig in de cellen die de vaatwand bekleedt [13-18]. Maar er zijn nog veel onduidelijkheden over de effecten van oestradiol op de vaatwand. Oorzaak hiervoor is het feit dat de effecten complexer zijn dan in de lever. Je hebt in de vaatwand namelijk te maken met verschillende cel types die zowel ER $\alpha$  als ER $\beta$  heeft, terwijl de lever alleen ER $\alpha$  bevat. Bovendien zijn er geen *in vivo* (muis) modellen beschikbaar waarin lokaal ER $\alpha$  en ER $\beta$  gemoduleerd zijn. Met de studies uitgevoerd in hoofdstukken 5 t/m 8, wilden we meer inzicht krijgen in de rol van ER $\alpha$  en ER $\beta$  in de vaatwand. Om dit doel te bereiken hebben we constructen gemaakt waarmee de ER specifiek en op een fysiologische manier in de vaatwand kan worden veranderd.

Studies op geïsoleerde cellen (zogenaamde in vitro studies), zijn de makkelijkste manier om weefsel specifieke effecten te bestuderen. Het introduceren van genetisch materiaal zoals shER $\alpha$  of de ER zelf, is de manier om specifiek de functie van dit gen te onderzoeken. Helaas zijn de meeste vasculaire cellen moeilijk te transfecteren en infecteren. In **hoofdstuk 5** hebben we dit probleem aangepakt door de natuurlijke voorkeur van Ad vectoren te veranderen. Normaal gesproken komen Ad vectoren efficiënt de cel in doordat zij de coxsackie virus Ad receptor (CAR) herkennen die op het oppervlak van de desbetreffende cel zit. Helaas hebben vasculaire cellen vrijwel geen CAR op hun oppervlak. Daardoor zijn zij dus moeilijk te transfecteren. Om Ad toch als transport vehikel te kunnen gebruiken hebben we een ‘dubbelzijdig plakband’ construct gemaakt. Dit construct bestaat uit het Ad bindende domein van CAR aan de ene kant, en aan de andere kant een RGD peptide. Dit resulteert in een targeting construct wat de Ad vector bindt en affiniteit heeft voor integrines. We laten zien dat dit “targeting” construct in staat is om transfectie efficiëntie naar zowel endotheel als vasculaire spier cellen aanzienlijk te verhogen. Omdat dit targeting construct efficiënt werkt en te gebruiken is voor vrijwel elke willekeurige Ad vector, is dit systeem bijzonder geschikt om de functie van een gen in vasculaire cellen in vitro te onderzoeken.

Vervolgens hebben we bepaald of ons getarget virus ook toepasbaar is in een in vivo situatie. Ons doelwit orgaan was de halsslagader (carotis arterie) van de muis (**hoofdstuk 6**). Dit is een stuk moeilijker. Allereerst wordt transport naar de vaatwand belemmerd doordat Ad vectoren normaliter door de lever worden weg gevangen. Met ons construct hebben we deze eerste barrière overwonnen. Ad vectoren die gebonden waren aan CAR-cRGD werden niet opgenomen door de lever. Ondanks deze lever “de-targeting”, zagen we geen opname in de normale of zelfs beschadigde vaatwand. Dit kan verklaard kunnen worden doordat de Ad vector erg snel uit de bloedbaan was opgeruimd. Bovendien ligt de halsslagader niet op de meest toegankelijke positie en vormt het onbeschadigde niet-delende endotheel wellicht een ontoegankelijke barrière. Om deze barrières te omzeilen hebben we de Ad vector +/- cRGD, voor 10 minuten lokaal in de beschadigde halsslagader gebracht. Maar zelfs onder deze condities was het niet mogelijk om de genen de vaatwand in te transporteren. Mogelijkerwijs is het partikel te groot, en/of komt de dynamiek van integrine expressie niet overeen met de korte tijdsduur dat het virus aanwezig is. Deze studie samen met een aantal andere studies waarin het niet gelukt is om Ad vectoren naar vaatcellen in het levende dier te sturen, geeft aan dat ondanks het feit dat we veel van Ad vectoren weten, er toch nog essentiële kennis mist betreffende de regulatie van Ad opname in vivo.

Hoofdstuk 5 & 6 samenvattend, laten we zien dat gen overdracht naar vaatcellen via Ad vectoren in vitro goed mogelijk is. Alleen zijn er nog onbekende factoren in de in vivo situatie die gen overdracht voorkomen.

In **hoofdstuk 7**, hebben we het effect van oestradiol op de expressie van adhesie moleculen in endotheel cellen geanalyseerd. Een verhoogde aanwezigheid van leukocyt adhesie moleculen op het endotheel is een van de eerste reacties van het vat op schade. Deze adhesie moleculen zorgen ervoor dat ontstekingscellen naar het beschadigde gebied komen. Uit onze studie blijkt dat wanneer je oestradiol toedient voordat de expressie van adhesie factoren wordt geïnduceerd, deze expressie significant geremd wordt. Dus, oestradiol lijkt de ontstekingsreactie tegen te gaan. Verder hebben we onderzocht wat de rol van ER $\alpha$  niveaus is op dit oestradiol geïnduceerde effect. Het rationele voor deze studie is het feit dat ER $\alpha$  minder aanwezig is in een plaque in vergelijking tot ‘normale’ vaten en vaten waarin aderverkalking nog in een vroege fase is [16,19,20]. De vraag is of de actie van oestradiol verminderd is doordat er minder ER $\alpha$  aanwezig is. In de endotheel cellen hebben we de ER $\alpha$  niveaus en activiteit met 60% verminderd. Maar dit leidde niet tot een verandering in de respons op oestradiol. Oestradiol zorgde nog steeds voor een verminderde expressie van adhesie moleculen. Echter, wanneer we de ER $\alpha$  activiteit geheel uitschakelden, werd het effect van oestradiol wel geheel geblokkeerd. Deze data laten zien dat ER $\alpha$  noodzakelijk is voor het ontstekingsremmende effect van oestradiol, maar dat de hoeveelheid van de ER $\alpha$  niveaus geen bepalende factor is.

In vivo zijn zowel ER $\alpha$  als ER $\beta$  aanwezig in de vaatwand. Omdat deze verschillende effecten kunnen induceren, zouden de uiteenopende resultaten na oestradiol behandeling verklaard kunnen worden door een verschil in hoeveelheid en balans tussen ER $\alpha$  en ER $\beta$ . In **hoofdstuk 8**, hebben we de rol van beide receptoren in de vaatwand bestudeerd. Het proces waar we ons op hebben gericht heet neointima vorming. Neointima vorming wordt gekarakteriseerd door een continue deling van vasculaire gladde spiercellen die een vernauwing van het bloedvat tot gevolg heeft. In hoofdstuk 8, hebben we neointima geïnduceerd door om het bloedvat in het been van de muis (femoral arterie) een kleine cilindervormige plastic buis (cuff) te plaatsen. Daarbij is de cuff zo ontwikkeld dat je het kan vullen met geneesmiddelen die vervolgens ter plekke en gelijktijdig met het induceren van de neointima in de vaatwand vrijkomen. Op deze manier kun je testen of de geneesmiddelen

lokaal de groei van gladde spiercellen kan remmen. Om specifiek de rol van ER $\alpha$  en ER $\beta$  op neointima vorming te onderzoeken hebben we de cuffs geladen met oestradiol of ER $\alpha$  en ER $\beta$  specifieke activatoren. Onze data laten zien dat ER $\alpha$  en ER $\beta$  andere, maar niet per se totaal tegenovergestelde routes induceren. De meest interessante bevinding is dat ER $\beta$  aanwezig in de vaatwand een beschermende rol kan bieden tegen het ontstaan van neointima. Deze beschermende rol van ER $\beta$  was dusver onbekend. Dit bevestigt dat onderzoek naar weefsel en ER $\alpha$  en ER $\beta$  specifieke effecten van belang is.

Samengevat, kunnen we concluderen dat het nuttig is om modellen en constructen te creëren die het mogelijk maken om weefsel en ER specifieke effecten te bestuderen. Tot dusver hebben wij aangetoond dat ER $\alpha$  in de lever geen sterke rol speelt in het reguleren van lipid parameters, maar wel in het reguleren van glucose productie. In de vaatwand lijkt het erop dat naast ER $\alpha$  ook ER $\beta$  neointima vorming tegen kan gaan.

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## Abbreviations

AAV	Adeno-Associated Viruses	HGP	Hepatic Glucose Production
ACC $\alpha$	Acetyl CoA Carboxylase $\alpha$	HL	Hepatic lipase
ACO	Acetyl CoA Oxidase	HPS	Hematoxylin-phloxine-saffron
Ad	Adenoviruses	HRT	Hormone Replacement Therapy
Ad-shER $\alpha$	Adenovirus mediated expression of shRNA against mouse ER $\alpha$	HSP90	Heat shock protein 90
AF	Activation function	HUVEC	Human umbilical vein endothelial cells
ApoE	Apolipoprotein E	iNOS	Inducible nitric oxide synthase
ArKO	Aromatase deficient mice	Ip	Intraperitoneal
BGU	Body Glucose Uptake	LacZ	$\beta$ -Galactosidase
Bio-cRGD	Biotinylated cyclic RGD peptide	LBD	Ligand-Binding Domain
BrdU	5-bromo-2'-deoxyuridine	LDL	Low-density lipoprotein
CAR	Coxsackie adenovirus receptor	Ldlr	Low-density lipoprotein receptor
CCD	Charged coupled device	Luc	Luciferase
CHO	Chinese Hamster Ovary	M	Mouse
Chol	Cholesterol	MOI	Multiplicity of Infection
CMV	Cytomegalovirus	NERKI	Non-classical ER Knock-In
cRGD-Ad	cRGD targeted Ad-vector	NO	Nitric Oxide
CYP7A1	cholesterol 7 $\alpha$ -hydroxylase	ovx	ovariectomy
CYP8B1	sterol 12 $\alpha$ -hydroxylase	PEPCK	Phospho Enol Pyruvate Carboxy Kinase
DBD	DNA Binding Domain	Pfu	Plaque Forming Unit
DMEM	Dulbecco's modified Eagle's medium	PGC-1 $\alpha$	Peroxisomal Proliferators-Activated Receptor- $\gamma$ coactivator 1 $\alpha$
E <sub>2</sub>	17- $\beta$ -estradiol	PTCA	Percutaneous transluminal coronary angioplasty
EC	Endothelial cells	S.c	Subcutaneous
ECM	Extracellular matrix	RISC	RNA-induced silencing complex
eNOS	endothelial Nitric-Oxide Synthase	RNAi	RNA interference
EPCs	Endothelial progenitor cells	SHP	short heterodimer partner
ER	Estrogen Receptor	shRNA	short hairpin ds RNA
EREs	Estrogen Response Elements	shER $\alpha$	shRNA specific for mouse ER $\alpha$
ER $\alpha$ <sup>-/-</sup>	ER $\alpha$ knockout	siRNA	small interfering RNA
ER $\beta$ <sup>-/-</sup>	ER $\beta$ knockout	SREBP1c	Sterol Regulatory Element-Binding Protein-1c
ER $\alpha$ / $\beta$ <sup>-/-</sup>	Double ER knockout mice	TG	triglyceride
FAS	Fatty Acid Synthase	VEGF	Vascular endothelial growth factor
FFA	Free Fatty Acid	VSMC	Vascular smooth muscle cells
FGF	Fibroblast growth factor	WHI	Women's Health Initiative
GFP	Green Fluorescent Protein	Wt	Wild type
G6P	Glucose-6-Phosphatase		
GP	Glycogen Phosphorylase		



## **List of publications**

**Krom YD**, Gras JC, Frants RR, Havekes LM, Berkel TJ, Biessen EA, Willems van Dijk K. Efficient targeting of adenoviral vectors to integrin positive vascular cells utilizing a CAR-cyclic RGD linker protein. *Biochem Biophys Res Commun*. 2005 Dec 16;338(2):847-54.

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## **Curriculum Vitae**

Yvonne Krom werd geboren op 4 maart 1978 te Akersloot. Na het behalen van het VWO diploma aan het PCC te Alkmaar in 1996, begon zij in datzelfde jaar met de studie Medische Biologie aan de Vrije Universiteit te Amsterdam. In het jaar 1997 werd het propedeutische examen behaald. Tijdens de doctoraal fase liep zij een gecombineerde stage bij de vakgroepen Immunologie en Gen Therapie van de Vrije Universiteit onder supervisie van Dr. H. Haisma. Onderwerp van de stage was het genereren en karakteriseren van een monoklonaal antilichaam tegen luciferase. De tweede stage werd verricht onder leiding van Dr. C.C. Hoogenraad bij de afdeling Cel biologie en Anatomie aan de Erasmus Universiteit te Rotterdam. Tijdens deze stage werd onderzoek verricht naar de in vivo lokalisatie van CLIP-170, een cytoplasmatisch linker eiwit. In 2000 behaalde zij het doctoraal examen Medische Biologie aan de Vrije Universiteit Leiden.

Van september 2000 tot januari 2005 was zij werkzaam als assistent in opleiding (AIO) op de afdelingen Humane Genetica van het Leids Universitair Medisch Centrum, onder leiding van Dr. K. Willems van Dijk, en op het Gaubius Laboratorium, TNO-Preventie en Gezondheid onder leiding van Prof. Dr. Ir. L.M. Havekes, beide te Leiden. De resultaten van dit door NWO gesubsidieerde onderzoek staan beschreven in dit proefschrift.

Vanaf september 2005 is zij werkzaam als postdoc op de afdeling Humane Genetica van het Leids Universitair Medisch Centrum onder leiding van Prof. Dr. R.R. Frants en Prof. Dr. Ir. S.M. van der Maarel. Hier probeert zij meer duidelijkheid te verschaffen over de epigenetische invloed in de spierziekte genaamd, facioscapulohumeral muscular dystrophy (FSHD).

